

## 學生午膳規則

- (1) 所有中一至中三學生必須留在課室午膳，也須保持課室清潔，午膳後立即清理桌椅。
- (2) 學生進膳時應保持安靜，切勿高談闊論，影響消化。
- (3) 應珍惜盤餐，不要浪費食物。
- (4) 午膳時，學生應得當值老師或領袖生准許才可離開課室。
- (5) 為保障初中級學生的健康，如學生家長於午膳時間送午膳到校，午膳的食物須按本校飲食及健康原則製作。學生取膳食後，應立刻回課室進膳。
- (6) 中一至中三之同學必須於下午 1:40 方可離開課室到小食部購買食品。
- (7) 為保障高年級學生的健康，留校午膳之同學，不可購買外賣食品回校進食，同學可到學校午膳供應商或小食部購買午膳食品，並於小食部範圍內進食，不可攜帶任何食品進課室。
- (8) 高年級同學不可於午膳時間相約外校朋友於校內或外出午膳。

## Lunch Rules for Students

- (1) All S1 to S3 students are required to stay in the classroom for lunch. They are also required to keep the classroom clean and clean their desks and chairs immediately after lunch.
- (2) Students should remain quiet during meals and should not talk too much which may affect their digestion.
- (3) Do not waste food.
- (4) Students should only leave the classroom at lunchtime with the permission of the teacher or prefect who is on duty.
- (5) Due to health reasons, when parents of our junior secondary students bring lunch to school, the food should be prepared according to the school's dietary and health principles. Students should return to their classrooms for lunch immediately after picking up the food.
- (6) S1 to S3 students can only leave the classroom after 1:40pm to buy food from the tuck shop.
- (7) Due to health reasons, senior students who choose to stay at school for lunch are not allowed to buy take-away food and eat it at school.
- (8) Senior students are not allowed to meet friends who are not from school for lunch.