

Tai Po Sam Yuk Secondary School  
of Seventh-day Adventists

# Writing in English

Mundum divit  
factum, atque pulchre.

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大埔三育中學





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# FOREWORD

Through the years, I have read numerous booklets containing our students' writing. Does it mean that I am less excited now with this 2016-2017 issue in my hand? No way; and I will tell you why.

The first and most obvious reason is that every yearly booklet contains the work of new students. This volume very ably does the same – projecting new writers with new ideas, new points of view, and new take on life issues. Secondly, I know these young boys and girls well so I am very interested in reading their written expressions to rejoice in their cooperative learning, their progress, and their increasing confidence. Third, it is not practical to have a booklet containing the written work of every student. So I know that the budding writers featured in this volume are representatives of the student body. It means that through their written pieces, I am assured that all of you, students of TPSY, are learning well, day by day, cycle by cycle. Of course, some less and some more than the creativity level and writing skills evident here.

Now here is the final reason why I am thrilled to invite you to read this booklet. Every now and then, findings of surveys or tests are carried by the local media, which tell us that the standard of our English usage keeps on dropping, not just year to year but also compared to other neighbouring jurisdictions. This is unpalatable news, especially to a parent, an educator and school head. Then I read the pieces in this booklet ... and I have uncountable 'Wow!' moments. I love and greatly appreciate the ideas expressed in these pieces and am amazed at how well the young writers wrap their thoughts in appealing words, creative style and effective format. As they do in their mother tongue, they do it in the world's common medium of communication, English. I salute each one of them for their skill development, persistence, and joy of writing.

I take my hat off to our language teachers who have done so well in explaining and exemplifying the writing skills, and in motivating all students to be effective readers and writers. I stand right behind them as they continually seek to equip and nurture the young people. I am also grateful to our school's Publications team, without whose effort this booklet would not have seen the light of day.

"Rome was not built in a day." We all understand the deep relevance of this statement to language learning. More so when we aim at training, nurturing and helping our students to be bilingually and trilingually proficient. In time, we will reach or come close to reaching our goal: every young person in our tutelage realizing his or her potential for the greater good of the community and for the glory of God.

Thank you for your support, and enjoy reading the pages that follow.

Dr. Lawrence Yu  
Principal

## 序

### 給心靈買一份保險

「給這世界買一份保險」，這是日本某廣告的口號。

這段廣告短片以高速的手法來呈現這世界的不和諧，故事的主人公由家庭，走向學校、鑽到公司、走進社會，總是衝突處處危機滿滿。更可悲的是，現實的世界並非廣告短片一樣——只須買下一份人壽保險，便能叫我們的生活安穩美好。的確，我們正生活在一個標榜個人自由和權利而多於強調社會倫理道德、尊重公眾環境的時代，不同目的批判反詰之聲如明槍暗箭的紛紛襲來，咄咄逼人的節奏已成為進步社會的主旋律。

我們怎樣才能為人生買下一份安心和諧的「保險」？

包容、欣賞、珍惜、感恩、體恤——換另一角度看身邊的人。作出批判事情的結果之先，看看他人的難處與付出；受到批判而作出反擊之前，思索批判背後隱含的改進建議。只要心存善良、學會欣賞、懂得感恩，我們還是有能力給心靈買一份平安的保險。暫且靜下來，細讀一下學生們留下的文字，感受一顆顆真善之心，試讓《育苗》成為一份安撫你心靈的保險。

中文科(科主任) 李桂瑩

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六仁 羅雅詩

## 2016-17文學之星—中國中學生作文大賽(香港賽區) 高級組 銀獎



「沒有規矩，不成方圓。」老規矩鼓著腮幫子，一本正經地說道。

「你可真是個老古董，新時代何須那麼多條條框框，人貴在追求自我實現價值。」新文化反駁。

「你用這種語氣和我這個老人家說話，真不懂規矩。」

兩人爭執不下，扭打在一起。

巴士上，一片寂靜，靜得只聽得見廣播宣佈站台的聲響。車靠站停下，上車的是一位時髦的女生，穿著緊身裙帶衫和小熱褲，戴著太陽鏡，盡顯青春奔放。

老規矩撇了撇嘴：「衣不蔽體，袒胸露乳，成何體統！」

「她戴的這款太陽鏡是現在很流行的，穿著青春洋溢，看不出有甚麼端倪。」新文化一臉羨慕的看著那位女生，讚不絕口。

女生戴著太陽鏡，和身旁的好友交談甚歡，不加掩飾的咧嘴大笑，沉浸在話題的喜悅中。

看到此景的老規矩又按捺不住的說道：「笑不露齒，話不高聲是女生最基本的規範禮儀，真沒有家教！」

新文化看不過眼，隨即說道：「不矯柔造作，不就是現代所追求的真性情嘛！這女孩很有個性！」新文化點點頭，並不認為有甚麼不妥。

巴士稍停，上車的是一位年邁的老奶奶，她佝僂著身子，上氣不接下氣，手拄拐杖，青筋裸露，瘦削得令人膽戰心驚。坐在車頭的女生見狀，急忙去扶老奶奶到位置上坐。女孩性格奔放開朗，和老奶奶打開了話匣子，把老人逗得露出附著稀疏牙齒的牙床。

老人拍了拍女孩的臉蛋：「黑黝黝，臉型會變得不好看，長那麼漂亮就别浪費呀！」

女孩立即把腿放下，端坐著和老人繼續聊得不亦樂乎。

「看！外型打扮和行為張揚的女孩其實也可以有心靈美好的一面。」新文化點頭稱讚。

「或許，一味以規矩束縛人的自由和行為確實太刻板。」老規矩也嘟囔了一句。



## 不走尋常路

六信 黃嘉欣

2016-17文學之星—中國中學生作文大賽(香港賽區) 高級組 優異獎



「泉眼無聲惜細流，樹陰照水愛晴柔。小荷才露尖尖角，早有蜻蜓立上頭。」我閉眼輕聲吟誦著，腦海中來回切換著一幅幅具有無限生命力的橫卷，自然又充滿生活情趣的生動畫面，那蜻蜓彷彿從畫中跑出來，牽動著我的身子走出這狹小空間，拒做「井底之蛙」……

一步接一步，忍不住走向一個小巧精緻、柔和宜人的境界，走探索，去感受。

萬里晴空，萬物復甦，柔和的風夾雜著綠草的芳香，從遠處迎面撲來，煥然一新。春姑娘睜得都睜不開眼睛來了，那嫩綠的新葉，田野中隱約飄悠著的薄紗，是她的衣裳，隨著她的步伐，那優雅的蒲公英破之而出，簡直要頂出腳站出來了。啊，蒲公英，是你重生了嗎？一定是吧，你定是好奇這新奇多彩的世界，才探出頭，感受風兒的撫摸吧！伸出手扶住你的花蕊，上頭未發育完整的小絨球被一瓣瓣萼片緊緊包裹，楚楚有致。萼片上的紋影如此清晰，一條條線從底端一點射出，又圍繞在一點匯聚不留縫隙地挨著，青白相間，你一直那麼與眾不同嗎？即使與萬物共處在這片藍天下，也要活出自己別樣的姿態，以獨特氣息鎮壓住大眾的喧囂吧？

耳邊傳來潺潺流水聲，轉頭便瞥見一排垂柳，條條柳絲剛剛返青，綠影婆娑地拂動著，河水也彷彿披上綠裝，在陽光下熠熠生輝。柳條浸在水中，陣風吹過，蕩起一層層的漣漪，修長的柳條被拖得遠遠的，可始終不隨著大勢往下流，投入大流中。也許是你仍用自己的方式活著，絕無隨波逐流的意欲？你不想與它們走同一條路嗎？是想要在自己的領域獨樹一幟，以堅持態度劃過一道悠靜風景嗎？

細心聆聽，有一隻蜘蛛正精心地繅吐絲線編織著自己的家園，真佩服如此顧全大局的你早早就設計好了自己要走的路，每每繅織一步都那麼小心翼翼，難道你就不怕夜以繼日繅織出的路只剩自己孤獨地行走嗎？你不怕那無人問津的方向將帶領你去進退維谷的境地？看著你堅定不移的背影，一定是想告訴我：「走自己的路，讓別人說去吧！」是吧？

我隨著水順流而下，不禁吟唱起來：「簌簌簷聲，白露為霜。所謂伊人，在水一方……」幾座小茅屋零星地點綴在一大片田野中，一坳坳地鱗次櫛比，彷彿看見一位不修邊幅的鄉人正拿著鋤頭朝田裡走去，難道他就是現代版的陶淵明？透著「採菊東籬下，悠然見南山」的愜意生活，遠離著紅塵客夢，只願「帶月荷鋤歸」，不為五斗米折腰，只盼「種豆南山」，鄙棄世俗官祿，享受田園帶給自己悠閒的情趣。這樣不走尋常路，是一種對自由生活的嚮往吧！

而早在三國時期，蜀中大軍諸葛亮就完成了一件突破前人的歷史性任務。就按

「所以，應當取中國傳統規範的精華，去其陳舊古板的糟粕呀！」

兩人握手言和。

我想生活中的我們也是這樣，受學校、生活各種老規矩限制：吃飯不能有聲音、和家中長輩說話要語調平仄……我們不去正視其中傳承的文化底蘊，以一個新時代、新文化為幌子去打觸。而父輩卻以權威性口吻去命令我們絕對執行老規矩，我們只能麻木的戴著世俗的枷鎖，扮演著乖張懂禮的角色，稍一掙脫，便成了別人口中沒有規矩和教養的小孩。我們在肢體上服從，卻在心裡極度排斥陳舊的文化。

事實上，我們都沒有錯，只不過錯在以自己的角度去苛刻對待身邊的人。老規矩有著幾代人生活的沉澱，而新文化有著當代人的獨具匠心。正如《論語·學而》中所說：「擇其善者而從之，其不善者而改之。」當老規矩遇上新文化，先別急於站在金字塔頂端審視其對與錯，而是平視的去尊重雙方存在的價值。

然後，微笑著握手言和。

周瑜所說，即使箭翎和箭頭已製造完畢，也不可能三日內製造出數萬枝箭。足智多謀的諸葛亮識出了周瑜設計好給他布路，早已另辟蹊徑，先在魯肅府中不慌不忙地吃喝三天，後善於利用局勢，調動幾隻草船誘敵，「借」足十萬枝箭。當他抗著一捆捆的箭，看著日隆日高的周瑜，諸葛亮走的不尋常路把他帶上歷史的舞臺的意義便不言而喻了。

面對相同的事情，有的人墨守成規，成為規矩下的奴隸；有的人創新求變，吐故納新，開創新天地，成為強者。不走尋常路，彰顯的不僅僅是個人散發的魅力，更多的是一個新時代的方向。

想要讓人耳目一新，想要獲得不尋常的成功，就應跳出井底，走不尋常之路，正如司馬遷所言：「一個具有天才的卓識的人，絕不遵循常人的思維途徑。」

當我走到河流盡頭，穿過一片鬱鬱蔥蔥的樹林，踏在現代人建造的天橋上，望著車水馬龍的街道，熙來攘往的車輛，高聳入雲的建築，不禁感歎祖國的巨大變化。在蔚藍的天空下，標新立異的「鳥巢」為北京增添了一抹亮麗的景色；碧草如茵上，比薩斜塔盪漾著意大利獨到的藝術氣息；繁華的迪拜中，Anara 大樓的高度達到七百米，形狀像超大規模的風力渦輪，商住兩用，並集中世界一流的藝術畫廊。「鳥巢」的設計不受一般體育館之限制，才能深得人心；比薩斜塔沒有因傾斜而恢復成規矩的建築，才能舉世聞名，引得世界各地遊人前來瞻賞。

在現代信息爆炸，科技突破的時代，創新成了前人不曾走的不尋常路。英國館的蒲公英外形、沙特館的巨型球幕電影……一代代出現的創意豐富了人們的生活，帶來了視覺、觸覺等的初體驗，譜寫著人類文明的傳奇。

不走尋常路，不是固執己見地一味追尋，而是摩礪以須地蓄勢待發；不是一味地異想天開，而是推陳出新，剔除其糟粕，取其精華，腳踏實地地開辟新的文化天地。

反觀現在香港社會的年輕人，拿著高文憑卻缺乏創新冒險精神，一味地跟隨社會、家長的期望和鋪展好的路，投身於穩定高收入的職業——醫生、律師等。年輕熱血澎湃的心卻被牢籠般鎖住，雄鷹無法展翅翱翔，望著日新月異的社會卻不懂適時變通掙脫牢籠，飛向廣闊無垠的天空去體驗和開創一段不尋常的歷程，是這個時代何等悲哀的事情呢？



某次，跟家人一起去西貢的一個耕種植物和蔬果的地方。在那裡，我很開心，因為讓我發現了不少東西，令我獲益良多。這一次經歷，我發現其實有一些生物並不像我們想的那麼脆弱、生命力那麼小。

在耕種小白菜的時候，我踩上了一顆掉在泥地上的小白菜，我望一下這小白菜，原來它裡面有一條蚯蚓，我看見牠已經死了，沒有任何一絲舉動，我心想：「難道我把牠們弄得一屍兩命了？」當時我感到十分內疚，因為我害死了一條小生命。我的心裡只求牠能動一下。

這時，蚯蚓突然動了一下，我的心也舒緩了一下，很開心。但是為何蚯蚓死了還可以復活呢？這一個問題我想了很久，然後我回到家，上網找了一些資料，原來蚯蚓是不容易死去的。蚯蚓的生命力其實並非人們想的那麼小，雖然人類體積比蚯蚓大很多倍，但是牠卻十分偉大和堅強。

從這事，令我發現了生命力的偉大，令我的知識增長了不少。在這平凡中的發現——蚯蚓，我為你的生命力而感到驕傲和引以為傲。

「生命力」這詞令我想起傷健奧運會中的每一位運動員，這些運動員都是不怕失敗、不會放棄的，即使他們失敗了一次、一百次、一千次，他們都會繼續努力地練習。他們都是常存希望，即使沒有了腳、聽不到或是看不見，他們的生命都是十分有韌力，不會容易被人打敗。這些人心中都有一句話，就是「永不放棄」，他們的生命比一些健全的人更加有韌力、更加讓人看見希望的光芒。

今天，有些青年人就是抵受不住各種失敗的衝擊，去做一些傷害自己的事，例如輕生、自暴自棄等。這些未來世界的主人翁，沒有勇氣去面對未來的挫折。未來的棟樑不應是受到愚昧而腐朽，而是應該培養出堅韌的生命力，為未來社會作出貢獻。

總括而言，真正的棟樑應該是擁有無窮的生命力，這生命的力量足以讓人有信心和希望，這生命力才可創造新希望的世界。



## 平凡中的發現

二望 溫家美

2016-17文學之星—中國中學生作文大賽(香港賽區) 初級組 優異獎



放學後，夕陽西下，晚靄將散落的雲染上微圓於黃昏的金紅色，我揹著書包，一如以往的到了火車站，乘火車回家。在火車上，我遇見了哭鬧的小孩。

车厢裡，坐在嬰兒車中的小孩把玩著手中的玩具，時不時發出高興的咿咿呀呀聲，在安靜的車廂裡猶為明顯。突然「唯！」的一聲，那小孩的玩具不小心掉落在地，咕咚咕咚的滾到了乘客的座位下，那乘客漫不經心的一瞥，繼續看著他的手機，絲毫不對那孩子母親的求助眼神有所動作。小孩伸出手，在半空中揮動著，奈何坐在嬰兒車上，手伸不到，

也不能下去撿拾。小孩頓時委屈極了，可憐巴巴的看著地上的玩具，扁著嘴，噙著淚水，要掉不掉的，好不可憐。咿咿呀呀的聲音不復剛才高興，他將聲線加大，透露著不滿和憋屈。孩子的母親站著也不是，去撿也不是，尷尬的站在那兒，只好安慰小孩，叫他不要再哭鬧，下車再另買個玩具給他。

見小孩似乎張口就要哭，別人冷眼看著這一切，沒有任何人幫忙，我忍不住心軟地走到那位乘客座位旁邊，蹲下身子，伸長了手，把那孩子的玩具撿拾回來，輕輕地放到那孩子懷中，孩子的母親一楞，彷彿沒有料到有人會幫忙，連忙道謝。那孩子看到他的玩具回到他手中，十分驚喜，他仰頭對我笑，笑得天真爛漫。霎地，我心裡似乎有什麼被觸動了。

那天，我想不明白的是，為何小孩的玩具掉落地，僅僅一件小事，卻沒有人幫助呢？社會若真的如此冷漠，缺乏同情心，未來將會變成怎樣的慘狀，又會造成多少慘劇？國內的小悅悅事件就是因人性冷漠而造成的慘劇之一。那時小悅悅被車相繼碾壓，當時經過的十八個路人視而不見，漠視而去，導致小悅悅死亡。

所以，要共同創建一個更美好的未來，我們就應對有需要的人不分國界地伸出援手。未來的世界，可以變得更美好，從每一個「我」最善良的心做起。

## 永遠別害怕新的挑戰

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2016-17文學之星—中國中學生作文大賽(香港賽區) 初級組 優異獎



人生如戲，在人生的道路裡，誰都不可能一帆風順，命運總會交給我們一些不可能完成的任務。可只有義無反顧地向前走才是成長。回眸往日，那一點一滴的人生底片，此時又變為彩色照片，浮現於眼前。發生了這麼多，現在回想起也只能感歎一句：「生活有時候真的莫名其妙，時時處處給點出乎意料的挑戰。」

還記得那是僅剩一個星期的小學時光，我和同學正在參加畢業營。當時的我正碌碌無為地享受著我為時不多的小學時光。似乎教官看不過眼我的得過且過，安排了我當所在的小分隊的隊長。說實話，對於這種吃力不討好的事情，我一向是抗拒的，可是當即提出辭職，不僅顯得沒誠意還沒說服力，我只能先硬著頭皮當兩天。

經歷了兩天連喘口氣都來不及的日子，在第三天我果斷申請了卸任。而挑戰似乎總對我「情有獨鍾」，才過了半天，教官便給我這個「閑人」安排了比隊長辛苦萬倍的篝火晚會統籌。我幾乎已經想像到挑戰整裝待發，「黑雲壓城城欲摧，甲光向日金鱗開」向我羽戰的樣子。

拒絕了一次就不可能有第二次，我只能收拾起怨天尤人的樣子。那幾天，我體驗了挑戰自我的辛勞與快感。永遠不能磨滅的，是像攻城掠火般經歷重重困難終於見到火堆的欣慰。像有一個聲音在說：別害怕勇敢地向前走，不必想太多，不管未來收穫甚麼，我們都不要後悔可好？

最後晚會成功與否我也不記得了，只記得當時光如流消失在記憶長河中，我逐步成長；漫漫人生路上縱然荊棘叢生，風雨交加，也會如難鷹挑戰自我。展翅翱翔。遍體鱗傷也好，熱氣充膚也罷，至少不會空手而歸。

## 香港，一個富有特色的地方——長洲

二信 曾紫蘭



在我心目中，香港最有特色的地方是長洲。長洲是香港人在假期中最喜愛去的離島。

除了可偷得浮生半日閒外，另一個原因是長洲每年都會舉辦太平清醮，又稱「搶包山」的一個傳統節慶活動。這個節慶活動除了一般的舞獅、舞龍外，還有難得一見，頗具特色的飄色巡遊。當日節目高潮自然是午夜的「搶包山」，來長洲的遊客都會翹首以待。除此之外，長洲本身的地形也很特別，它就像一個啞鈴，與眾不同，吸引了很多旅客來遊玩。

在太平清醮那天，我們一家人大清早乘船到了長洲，心想可早著先機，霸個好位置欣賞當天的活動。誰知一到碼頭，長洲已經是萬人空巷。我們站在大街上，好不容易才找到一個地方立腳。那天烈日當空，每個人都被曬得汗流浹背，但都靜靜地等待活動開始。

突然，遠處傳來陣陣鑼鼓聲，表示飄色巡遊要開始了。靜待的觀眾也頓時沸騰起來。隨著鑼鼓聲越來越近，打頭陣是一輪舞獅，跟著是舞龍。參加者使出渾身解數，觀眾也看得如癡如醉。隨後是有特色的飄色，那些由小孩裝扮成各式各樣的時事人物，穿上華麗的服飾，加上鬼馬的表情，高高企在一枝竿上。觀眾們紛紛舉起相機，影佢不停。

經過一輪喧嘩，飄色巡遊也告完了。觀眾也開始四散，整條大街四處人頭湧湧，而碼頭也擠滿了人。

我們決定留下來觀看「搶包山」。祭過「五臟廟」，我們便沿著海邊漫步往天后廟去。在途中，我們已經遠遠望見兩座高聳入雲的包山。我已不得立刻走過去，心想如果我也可以參加就更好了。到了現場，所謂搶包山，原來是座高塔，周圍都佈滿圓筒的包。各參賽者必須於指定時間內，摘得最多及最高分的包便算贏。

到了午夜，萬眾期待的搶包山節目就開始了。只見炮聲一響，各健兒的身手都瀟灑游龍。我們在觀眾場內看著，都替他們捏把汗。經過大約十數分鐘後，緊張刺激的搶包山也有了結果。

這個場面令我很難忘，也令我大開眼界，如此有特色的地方及節目，我決不會忘懷！

## 香港，一個富有特色的地方——金魚街

二信 徐珮淇



香港有甚麼富有特色的地方呢？大家都會想到海洋公園、迪士尼、星光大道、太平山頂，很少會想到位於旺角的金魚街。

小時候，父母首次帶我去金魚街。到了地鐵出口，我才發覺人很多，街道擠得水泄不通，十分熱鬧。過了馬路右轉左，就到達了金魚街，在這條狹小的街中，四十多間售賣魚類和昆蟲的店鋪鱗次櫛比。

我第一眼已經被金魚街中各種不同種類的魚吸引著，便求父母讓我在家裡養一條金魚。父母認為我太小不懂照顧動物，所以拒絕了我。有時候，我和家人也會到金魚街逛逛，觀賞我喜歡的魚。

走進金魚街，不用一家又一家走進店鋪裡，我也可以看見不同種類的魚，例如：金魚、小丑魚、燕帶魚，店主通常都會把魚放進一個充了氣的透明塑膠袋，寫上價錢，再掛在店前，方便客人選購。

日月如梭，不經不覺已經黃昏了。五顏六色的魚，透過夕陽照射，掛在店前的塑膠袋顯得色彩斑斕。隨著晚上的降臨，店鋪陸續關門，一天辛苦的工作結束了。

金魚街就像一個位於市中心的「水族館」，我們不用花錢買入場票便可以近距離觀賞不同種類的魚，也可以花錢買下自己喜歡的魚。不論早上或晚上，金魚街可以說是香港最有特色的地方。



## 珍貴的禮物——辣椒

三仁 李香兒



一到家，我直向陽台奔去，推開玻璃門，進去蹲了下來：盆栽上有這兩三個青春又帶著少少淡黃色如牛角般的小辣椒。看著那兩個不及我尾指長的小辣椒，感覺有些慶幸，有些愧疚，有些激動。我嘴角不自覺的上揚。

那年從湖南回深圳，小姨媽送給了我一株湖南特產剛發芽的辣椒，帶回深圳家。剛開始的時候，對那株辣椒有著濃濃興趣與好奇，每天給它澆水，看著它一天天的生長。可惜「好景不長」，兩三天後媽媽說，在北京中央電視台工作的二舅舅邀請我們去北京玩，一時間心情很是激動，又有些欣喜，心裡滿滿都是對北京的期待，完全將辣椒拋諸腦後。直至收拾好行李出發，也不曾去看過它一眼。

三個星期後，我從北京回來了，才想起那株被遺忘的辣椒。在飛機上，的士裡，一路上忐忑不安、焦急。看到那一株辣椒完好無損，還長出兩隻小辣椒的模樣，心中有三分慚愧，四分慶幸，五分激動，六分驚訝，一種難以言述的心情湧上心頭。漸覺自己的「遺忘」，慶幸它的完好無損，激動它長出果實，驚訝它那頑強的生命力，與那堅韌不屈的精神。

辣椒，有辣人的本事，自己卻從不流淚。即使沒人照顧，也會憑著自己的堅韌，不向現實低頭的個性，依舊生機勃勃地面對生活，不願在他人的羽翼下平凡無奇地活著，想要擁有色彩斑斕的生命。越小的辣椒，就越辣，會讓你一直記住它給你帶來的感受，即使在口腔內消失了，仍會為你帶來強烈的餘韻。

## 回憶中的公園

三望 林曉彤



童年時常去的公園被拆卸了，現在每當我經過這片空地，便不禁想起小時候在這裡度過的美好時光。童年是每一個人最珍貴，最美好的寶物，回憶的地點被拆卸，心中難免有些遺憾之感，一些青澀的回憶也湧上了心頭。

那年的春天，天氣剛剛回暖，光禿禿的樹枝，染上了一絲墨綠。鳥兒亦在歌頌著晴空萬里的天氣，從家中的窗戶看下去，在那公園裡的小朋友都十分活潑陽光，正在那公園玩著我從未玩過的捉迷藏。那些小朋友主心而發的笑容是我從未有過的。在那個時候，心中有一把聲音讓我說出一句：「奶奶，可不可以帶我到樓下的公園裡玩一會兒？」當時我心中亦有一絲猶疑，而奶奶亦一面驚喜的看著我，因為那時的我並不喜歡跟別人一起，更不用說一起玩了。

在公園裡的小朋友玩得興高采烈的。我心中起了一絲退卻同時亦帶著一絲羞澀，令我的腳步一直不敢向前。突然，有一暗影在我面前出現，我不禁抬起頭來。映入眼簾的是一張眉清目秀，五官精緻的臉，我吃了一驚，跌到在地上。這是一個小男孩，原本我的心帶著一絲羞怒的看著那男孩，但沒有想過，那男孩是來邀請我去跟他們一起玩的。我的心像是坐上了彩虹般興奮、雀躍！那時，我決定了要多跟人相處，成為一個擁有很多朋友的人。

我邁開腳步跑到那些小孩面前，鼓起了勇氣去向小朋友們做自我介紹。接著，遊戲開始了，有一些小朋友躲在滑梯後，亦有些小朋友躲在草堆裡，而我就跟在捉人的那個小朋友後面，我們都玩過不亦樂乎。一直到了黃昏，才各自散去。那是我第一次在這公園玩，亦是我第一次到公園去玩，是珍貴無比的回憶。自此以後，我都會常常去那公園玩，直到中學，但回憶總是一直存在，不會消失。

現在，每一次經過或重遊當地都令我有很多回憶湧上心頭，有甜、酸、苦、辣的，也有愉快和不愉快的，實在令人百感交集，回味無窮。所以說，童年是每一個人最珍貴的，最美好的寶物。當然，也包括了這個「回憶中的公園」……

## 舊地重遊

三望 劉嘉穎



中考結束，與幾位小學同學相約一起返母校探望老師。

站在校門口，一種既熟悉又陌生的感覺湧上心頭。三年前鏽跡斑斑的大門，如今已被鍍上一層新的金屬；三年前野草蔓延的操場，如今已被修整乾淨，鋪上了墨綠的假草；三年前在校內揮灑童真的我們，如今也換了幾百個新鮮面孔來替代。

向門衛打聽了班主任如今帶的班級，便小心翼翼地偷跑上樓，站在六年一班的門口，還未敲門，裡面的可斥聲便傳了出來：「古诗词背不好，作文也寫不好，紀律糟糕到極點！整個樓層就屬你們最吵！真不是我帶過最差的一屆學生！」聽到這兒，我不禁「噗哧」一聲，記憶如潮浪般鋪天蓋地的向我的腦海發捲來。

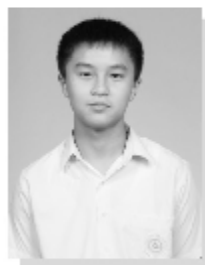
那是一個寧靜的午後，如往常一樣，兩節連堂的語文課便設為我們的閱讀課。班上安靜不久後，突然就出現了「噁噁啞啞」的說話聲。起初，聲音不大，老師只是輕微咳了咳表示提醒，可那「罪魁禍首」卻變本加厲，說話聲越發得大了起來，減少了所有人講話的欲望，原本連針絲落地都能聽見的字彙忽然變得吵鬧無比。「呸！」一聲響亮的帶著怒氣的拍桌聲突然響起，教室瞬間鴉雀無聲，「你們這群小兔崽子！整個樓層就屬你們最吵！真不愧是我帶過的最差一屆！」這兩句話震攝住了全班，剛剛帶頭說話的同學羞紅了臉。

「呸」一聲開門聲將我的思緒全部扯走拉回了現實。班主任驚訝地看著我們，時間真是不公，竟在這短短的三年就在他的頭上種下大片白髮，在眼尾刻上了數條皺紋。我大方地走進去，笑著說：「我們可也是老師帶過最差的一屆呢！」語畢，與老師相視一笑。

重遊這舊地，重溫這舊生情，重憶這回憶時光匆匆，原來你們還在。

## 馬騮架與鐵滑梯

三望 文軍俊



朋友的爺爺，很疼我的一個長輩，約我去他兒時玩耍的公園，我尊稱他做「英雄」。

一下車，英雄心急的快步走去已被圍住的公園，他彷彿忘記自己已是一個步入古稀之年的老人。公園裡面可能會有危險，我有點遲疑，還是扶著英雄進去，只見他目不轉睛地盯著一個由很多錯綜斑斑的鐵管組合成的「金字塔」，這破舊的「金字塔」拉扯著他童年的回憶，在他眼中，我看到了那個年代童趣的簡樸。不似如今的孩子們，先進的科技和物質的享受，便能拼湊成「童年」。英雄回過神後對我說道：「這是我兒時玩得最瘋狂的遊戲——蜘蛛人。我和小夥伴們常常比賽誰做的難度最高。」他話音未落，當即想衝過去為我做個示範，我及時拉住他的手，防止意外發生。

於是，我們繼續向前走，忽然一個約三米高的鐵滑梯映入眼簾，他突然駐足，此刻，時間好像為英雄靜止了，他低頭喃喃道：「大王，小王，我以前最好的朋友們，還記得我們在這滑梯上打滾嬉戲的日子嗎？記得天熱時屁股被滾燙的鐵皮燙出紅點時，卻依舊玩得不亦樂乎的樣子嗎？可現在你們都走了，只剩我一個……」他轉過身，抑住咽哽的聲音，拭去眼眶打轉的淚水，不想讓我看見他的悲傷。

下午五點四十七分，我和英雄坐上了小巴離開，他頻頻回望那陳舊的公園，依依不捨的看著小巴的門緩緩關上，在車上，英雄一直向我講述他的童年之樂，比如在馬騮架上擺出「倒掛金鉤」的姿勢，他一邊描述一邊比劃，那童趣雖已經跟隨時間流逝，但他所傾述的一切，句句都是珍貴的回憶。



## 遊漓江有感

四信 侯倩妮



寒假時，我們一家人去了桂林遊玩。不只是因為那兒的特色繁多，更著重的是它千百年來「桂林山水甲天下」的美譽。

以我看，桂林最美好的景色，莫過於教科書裡常被世人稱道的漓江山水。如今漓江的水不如以往的清澈透明，卻在悠悠中帶著一抹深沉的墨綠。

我們租了一隻小船，漂蕩在漓江水面上。隨著船兒的前行，船槳激起一道波紋向四面八方擴散，仔細看還能發現水裡幾條游動的小魚兒。而漓江夾岸的群山更是獨特，形狀萬千，有的像駱駝，有的像海豚，還有像一張充滿笑容的老人臉……船仍然在繼續前行，只見行航在我們之前的遊客們，無不被這如詩如畫的壯麗美景吸引著。任憑調皮的風兒肆意撥弄髮絲，也渾然不知。我閉上眼睛，聆聽江水潺潺流動的聲音，吮吸著無比甘甜的空氣，心裡頓時變得異常平靜，彷彿世俗的煩瑣都隨之飄散。人景融合下儼然是一幅靜謐美好的畫面。

遊完漓江後，那種重歸大自然母親懷抱的新切感，是我人生旅途中難得的一抹清麗的「綠」。

## 恆久的滋味

四信 歐陽紹銘



人生百味，五味雜陳。

「苦」何嘗不是一種味道。

我抿著嘴，小心翼翼地靠攏碗邊，一點一點地吸取那碗苦瓜水……

小時候，母親一到週末就會帶我到零食店裡遊蕩，一桶桶的塑料瓶子裡裝滿了五顏六色的糖米，有杏仁味的、蘋果味的、西瓜味的……還有我最討厭的苦瓜糖。身上的糖衣散發出誘人的氣味，一步一步的把人勾引到那惡極的糖心裡，那苦瓜的味道在味蕾上漸漸的蔓延至鼻樑，又再一次令人陷入在那苦不堪言的味道中，簡直是扳著羊皮的狼！

至此之後，再也沒有碰過苦瓜糖，甚至是關於苦味的食物。

就這樣一直維持至中學，有次大型活動中，因天氣酷熱，我不禁暈倒在地。在睡夢中，隱隱約約地感覺到口中徘徊著一種甘苦味，雖說苦，但那沁涼沁涼的感覺直達我心裡……

當我醒來，才發現自己已躺在牀上，身邊還寫著一張字條：「祝早日康復！記得喝完那碗苦瓜水——母親」。

我心中充滿糾結，抿著嘴，小心翼翼地靠攏碗邊，一點一點地吸取著那碗苦瓜水……

不知為何，我竟可將一大碗苦瓜水一口氣喝完，還留有一些回甘，縈繞在舌上，久久不散。

長大後，因工作問題長期流連在外，甚少回家，終於找到一次機會回家。

「媽，我回來了。」

落音許久，都不見人影，我直覺地向廚房打量，果然如此，媽媽又再沉溺在煲苦瓜水，我隨意地裝了一碗，又再次抿著嘴，小心翼翼地靠攏碗邊，一點一點地吸取著那碗苦瓜水……

當我回到家中又見那熟悉的身影，不同的是身體的弧度越來越彎，臉上的午輪越來越深。

## 重遊舊地，我卻感到陌生

四望 林語嫣



重遊舊地，我卻感到陌生。那「物是人非事事休，欲語淚先流」的感覺如墨染般向我襲來，我不能承受卻已無處可逃，不禁嘆息這些年來這裡到底經歷了甚麼。

最初的起點是一個我放學後常去的「公園」，那公園實質是一個爛尾的小地盤。那裡空曠曠的，到處都是待用的建築材料，其中橫放在地面的巨型空柱，便是我和伙伴的小世界。我們會經常帶著水彩顏料躺在空柱裡，繪畫出我們未來的家、將來長大的模樣，對將來自己想說的話等等，黯淡無光的空柱就這樣被畫出了諾望而散發萬丈光芒。那空柱似乎不再空，而是被畫得滿滿的感覺，不再適用於建築，而是一個裝滿心靈寄托的大信箱。

除了承載著願望的空柱之外，還有一棵「永遠吃不了的木瓜樹」，瘦瘦矮矮的屹立在一區沙石附近，我和小伙伴總是等著它成熟，想嘗試特別的木瓜樹。可這木瓜樹似乎能看出我們的心思，為了不被摘下而遲遲不肯熟，長期綠綠的看著我們在「公園」玩耍。有時我甚至覺得這棵木瓜樹可能是長生不老的神仙，有時又覺得它在暗中保守即將跌倒的我，這裡的一切，對於我來說都是特別又富有神奇色彩的。

時光要我成長，要我去別處看看世界，於是我被帶走了，離開這片淨土。但多年後的我腦海總是閃現一個場景，很熟悉卻又不怎麼看得清，我便知道我應該錯過了些事情，於是我便回來了。雖有點不安，但一想起曾經和伙伴共同描繪的天地，那躁動不安的心又安靜下來了。

「噢？前面的空地在哪？是不是我走錯了？不可能啊就是這條路絕對沒有錯！」我因為看不到從前的公園而疑惑地自言自語道。突然有個保安向前示意要我離開，心裡不解的我便向前問了問發生了甚麼事。保安說這裡一會有開發商來巡查這座房子的情況，不能隨便進入。我被保安的話嚇倒了，我不敢想象眼前這高得抬頭望到脖子酸的樓，居然是我曾經的小天地。我百感交集，這個我曾經如此熟悉的地方，如今卻如此陌生。看見那嶄新的大柱被纏著閃閃發光的水晶片，陽光照下來，它反光得讓我看不清它的美。我試著小心翼翼地觸碰它，竟覺得好冰冷，冷到心底不知道這是不是我曾經畫過的大柱，我希望不是。

我懷念的公園，即使你變得如此陌生，甚至我都認不出來，但我依然會把當時記憶溫存至永遠，永遠銘記於心。

## 難忘失去的滋味

五信 徐卉霖



我曾經有一個好朋友。還記得第一次見她，我還是個孤獨的小孩，在一群人的邊緣擺弄著手中的積木。突然我的身邊多了一個人的氣息，我猛地抬起頭，卻發現是一位穿著粉紅長裙，掛著溫柔無比的笑容的女孩。她主動與我對話，和我一起擺弄積木。那個下午，時光就在我們的歡聲笑語中緩緩流走。

從這次玩耍開始，我漸漸的與她多交流了起來。開始是自然遇到，後來就變成有目的地在小區內尋找。漸漸熟悉之後，我們幾乎每天都在一起玩。因為我比較內向，很好的朋友只有她一個，所以我非常依賴她。有時連去小賣部幫媽媽買醬油也要叫上她一起去。而她總是會非常遷就我。一邊裝著不耐煩的樣子，皺著眉，說著：「我才不會陪你。」一邊溫柔的牽著我的手，淺淺的笑著，拉著我向小賣部走去。

她真的是一個溫柔的人。即使我未曾告訴過她我的生日，但她還是在我生日時送了我一個玩偶，還細心的在玩偶上繫了一條我最喜歡的顏色絲帶。我收到禮物時非常驚訝，上前緊緊地擁抱了她，還說一定要在她生日時也送她禮物。慚愧的是，此後我一直忘記，而她卻只是笑著對我說：「沒事，沒事。」

在一次暑假放假期間，我很早的去了旅遊，快開學時才回家，所以我們整個假期都沒見。在旅遊時我為她買了生日禮物，想著以後給她驚喜，但這驚喜卻變成了遺憾。

當我滿心歡喜的去小區找她時，她家中好像沒人，我心中有些失落。可當我第二次去找她時，家中依舊沒人，讓我覺得失落和一絲奇怪。當我第三第四，不知第幾次找她的時候，我的心情依舊是非常失落，但卻好像害怕著甚麼。終於，我從別人口中知道了他們搬家的消息。我開始是非常不相信的，覺得他們還在小區裡，怎麼可能一個暑假沒見就永遠分離了呢？可是時間證明了一切，她真的沒有回來過。我此後很喜歡呆呆地望著我們一起玩耍的地方，看了一個下午。最後，終於忍不住痛哭，心像是被抓住了一般，又痛又酸。我時常後悔，為甚麼以前沒有再關心她多一點，在意多一點，為甚麼連禮物也沒有送出過？這種失去的滋味讓人非常難受。

生活在這個世上，我們就不斷得到或失去著甚麼。在生活中，會有許多意外，災禍發生，這些事件往往會造成一部分人的離別。然而，我們還不具有逃避分離的能力，所以我們只能珍惜好身邊的人，享受著生活的每一刻。一位癌症患者在生命的最後一段路上，深深的懷念起以前普通的一頓飯；以前普通的與家人說過的話；以前普通的每一天的時光。我們有甚麼理由不去珍惜呢？

那次失去的滋味讓我深深的體會到珍惜身邊人的重要性。我們要無憾的活著，就要珍惜當下。

## 遺忘的童伴——陳曉明

—信 陸漢文



我是陸漢文，一個普通的上班族。我接獲上級命令，到老人院探訪老人，和他們談談心，好為公司建立正面形象。

到達老人院，第一眼看上去還覺可以；第二眼細看，便覺牆壁設施十分破舊。雖然我是在鄉下出生的，但也接受不了如此破落的房子——老人們太悲慘了。

院內，如我預想一樣十分酷熱，氣也喘不過來。我用盡精神力氣，總算完成了任務，忙要逃離這不屬於我的空間。

正要離開，似發現了一位臉熟的人。她躲在角落，甚麼話都不說，和這裡的氛圍格格不入的。不知何故，我竟上前問候她。她卻打斷我的話說道：「你還記得陳曉明嗎？」雖然好像聽過，但實在記不清了，便答：「不記得。」她接著說：「他是你兒時最好的玩伴，不管在哪裡、在做甚麼事，你們都少不了彼此，後來他往南、你去北……三年前，他意外死了……」她的話到這裡便沒有了。

是否甚麼病發作了呢？我只是不停地跑，直至回到了家。良久，我翻閱網絡的舊新聞，是在找甚麼答案嗎？我終找到了那一小段的報導，但那又代表甚麼？

整個晚上，我為他哭、為他笑，然後寫了封信：

曉明：

你在天上還好嗎？今天，我聽到一位老太太說起你的名字，初初不敢相信的，但現在確信是你了。多久了，每天只是營營役役，現在才憶起小時候那愉快的時光、那天真的笑容。希望我們還會再遇。

祝

安好

友  
陸漢文上

二零一六年五月十三日

我把信紙燒了，在陽台之外，希望他在天上看見。但願再相遇時，能聊一下我們過去的天真時光。

## 新詩三首

—信 邱惠榕



愛

背負著母親失望的目光  
背負著父親傷心的面孔  
背負著友人疑惑的眼神  
我  
憑借著不甘  
追逐——珍寶  
直至窮途末路  
才發現  
最珍貴的已在身邊

時間

剛出世的 嚎啕大哭  
幼年的 牙牙學語  
結合如今的成熟與活力  
黯然回首  
發覺時間  
消逝迅猛

死亡

死亡是甚麼？  
七歲的我 無知  
十歲的我 恐懼  
十二歲的我 無畏  
現在的我 尊敬著生命  
停止殺戮與毀滅！  
平復 慾望。



# 愛

## 一勤 劉龍軒



生命是一場華麗的幻覺，愛是貫穿其中，愛需要陪伴、需要證明、需要認可……就像煙花要等到天黑才能完美。

愛，是個難以理解的字，一切盡在不言中。因此，我們活在愛的世界裡才可感受到愛。親情、友情、愛情，正是因為有愛才使我們義無反顧地活下去。生活在這個世上是很疲累的，當你的愛不被認同，當你被遺棄，想一想，還有一些愛你的人可能被你遺忘，他們那期待的眼神，相信你會靠信愛的力量，繼續走下去！

世上每個人都必定需要愛。生命象徵著愛，有愛才有精彩的人生。生活的過程是無與倫比的美麗，愛就像一道陽光照耀著我的心扉。生活不易，但有愛就可從容不迫。為了你愛的人和愛你的人，必須堅強地活下去，愛就在此顯明。

雖然，人生旅途永無上巒，坎坷和挫折不斷迎面而來，但正因為有愛的存在，我願意勇敢地面對！

# 死亡

## 一勤 張振威



說到死亡，你有甚麼樣的感覺？是開心？是擔心？還是感到十分害怕？而對我來說，是一種無法逃避的命運。

可能你會問我為甚麼是一種命運呢？心裡一定有疑惑。上天是公平的，每給一個人生命的同時，也同時給他死亡的時刻。如果死亡是上天的安排，那麼有甚麼需要擔心和害怕的呢？每一個人的生存時間有限，不能有無限的生命，那麼上天給我們的生存時間已經到達終結，只能默默地接受，不可拒絕，不能逃避，要來的始終都要來，沒有人能夠逆天改命，這就是命運。

為甚麼有人會對死亡有不一樣的感覺呢？其實這些感覺都是出於各人的心態是否正面，如果較為正面的人感到開心，因為自己已經做了自己畢生的心願，對這個世界沒有任何惋惜；如果較為負面的人會感到害怕和擔心，因為他們對這個世界還是依依不捨。

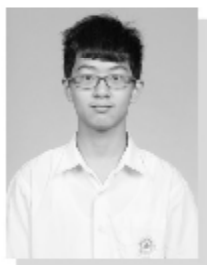
我覺得最可怕的不是死亡，而是等待死亡的一刻，因為你有很多捨不得的人，還有你會失去所有，包括：最重要的親情、最寶貴的友情、最美好的愛情。當你再沒力氣說話時，或者心跳停止時，你不會知道有多少人因為你的死亡而傷心，有多少人為你而哭泣。

每個生命都會經歷生老病死，這些就是命運，而死亡也是這命運中最後一環而已。

因為有「死」才更令人珍惜和感激有「生」。

## 一節深刻的課堂

二望 連家軒



課室內一片寂靜，風止住了，我內心裡出現了一些波動，甚至以驚人的幅度撼動著我的內心，我哭了。

這天，我坐在課室自己的座位上，準備上通識堂。外面的天氣不太好，正在下雨。老師進來了，開始講說今天的課題——「六四事件」。同學們都紛紛交頭接耳談論這話題，因那時的我們都不知「六四事件」是甚麼。

老師講道：在一九八九年發生了一場政治風波，起因就是中央政府要國家實行經濟改革，可情況未如理想，導致人們生活出現困苦。另一個原因就是因為政府震敗，私人公司不再接受國家分配的學生，高收入的工作只可靠裙帶關係或親近高層取得，掌握權力的人在那方面並不擅長。因此，各部門或公司的運作都非常差，導致許多知識分子不滿，示威情況開始出現。

到了一九八九年四月，各大專生在北京市天安門廣場發起示威，並持續了二個月的活動。直至六月三日凌晨，政府實行了清場行動，無視示威者的訴求，視示威者為恐怖分子和反革命分子，派出軍隊進行單方面的屠殺。

聽到這裡，原本教室內的喧嘩止住了，課室內一片寂靜，彷彿風也止住了一般。我內心出現了一些波動，甚至以驚人的幅度撼動著我的內心，我開始眼泛淚光，可沒有流下來，但雨卻彷彿在訴說我的內心一樣，突然的狂躁起來，更突然打雷。

沒錯，我那時感到的不是對死去的人的同情，而是因對政治的恐怖和腐敗感到悲哀和憤怒。「白色恐怖真的不能阻止嗎？」「政治還不可公正的嗎？」我內心不停重複這些問題。

可這些問題真的會有解決的方法嗎？

## 珍惜給我麻煩的人

三仁 王詩傑



麻煩，它可以助我成長。

有誰不怕麻煩？我想沒有人有把握回答這個問題。

我從小時候就是一個怕事、怕麻煩的人，遇到麻煩只會逃避，從來都視麻煩為「世界末日」此等大事。但我明白一個道理，世人都知道的道理：「要勇於面對困境」，可我更偏向「以最有效率的方法解決問題」。這兩句話就像天使和惡魔般繞著我團團轉。

直到那天，我在手機上看到那則帖子，上面寫的正是「珍惜『麻煩』」四字。那個雙引號和那大寫加粗的「麻煩」吸引了我去看，裡面寫下了關於「麻煩」的正確理解方式。

小編寫得很生動，他說一般人都認為麻煩是一個貶義詞。但何不把這二字加個問號，然後細心想想，是真麻煩嗎？

人生中的麻煩，就像海浪一般。有時是寧靜優美的風景畫，有時是虎嘯猿啼。一波未平，一波又起。

而我們就像海洋中的小帆，想到達目的地，就要勇往向前，就算面對著大海，也要揚起風帆。若像消極的船隻，只會降陣退縮，那最終只會迷失在無邊無際的海洋裡，甚至永不翻身。

人也一樣，每個人都有自己的目標，同時也有很多麻煩，而那些麻煩我們的人正如海浪，若你前進，它必助你，若你逃避，就必被向後推而倒退。

## 人性光輝

四仁 李綺琳



「她的行為，使我體會到人生中光輝可貴的一面。」我從小至大都認為那些好心人只會在電視劇中出現，現實裡是不可能會碰到，也不可能出現……直到那一個人出現在我的面前，改變了我固有的觀念，為我的世界添上新的光輝和色彩。

還記得那是一個寒冷的冬天晚上，人們都拖著疲累的步伐回家。在繁忙的鬧市中，每個人都只會看著自己的手機走路，當我在惋惜人們的冷漠時，突然「呼」的一聲巨響，響遍天空，我受到好奇心的驅使下，便去一探究竟。路上騎著一隻不知多久沒洗澡的流浪犬，身上散發著一陣陣令人想嘔吐的味道，路上的路人目睹事情的發生，卻沒有一個人上前施以援手。我聽見人們的談天聲：「我們要不要幫助他？」「他很臭啊，真不想去救牠！」「救了牠也沒有甚麼好處呀！」「反正最後一定有人救，不用我出去救吧？」不一會兒，人們都像沒事發生過，紛紛離開現場。當我也準備轉身離去之際，那個人出現了。

一位白髮蒼蒼的老婆婆，滿面皺紋，彎著腰去幫助那隻受傷的流浪犬。她不顧流浪犬身上的臭味，上前抱著牠，並打電話給一些幫助流浪犬的機構，請求協助那隻流浪犬。我看到這個場景後驚訝得睜大眼睛，其後感到她十分偉大、閃耀。我從未見過這樣不顧一切去幫助流浪犬的人，這令我對這個世界的看法改變了。以前我認為人們都是冷漠自私的，但今次之後，我發現這個世界上仍尚存有愛的人，尚存會關愛小動物的人。

看到這個老婆婆的事件後，也使我下定決心，自己也要和這個老婆婆一樣，為人們和動物帶來溫暖，關懷他人，令世界變得更好。

## 小烏鴉的自述

四信 林情怡



我是一隻烏鴉，屬鴉科動物。我們鴉類家族一般都住在偏僻的森林裡，很少與世人打交道，因此他們對我並不瞭解，反而對我們誤解更深了——我們因為叫聲又粗又啞，再加上一身黑羽毛，往往被人類認為是不吉利的象徵。

雖然我們不被喜歡，但是我們卻擁有一種值得人類普遍稱道的美德。

小時候，我並沒有能力獨自覓食，都是爸爸媽媽每天飛進飛出地出去找小蟲，再一口一口餵給我吃。隨著日子一天天地過去，我的食量也隨之增加。即使爸爸媽媽每天都找了不少食物回來，卻好像仍然填不飽我的肚子。但他們仍任勞任怨，一有食物就切回來，自己卻沒吃一頓好的……

其實這些我都有看在眼里，漸漸地，我長大了，而爸爸媽媽卻老了，他們已經開始飛不遠也飛不動了，只能待在高裡啞啞地叫。然而，長大後的我並沒有忘記父母的養育之恩。我會像他們待我那樣回報他們，盡自己最大的能力把好吃好喝的都留給父母。從東飛到西，從南飛到北，每天奔奔波波，風雨無阻，直到他們離世，再也吃不下東西為止。

我是一隻烏鴉也懂得知恩圖報，更何況你是人類？



## 籠中小鳥的自述

四信 李沛欣



我是一隻被人類撫養的小鳥，每天我都能一個安全的地方生活，不怕毅人的襲擊，也不怕食物會有甚麼致命的成份，每天就是這樣過著安穩的生活，聽起來是不是很幸福的樣子呢？但我非常討厭這樣子的生活，甚至我寧願餓死都不想永遠被人類困在這個安穩卻沉悶的地方。

你們知道嗎？這個世界很多東西都是等價交換的，我能有著這麼安穩的生活，都是因為我失去了自由。當我抬起頭看著天空時，我就可以看到我的同伴結羣在空中自由飛翔，而我只能在籠裡孤獨的看著他們，懷著羨慕的心情繼續度過這餘生，直到死亡的來臨。

我擁有的是安穩的生活，而我的同伴擁有的是自由自在的生活。雖然外面世界埋伏著很多危險，但他們可以體驗各種經驗，有著刺激又充實的生活，而我每天只能在籠子這個狹小的空間裡生活，甚麼事情都只能在這個地方做，不能去茂盛的森林探險，不能去清澈的河流玩水，也不能跟同伴在蔚藍的天空中飛翔，只能每天過著不斷重複、沒有變化的沉悶生活。

我認為，人生只有一次，應該要好好去嘗試各種事情，好好地充實，才不枉此生。我渴望著終有一天可以脫離樊籠，飛到那片自由美麗的天空。

## 人性的光輝

四望 劉倩



人性到底是怎樣的？我們常常這樣問自己。我們從大海中尋找答案，從書海中尋找答案，從自己身上尋找答案，卻沒想到，原來答案竟然就圍繞在我們身邊！

很久以前，我像平時一樣躺在沙發上，一邊看新聞，一邊啃著個大蘋果，心中樂悠悠的。可是當我看到一個新聞大標題的時候，我驚呆了。「八十六歲的老人，二十多年以來小吃鋪仍堅持頂價」這個標題深深地吸引了我，我不由自主的點開了。我看到一張令我一輩子都難忘的照片：一個滿頭白髮，臉上佈滿皺紋，骨瘦如柴的老婦人，坐在一間小吃鋪前跟幾個小孩子在聊著天，她的笑容是那樣的慈祥，那樣的富有能量。我更驚訝的是小吃鋪前的一個紙箱牌，上面寫著——蔥油卷兩毛，我很吃驚，要知道現今兩毛連項糖都買不到。

我深深地被吸引住了，我決定要認真地看完這篇文章。原來，老人年輕的時候和丈夫開了這家小吃鋪，後來丈夫走了，也就剩下她一個人在守著店鋪了。

當記者問她：「二十多年了，您為甚麼要一直堅持原價？」

老人怡然自得地說：「當初我跟老伴開這個小吃鋪時，就沒想過要賺多少錢，我們只是想，讓那些來我們店裡吃飯的人，就像是回到自己家一樣的溫暖。能夠帶給他們快樂，也可以讓那些吃不起飯的人，可以填飽肚子，只要肚子飽了，人就精神了。」

這一番話，甜到了我的心裡，我雖然從未見過這位老婦人，但我敬佩她，喜歡她！

過了幾個月後，老人去世了，看到這個新聞的我，心裡酸酸的，很不捨，很難過。誰說，這個世界上沒有真情的，老人去世的那一天，很多經常在她的小吃鋪吃東西的民工、小學生都去送了老人最後一程，他們的神情是那樣的悲傷。其中一個鬚子白花花的老爺爺卻像個小孩子一樣笑了起來，也許，老人曾給了他沒有過的溫暖，又或者是希望。

老人是那樣的善良，她感染了所有人，她帶給我們的不僅僅是溫暖，更多的是一種啟示，人性美好的一面，因為她讓我學懂了人性光輝的意義。

## 懂愛

四勤 李詠芝



為甚麼人類會愛自己呢？愛自己是一個做人最基本的原則，懂得愛自己的人，也會懂得去愛別人。愛自己不是甚麼自戀、可恥的事，也不是讓我們顧影自憐、自我放縱。而是我們在彷彿失去星光、月華的黑夜中的一顆明燈；在我們獨自支撐人生苦難時，給自己的一個明媚的微笑。

當你懂得愛自己的同時，也能夠懂得愛家人。面對母親的熱情擁抱，父親的寵溺目光、奶奶辛勞做的三餐佳餚、爺爺那慈祥又可愛的語重心長，我們還有理由不愛他們嗎？他們在勞碌碌碌的一生中為我們操勞，我們不應該比任何人

都更愛他們嗎？

我很感恩，生活在物質較富裕，少戰爭，而且有完善法倫的美麗城市。當得知香港的代表在其他國家獲取獎牌時，我也為此感到可為香港人很值得驕傲。

近年，香港與中國經常發生衝突，更有人因此拒絕成為中國人。為甚麼同為一個群體，我們懂得愛自己、愛家人，但卻拒絕愛國家呢？我認為這只是大家都沒有放下對對方的誤解。其實只要大家互相放下強硬，各退一步，彼此就能變得和諧。或許你可能會認為我很膚淺，但其實一段互相信任的良好關係，往往都是互相遷就而建立而成的。

然後，你便會慢慢開始懂得如何去愛了。

## 不走尋常路

五勤 陳子龍



宗漢吾妻：

見字如晤。自廣州別後，已近五個月沒見面，甚是掛念，家裡一切是否安好，子女是否孝順聽話？老母親的風濕病是否有好轉？家中田地是否有好收成？離別故土數載，思鄉之情日增。一笑和細筆寫幾句甜言蜜語，如果糖果吃完，可回書一封，我會安排寄辦妥當，同時希望妻子回信的時候可以附上一張一家人的照片，想想我常年漂泊在外，兩個孩子出世以來，我所盡到的父親責任寥寥無幾，以此作些許彌補。他們雖非愛妻所出，然愛妻一直將他們視如己出，除關懷備至，亦耳提面命，想到這裡我的愧疚之心才稍得安慰。

言歸正傳，此次修書實是有事相求，如今革命事業急需大量資金人才，資金方面雖有幾仙兄在海外努力籌辦，但依然是杯水車薪，況且從海外運至國內，關卡重重，諸多不便，故此我望吾妻能勸說家中長老將家族在長沙、湘潭附近所有在家族名下的田產出售，以支援我革命事業發展，不過想必家中長老不會答應，但在此民族危難時刻，豈可只顧家小而棄國家未來？吾妻在日本留學時特別擅長辯論，故望妻予以三寸不爛之舌向宗老婉以大義，望能成功。

說實話，我對中國的前路也是迷茫的，畢竟革命在中國是第一次，此前中國所行的只是改革，是依照著原有的不足而制定的變革方案，而革命則是將原有的一切推倒，從零開始，摸著石頭過河，我的信心並沒有那麼大，自廣州起事失敗後，我親身體會了封建社會的樹大根深，當晚我七十二烈士本來可以活下許多的，但是在撤退的時候居然沒有一家百姓肯接納我們，以至於許多黨友都是慘死在百姓家門前！而我有幸得你啟門接納才挽回一條命！此事使我愈發感到革命的困難重重，挑戰一個腐朽的政府或非難事，但挑戰一個兩千多年的封建制度卻是困難重重，我尋走的是一條嶄新的路，這條路，不是一般尋常的路，這路遍布荊棘，只要稍不小心，就會掉入萬丈深淵。但前有列強磨刀霍霍，後有百姓民不聊生，走回頭的路只會自取滅亡，中國只有革命才有出路！我常常提醒年輕小輩對自己的決定要堅定不移，正如逸仙兄所說的：心信可行，則雖有移山填海之難，亦終有成功之日。相信無論前路是刀山火海，還是萬丈深淵，只要有信念，不管路有多難走，終會到盡頭。

誠如吾妻所知，我最早接觸革命是在東京留學之時。看著大學圖書館裡一本本西方著作，不約而同提到要開放思想，我愈看就愈明白為何我泱泱中華，四萬萬兒女一敗再敗，實非我軍力不濟，更非我華夏子孫無同仇敵愾之心，而是因我等體制太落後，我朝廷太腐敗，貪污舞弊，官官相護，思想迂腐，不合天下時務，雖有一幫有識之士變法開強，曾幾何時，我曾相信這條路能給吾等新希望，但想想維新黨禍禍可等人之下場，就知道改弦，這條中國自戰國以來的強國之路，已是末路了，

中國只有革命這條不尋常之路，這條在傳統眼裡的大逆不道，才是正道。說它不尋常，是因中國自古以來都是皇權大權在握，天子是主宰，就算變法也無法撼動皇權。但是革命不同以往變法，我等要推翻封建制度，開創一個美好的，由百姓當家的民主國度，這是一個新世界！百姓可以為國家未來提出自己獨到大膽的見解，而無需害怕以言入罪，耕者有其地，商者有其市，大家安居樂業，每想到這裡，我覺得我等的奮鬥是有意義、有價值的，前方雖滿佈荊棘，甚或根本看不見路，但所有路，不就是人走出來的嗎？畏首畏尾，只敢在原路上沿襲，又如何能寸進？只有大膽創新，勇於嘗試，新世界的大門才會為你敞開。

法國三百萬人尚且出了個羅伯斯比爾，我中華四萬萬人又何愁沒有敢大膽創新的人？我或本可與羅伯斯比爾相較，但我革命黨人個個有創新精神，創新意識，更有付諸實踐的勇氣及決心。

好了，回歸眼前。宗漢，我即將奔赴戰場。四川保路風潮引起清廷關注，下令湖北新軍入四川鎮壓，湖北防務空虛，黨友一致認為機不可失，我等將於10月16日同時對湘鄂兩省發難。此次機會千載難逢，我必要親赴戰場！真已將生死置之度外，如革命成功，俾倖活下來，則可與君共司迎接新世界；若革命失敗，我不幸捐軀，務必請吾妻將兒女養育成人，教之知書識字，曉之以民族大義，將來繼承我的遺志，在新世界的道路上繼續披荊斬棘，為中國未來鞠躬盡瘁，死而後已，那麼我在九泉之下，也會志足意滿的。

宗漢愛妻，在我自付必死之際，得妳營救在介；又在我內外未能兼顧之際，復得妳委身於後，更不怕受我牽累，每念及此，即謝上天待我不薄！然而我也深自愧疚，我未能侍奉高堂，照顧妻小，特別愧對愛妻，想來自新婚以後你我見面不過數日，我根本沒有盡到一家之主的責任，唯感激吾妻克盡婦道，令我無後顧之憂，可以專心投入革命事業，真不勝銘感！此行如其不幸而言中，望妻能代我督母盡孝。最後如能改到我的遺體，請將我歸葬家鄉。我一生漂泊在外，生前不能目睹新世界之芳容，則望死後可落葉歸根。

妳我雖不能常相左右，然而，在開創新世界的路上有妳和隨，夫復何求！隨書附上手紙一張，吾妻可攜之遊說父老鄉親，所得資金可交由同盟會駐長沙分部。

夫  
黃興拜上  
宣統三年十月三日於南洋客輪



牙牙學語的時候，會因為要離開母親的懷抱去幼稚園而嚎啕大哭；再大點的時候，會因為失去心愛的玩偶而悶悶不樂；不論甚麼時候，失去任何東西都會令人難受，從來都是一件不幸的事。

隨著年紀的增長，我面對的失去越來越多，越來越重大的失去漸漸將我擊倒。但家人一本正經的話語總在我腦海裡縈繞：要多遇到挫折才會成長，所有挫折都是有益的。稚嫩的我一直對此半信半疑，是真的嗎？他們便會回怼：「你還小，你遇到時就知道了。」

春風揚起生機勃勃的萬物，悄悄地帶上春天一併離開；悶熱的空氣籠罩著萬物，被無情的秋風驅趕，灰落了點綴大地的樹葉。拍打著我懵懂的臉龐，帶著他的入骨——冬風肆虐地刮過我滄桑的雙眼，刺入我單薄的身軀，讓我發抖，叫我難受。也在那年秋冬，我經歷了最大的失去，我失去了自己。

從小到大，我在人際交往方面尚算順利。因為家庭緣故，我視朋友、學校和外界的一切為所有。然而，竟想不到地被信任的朋友唾棄，我失去了可以依賴的群體，我很怕，很悲痛，為這個不幸而陷入萬丈的深淵。我在反思自己，像朋友唾棄我，沒唾棄自己。看著窗外的落花緩緩落下，想著落紅化作春泥更護花，而我只是風中一文不值的殘次，無處可去。就這樣，因為失去了賴以生存的群體，我失去了自己，自暴自棄地度過一個秋冬。

總是莫名其妙落淚的我像這冬日不尋常的連綿細雨一樣讓家人吃驚。哥哥在知道事情後，只留下了那句話和孤單的我。母親知道後淡淡地問我沒事吧，最後也送給我那句話便放手了。挫折都是有益的？這麼不幸的事還能稱作是有益的？儘管我覺得很荒唐，但免得家人擔心以及想做到他們認為很無常的事——克服不幸的事並汲取當中的養份。我裝做一切安好，行屍走肉般過著「正常」的生活。

裝做一切正常又是多麼困難，頓時變得無所事事的小息，落寞的我唯有四處尋找一個容身之所，我選擇了去最安靜的地方——圖書館。一向不喜歡看書的我，裝做很想看書，迷茫的雙眸打量著琳琅滿目的書架，隨便抽出一本書名比較吸引的書，再抽出一本受歡迎書架上的書，像正常人一樣借書，拿著書靜靜地坐在角落看。沒看完的書默默地跟著我回家，又悄悄地伴隨著我上學。日復一日，不習慣閱讀古籍的我，一不小心便看著書發呆，走神，想起了那不愉快的傷疤，厚實的書便將我拉回來。因為閱讀速度慢，往往一本书沒有看完便機械化地還回去了。我並不知道自己為甚麼要看書，也不知道原來自己在書中找到了慰藉，更不知道自己「染」上了看書的習慣。



# 這次，我真的明白了

二望 鄭嘉賀

孤獨的我開始迷上了呂的氣息，也產生了對知識和資訊的渴求。除了看呂，也喜歡關注時事，喜歡聽歌，喜歡一個人思考。從前的我一個人的時候只想著如何打發時間，肯定不會意想到以後的我多麼享受一個人靜靜思考，沉澱人生的時間。我意識到我長大了。

冬天已經悄然逝去，我已經不會再懼怕冬天的再次到來，不懼怕無情的冬風，不懼怕處在世界的邊緣。不知道從甚麼時候開始，家人不再把那句具有份量的話擺在旁邊，可能那個道理已經刻在了我的腦海裡。

曾經的我不會意想到不幸的事會帶來益處，今日的我面對不幸的事，會先樂觀地相信不幸是好的存在，再去對抗。

不再是幼童之後，不會因為離開母親而感到不幸；變成青少年後，不會因為一個丟失的玩偶而感到不幸；或許變成大人之後，不會因為一段無緣的友誼而感到不幸。因為漸漸長大後，我們知道離開母親後的世界很精彩；不見了個玩偶可以買新的；無緣的友誼只是人生的過客。

沒有秋冬的肆虐，就不會有春夏的重生。幸與不幸或許是同時存在的，人生的歷練會讓我們看透這個道理，並以此為努力的信念。

所以說：「塞翁失馬，焉知非福？」



話說已經一年前的事情了，至今我還歷歷在目。在一年前的八月二十四日，那天正是我的生日。而在那一天，我第一次感動得流下了眼淚。

那一天，我早上起來了，打開窗戶，發現是一個陽光普照的早晨。可是，我頓時覺得奇怪，為何家裡那麼的安靜？家人想給我驚喜？我在家中走了一圈，才知道爸媽都在睡覺中，唯獨爺爺在廚房，而他正在哆哆嗦嗦地洗菜切菜。

我靜想了一會兒，覺得不可能。平時爺爺默不作聲，好吃懶做，怎會進入廚房？我觀察了一會兒，發現爺爺也不太正常。爺爺那時坐在廚房的小板凳上，滿頭大汗，我仔細地看，爺爺的白頭髮比以前多了很多，「老人斑」也增加了。眼袋的形狀滲透了出來，眼睛彷彿已沒有精神。皮膚也下墜了不少，我才醒覺到我根本從來沒有注意過爺爺。我現在才明白，爺爺是真的愛我的。我看到爺爺辛苦地彎下腰，像老了十歲般，但堅持煮飯幫我慶祝生日。我沒有說話，衝了上去抱著爺爺，同一時間，我也哭了出來。

當前三歲的我，已經很久沒有哭過了，上次哭時已經是我三歲的時候。我頓時只希望爺爺把他的年齡給我，幫他分擔一下。爺爺問我說：「孫兒，為甚麼哭了？」我回答道：「沒事。」爺爺又說道：「傻孩子別哭，我為你準備了一頓豐富的生日餐！」我微笑了一下，並且明白到，爺爺只是不懂去表達感情，並非一個沒有用的人。

我以前不懂去明白爺爺的苦衷，所以誤會了爺爺。我由現在開始會去了解爺爺，進入他的內心世界，與他重新學習相處。

## 豬和牛的啓示

二望 劉子鈞



有一天正下大雨的時候，一隻受人愛戴的水牛和一隻懶惰的豬走在一起。突然一道雷電劈中了牠們，原來是森山智猴安排了一道雷來令牠們交換身份，牠們都興高采烈地歡呼。雷雨停頓了，水牛和豬一起到森山智猴的家道謝。這時候森山智猴問了牠們一題問題，智猴說：「你們真的不會後悔？」牠們連想都不用想就異口同聲地說：「不會！」

到了第二天，變了水牛的豬就勤奮地工作，牠發現雖然牠現在的身份是水牛，但是牠的個性是沒有改變的，所以牠做每一件事都比平常吃力。當時牠依然認為沒有問題，到了運送貨件的時候，牠用盡九牛二虎之方才把主人吩咐的事情做好。當然牠的獎賞是一些稱許和愛戴，而牠完全沒想過這些只是虛榮，並沒有欣賞自己的優點，只是羨慕別人的長處。

相反變了豬的水牛，牠的第一日豬的生活，牠還很滿足。日子久了，牠終於認為以前的身份比現在的身份好更多，因為牠原來的工作勤力和艱苦，感到很充實，而且又刻苦耐勞，但是現在卻跟一件垃圾沒有分別。牠看見自己現在的失敗，便回想起以前的成功。牠的工作是多麼的勞苦，普通的動物根本沒可能負擔得到。水牛終於明白到自已就是自己，沒有人可以取替。牠看見現在的生活，覺得自己非常失敗，為何以前的生活不好好珍惜？

水牛與豬都非常後悔，所以牠們一起找森山智猴回復身份。森山智猴看見牠們有反省和後悔，就容牠們回復身份，牠們現在比以前更珍惜自己的生活和欣賞自己的優點。

在這個寓言故事，我學會了虛榮不是一樣必要的東西。無論別人怎樣看你，你只要做好自己並欣賞自己的優點，不要羨慕別人。做每一件事情的時候，三思而後行，不應一時衝動就滿足自己的慾望，這樣你一定能夠成為一個成功的人。

## 豬和牛的啓示

二望 馬德意



一隻小豬一直很羨慕水牛常常能得人稱許和愛戴，而水牛卻希望做一隻豬而不用工作終日吃喝，於是牠們展開了辯論，並求森山智猴施法術，讓牠們交換身份。森山智猴一施法術，果真讓牠們交換身份。小豬看看鏡子，興奮地大叫並邊跑邊說著：「我要去得到人的稱許和愛戴了。」而水牛也知道自已換了身份，牠不約而同地跑了去豬欄裡。

小豬去到了田裡，人們叫牠去耕田，一開始牠很高興，但做了兩分鐘就懶得不想做並在休息。主人看見就罵牠笨，又讓牠出去反思。小豬明白到水牛能得人稱許和愛戴是因為牠在過程中有付出。接著，小豬跑去找森山智猴。

水牛去到了豬欄，就睡在地上並定時吃飯。但隨著日子的長久，水牛知道了這會使人變懶，而且水牛因為每天都在吃喝玩樂，而開始覺得做豬的生活很無聊，毫不充實。水牛開始想念過去主人的歡笑和讚許，而且開始討厭現在這種生活，所以水牛紛紛地跑去找森山智猴。

當牠們找到森山智猴後，紛紛表示反省，並希望換回身體。智猴點了點頭讓牠們換身體後，牠們都感覺比從前充實。

這個故事帶給我們要珍惜眼前生活，不要盲目地羨慕他人。因為每個人或是動物都有自己的責任、特長、靈性，而不應只因羨慕而不珍惜自己的生活。

## 豬和牛的啓示

二望 伍恩儀



從前，有一隻小豬，牠常常認為自己長得又醜又肥，終日只能吃喝又不能出去活動，只能在農場裡與其他小豬一起，每天都只能在這麼小的空間活動。不過小豬自小就能活動，只是一被農夫發現，就被拖回去。可憐的牠，往農田裡看，看見水牛被人稱許和愛戴。

農田裡，有一隻水牛，牠很強壯，用眼睛去看，分分鐘比人類還要強壯。水牛每天都很繁忙，終日往農田裡跑，從早上跑到晚上，沒有一刻能休息。所以水牛很希望做小豬，不用工作，只管吃喝玩樂。

於是，牠們到森山去找森山智猴施法術，將牠們互調身份。經過施法，互調身份成功，肥胖的小豬成功變成受贊賞而強壯的水牛；辛勞的水牛成功變成只會吃喝的小豬。變成對方後，牠們興高采烈地回農田和農場裡。

然後，牠們各自做對方的工作，水牛每天不知道吃了多少頓，到牠吃不下的時候也要繼續吃，水牛說：「原來小豬的生活是這麼痛苦的，而我卻羨慕牠，我很懷念以前工作的樂趣。」水牛心感後悔，而且小豬的工作不止於這麼丁點，終日要和其他同伴擠在一個擠逼的地方，一些私人或自由的空間也沒有，還要過幾星期才能洗掉身上的泥。

而小豬就在調了身份的第一天開始工作，做了不夠三十分鐘，正當牠想休息時，卻被農夫拉回農田裡繼續工作，小豬便說道：「我……我非常後悔呀！雖然可以活動，有自由空間，但是這樣工作，彷彿就像生活在監獄裡的階下囚一樣，整天只管工作，吃飯的時間也不足夠，唉……我在水牛的身軀裡，只得一些無用的肌肉，我很想念以前的肥肉和無憂無慮的生活啊！」此時，小豬和水牛有著同一想法，就是想變回原來的自己，便找森山智猴施法，但一切已太遲了。

這個故事帶給我的道理是自己有自己的好，別人有別人的好，不要為一時的妒忌，羨慕而去改變自己，做每一樣事，都要堅持，不然最後只會後悔莫及。

## 豬和牛的啓示

二望 黃鏗川



一隻小豬一直很羨慕水牛常常能得人稱許和愛戴，而水牛卻希望做一隻豬而不用工作終日吃喝，於是牠們展開了辯論，並求森山智猴施法術，讓牠們交換身份。

森山智猴向牠們施法術，天忽然打雷閃電，森林發出光芒，光得快要刺破眼睛。施完法術，智猴跟牠們說：「不要感到後悔然後來找我，我不會再向你們施第二次法術的。」小豬和水牛聽到後，很快回答：「知道！」然後便興高采烈地走了。

交換身份後的頭三天，牠們倆個都很快樂。小豬變成水牛後，牠總是得到別人的稱許和愛戴，常常被人們稱讚說是一個好幫手。水牛變成小豬後，則每天吃喝玩樂，不需要工作，十分休閒。水牛從未試過這樣休閒，可以休息。小豬也從未試過這樣被人稱讚，令牠們更喜歡現在的身份。

但過了不久，事情卻不這樣順利了。變了水牛的小豬開始感到疲倦，牠嘆氣了一聲，道：「唉，雖然常常被人稱許，但是每天都要工作，不能像以前過的生活一樣，每天只吃喝玩樂，現在我只有很少時間休息和睡覺……」牠心想：「再這樣下去，我快要累死了，真的很想變回以前一樣，過些休閒、輕鬆的生活啊！至於變了水牛的水牛也開始感到厭倦，牠的眼睛含著淚水，道：「雖然能終日吃喝，但是我不再像以前一樣常常被稱讚，反而人們因為覺得我不清潔而不想接近我。」牠心想：「再這樣下去，我快要悶死了，真的很想變回以前一樣，現在我好像沒有生存的价值和意義。」

到最後牠們雙方也感到後悔莫及，牠們想變回以前一樣，但已經太遲了。

這個故事教訓我們，每個人都有不同的崗位，也有不同的價值。不應對厭或厭倦自己的崗位，應盡忠職守，做好自己本份。並要珍惜現在所擁有的，決定一件事或做事前要三思而後行，不要到失去了才後悔，到時候已經是後悔莫及了。



## 永遠別害怕英文

三信 黃榕增



烏雲漸漸從天空中消散，一縷陽光照應在面前的樹上，微風輕輕地吹過樹梢，樹葉發出悅耳的聲音，彷彿在為我戰勝困難而感到開心。

早晨，天空中烏雲密布，「叮叮叮……」上課的聲音響起了。我急忙看了看課程表，是英語課，急忙從書包中拿出了英語課本和筆記簿。剛拿出來，老師就走了進來，說了一聲：「上課！」……

上課到了一半，老師突然說：「來！同學們，我接下來要選幾個同學和我進行英語對話。」我一聽到，心裡就默念：「千萬不要叫我，千萬不要叫我！」老師連續叫了幾個人後說：「接下來叫最後一個人。」這讓我放鬆下來的心又不安了起來。老師說出了名字，是我！我緊張地站了起來，隨後老師和我進行了對話，我完全聽不懂意思，也不知道怎麼回答。就這樣，十分尷尬的站了一分鐘，老師十分失望的叫我坐下，接下來的課我也沒有再聽，心裡不斷問著自己：為甚麼，為甚麼自己不會啊！

天空中漸漸下起了小雨，空氣也隨之充滿了一種壓抑的感覺。我不斷的看著英語課本發呆了。突然，耳邊傳來了一聲：「沒事吧你，怎麼了？」我轉過頭去看，是同桌啊！同桌看見我甚麼都不說就說道：「別為英文傷心了，嗯，這樣我幫你吧。」我望著同桌堅定的眼神不禁點了點頭。就這樣，我同桌一句句的說，我一句句的跟。時間一下子就過去了。最後同桌說：「我們現在來對話，自信點啊！」就這樣，我每次都慢慢答同桌的問題。當問題都問完時，我同桌開心的看著我說：「成功了，你成功了。」我也開心的看著她。

原來，任何事情都不是絕對的，只要你用心，努力的去做，就一定可以改變。

## 永遠別害怕新的對手

三勤 吳銘軒



「洗澡後記得戴矯形架！」

「恩，知道了。」

我從小學開始就有高低肩的現象，只是我不願意去面對，覺得沒有事值得我去處理，結果在小學五年級的學生健康檢查中，證實我得了脊柱側彎。當時醫生說：「這個病其實很常見，大部份患者都不用治療，只要定期照「X光」和檢查就可以了。」於是我的父母每半年就帶我去檢查一次。

在前一年的檢查中，醫院外冷得像在冰天雪地上，太陽伯伯也沒有露出身影。醫院的骨科部門也特別少人，所以特別快就輪到我。「吳銘軒，吳銘軒，請進入十九號房。」這時我奇怪起來，我平時只醫生不都是在十三號房嗎？當我打開房門時，湧出一陣又一陣的寒意，就像一個冰箱一樣，冰箱裡坐著兩個面帶微笑的醫生。醫生、母親和我坐下後就開著了顯示「X光片」的機器，「X光片」上顯示著各種專業的符號和數字，見到這樣的我覺得不妙，此時醫生便開口說：「這次檢查發現你的病情有惡化的跡像，到了一個要戴矯形架的地步了……」當時的我彷彿陷入人生谷底，甚麼也聽不入耳，媽媽看到我呆滯的樣子，就趕快安慰我，我也很快回復過來。接下來的幾天，我都一直去醫院調較和試戴矯形架。

「以後你要每天戴二十小時以上才有用喔！加油！」正式用矯形架的時候，醫生對我說了這番說話，正正打響我的腦袋，要如何在上學的時候戴矯形架？結果不出我所料，真的要在上學時戴這「玩意兒」。

當我第一次戴著矯形架上學時，一開始我就用外套來掩飾矯形架，可是因為太熱了，在午餐的時候我解開了外套，結果馬上就被發現。我只好把事情一五一十說出來，奇怪的是我原本以為「損友」們會取笑我，結果他們不但沒有這樣做，還安慰我和鼓勵我，令我有點感動。

說起來我應該感謝這個「對手」，令到我明白身體健康的可貴，也明白了家人的珍貴，最重要是明白到朋友的重要性。謝謝你，和我奮鬥了五年的「好對手」！

## 回覆諸葛亮的一封信

四信 李凱瑩



尊敬的諸葛亮老師：

老師好。

在讀完你的《出師表》之後，朕的心情久久不能平復。說實話，朕本是消怒的，你居然干涉朕的行為，批評朕的做法，但當朕沉下心來細心消化你的建議時，不禁發覺先生不愧是先父的智囊。是的，你的建議不但中肯而且一針見血，你警醒朕局勢緊張，的確不是玩樂的時候，朕對自己仍掛念玩樂感到羞愧。更感羞的是朕竟然忽視先生北伐的建議，差點失去一個興復漢室的好機會，幸好先生反覆提及，朕定將這北伐的重任交託給你，相信在先生的帶領下，北伐定會成功，期待你凱旋歸來。

朕自知資質平庸，沒有甚麼天分去領導蜀國，但先生勸朕不要「妄自菲薄」，朕深受鼓舞。朕作為一國之君，若自己都缺乏自信，又怎麼讓國家富強呢？又怎麼讓九泉之下的父皇了卻遺願呢？朕決定重拾信心，虛心接納群臣的進諫之餘，還會認真思考，自謀決策，做一個真正的賢君。

但要作一位賢君，朕還欠一雙慧眼，去分清誰是可信之人，誰是奸佞之人。先生說得好，親賢遠佞確是國家興亡的關鍵，可惜過去的朕是多麼愚昧，被表象蒙閉了雙眼，整日與宦官廝混，不懂得聽取建議、任用人才。朕將會痛改前非，任用先生提及的賢臣，例如郭攸之、費禕、董允及向寵將軍。

朕知道朕還有許多要改善的地方，朕會謹遵先生的建議，廣開自己的言路，統一法律，不會偏私，也不會玩物喪志。朕定當銘記先帝遺訓，興復漢室，還於舊都。

願先生北伐一凱風順，旗開得勝。

蜀國君主  
劉禪

## 禮物的意義

五信 王又一



今早我收到一份本以為沒用的禮物，到晚上聽完他的一席話，我才明白禮物背後的深意。

今天是我的十八歲生日，爸爸往年都會提前將禮物放在桌子上。我在這個天氣格外好的清晨起床，第一件事便是奔向客廳。

「十八歲可是個重要的階段，爸爸送我的肯定會是十分有用的。」

我這麼心想著，拆開了桌上精美的盒子。

映入眼簾的是一個再起眼不遜的不倒翁，只不過這個不倒翁有些特別，它被放置在一條軌道上，用手輕輕推它，它便能連滾帶爬地到達軌道盡頭，然後發出「咚」的一聲，靜止不動。

「甚麼嘛……送我個玩具能有甚麼用，又不是三歲小孩。」

我本來對於禮物的熱烈期望在聽見那聲「咚」後如同被冷水淋下般澆滅，我略微有些氣憤地將它隨手放到一邊。

接下來的一整天我都面帶幽怨地盯著爸爸，期待他會再拿出一份大禮，比如新型手機，又比如一條精美的項鍊。然而，爸爸只是面色如常地和我一起慶祝了生日，像是知道我會有此反應一般，沉默不語。

吃過晚飯後，我在又一次迫切的目光被他所無視後，氣呼呼地把房門一摔，生起了悶氣。過了半響，爸爸敲了敲我的房門：

「我可以進來嗎？」

「不可以！」我扯著嗓子發脾氣。

爸爸自顧自地推門進來，我對上了他無奈的笑容，覺得越發委屈。

「我本來以為你能自己明白這禮物的含意，看來我還是高估你了。」

爸爸開玩笑的語氣使我火冒三丈，高估我？甚麼意思？這玩具難道還能賣錢不成？他走到桌前，將不倒翁推倒，而不倒翁卻自己站了起來，往前挪了幾厘米。

# 事輟者無功，耕怠者無獲

五望 顏榕慧

「你看這個不倒翁，雖然被我這個外力因素給推倒，但是仍然站了起來，還離終點更近了一步。我希望你也能和它一樣，就算被外力阻礙，或是遇到挫折，也能不服輸地原地爬起來，向成功邁進。」

我的眼睛隨著「咚」的一聲響起而猛地瞪大，這份禮物背後的深意令我一時難以消化。

是啊，我常常因為遭遇些許挫折，便放棄全盤計劃，回望多年學業，更是深有體會。如今我也成年，即將踏入社會，這個道理更是需要實踐。如同這個不倒翁一遍遍從這軌道裡爬起前進一樣，在人生的軌道裡，如果想達到成功的彼岸，必然不能服輸，要原地爬起，並吸取教訓繼續前行。如果一被推倒便爬不起來的話，是永遠不能抵達終點的。

如今社會上年輕人大多軟弱，高中生因無法接受結果而絕望地結束自己生命的個案也有不少。其實失敗又如何？跌倒又如何？不代表前進的路就此封閉。比之生命的逝去，人們因為半路上一時失敗而放棄接下來通往成功的軌道更令我感到惋惜。

這份禮物背後的深意使我明白到不能因挫折而放棄前進這個道理。當你跌倒，失敗的時候，請你試著站起來，繼續在這屬於你的軌道上往前走。說不定，很快你就會聽到「咚」的一聲。



面對這次困難，我一度想半途而廢，但今天發生的事情，讓我選擇了堅持到底，明白到「事輟者無功，耕怠者無獲」的道理。

記得在上個暑假，天氣炎熱的一天，媽媽帶我去又一城的溜冰場，想溜個痛快。但對於我而言，則是一場痛苦的經歷。

我從未嘗試過溜冰，當拿到溜冰鞋，穿上後，便扶著椅子想站起來。我鬆開雙手，「噢通！」整個人的重心往下墜，一下子摔倒在冰冷的地上了。媽媽看著摔倒的我，連忙把我扶起來，並說：「沒事吧！第一次學溜冰就這樣了，你首先學著站著，再嘗試踏步在冰上走，最後才溜起來。」

我知道，很多人都看到一個「四肢發達」、總是摔來摔去的女生，那人就是我！

在往後的四個月，我都以學溜冰為主，我就是有點不甘心，希望我能像正常般溜著。但面對屢次的失敗，慢慢開始力不從心，就連小孩也開始笑話我：「哈哈！這個姐姐像個大笨熊似的，跌來跌去，真可笑。我覺得臉好像沸水般發燙，心裡覺得很丟臉。」

直到昨天的練習，我覺得快崩潰了，我拖著紅腫得似蕃茄的膝蓋，一步拖著一步的溜著，我溜的時間比之前長了些，就高興得以為自己成功了。一不留神，腳一歪，我又跌倒了，膝蓋破損了，滲出血來。我脫了鞋，踏著寒冷的冰面，邊哭邊說：「不溜了，我再也不溜了！」

今天是週末，小姨帶著剛滿一歲的表弟到我家，媽媽熱情地忙於招待小姨，而我也百無聊賴地逗著表弟玩。

「你今天不是去溜冰嗎？」媽媽泡著茶，在廚房大聲喚我，我冷淡回應：「不去了，反正一直摔著也沒意思。」

「不是吧？才學多久你便想放棄，我家星星可不興像姐姐般做事半途而廢啊！」小姨睨了我一眼，故意說。說完便走去把星星抱著，然後慢慢把他的腳放到地面，緩緩鬆開手，星星便站著了。

# 記一次生病的經歷和感受

一望 陳詩慧

我有著星星蹣跚地走著，一步又一步，卻還是跌在地面。我想去扶他，但小姨把我攔住，讓我繼續看著。只見星星用雙手撐著地面，慢慢地又站起來繼續走著，但是走的過程中摔了一次又一次，終於走到我家其中一面牆上。

我知道這只是嬰兒學走路的必經階段，但卻觸動了我的內心深處：「就只為走到另一面牆上，忍著痛苦屢次跌倒，值得嗎？」

小姨笑笑說：「對於成年人，或年青人，想走來走去當然容易多了，但你別忘了我們每個人都不是從蹣跚走路的嬰兒中走過來嗎？難道曾經學會走路的你，沒有領略成功的滋味嗎？」

「為甚麼要學走路？就是為了方便行動。那如何學會走路？靠的不就是一顆持之以恆的心而已。在未來的人生中也有許多的挫折，我們在人生上要跌碰千千百百次，而人也不可能因為生命中的小挫折而停滯不前，固步自封吧。難道你只因為別人的嘲笑，屢次跌倒的，點挫折就放棄溜冰嗎？那你將來如何面對迂迴曲折的人生道路？」

我聽著小姨的教誨，心裡有些激動，也帶些愧疚。沒錯，我太容易放棄了，就為了自己那點小傷，那此無關痛癢的嘲笑，我就把目標放棄，那我以後碰到許多的事還能好好堅持下去嗎？

我懂了，微笑跟小姨道謝，轉身走進房間，拿著背包打算出去。「你去哪兒？」媽媽從廚房探頭問道。

我微笑回應：「去迎接成功！」

人生是一場冒險，路上或許滿途荊棘，我們會被摔倒，被破損，被剝掉志氣，然而我們決不能輕言放棄，以致我們不能走到終點。

現在，我立下誓言：我不會放棄，我要咬緊牙關，走到終點，走到最高處，眼底盡覽最美好的風景。



冰心說過：「世界上若沒有女人，這世界至少要少去十分之五的真，十分之六的善，十分之七的美。」是的，這世界就是因為有了女人，有了母親，有了母愛，才如此亮麗燦爛，多姿多彩。

不久前，我因為吃錯了東西而上吐下瀉，胃裡傳來的絞痛讓我一夜難眠，吃東西也成了困難。剛開始，喝一口水都成問題，但我越是嘗試，嘔的時間就越慢。慢慢地，我一口一口地喝下一碗粥，就在我洋洋得意時，胃開始劇烈地疼痛。隨後，我感覺有一股力量在將我胃裡的東西擠出來，像有個惡魔在霸佔著我的胃，在我的胃裡搗亂。

厭了整整一天，無論吃甚麼養胃的東西都不見效，媽媽只好帶我去看醫生，從昨晚零晨二時，媽媽就著急地在廚房走來走去，無論她做甚麼，我吃了還是會吐。到醫院後，媽媽急忙找醫生給我看病，想讓我快點好，不再那麼難受。我坐在那張冰冷的椅子上，等待著護士給我打針，時間一分一秒地過去，我感覺眼前越來越模糊，直到我快要閉上眼的那一刻，才有一個護士來給我扎針。雖然她手法很熟練，但仍看不見我的血管，她嘗試各種方法，但都沒效果。在我手上扎了七針後，她放棄了，她急忙去找一個比較老練的護士，看上去已有四十歲的樣子，她抓起我的手，左右擺弄，找到一個比較危險的地方扎了下去，並拿了一些東西為我固定。

在看見針扎進我血管的那一刻，媽媽終於鬆了一口氣，握著那位女護士的手不斷道謝。

想起以前媽媽生病的時候，她都沒像現在那麼著急，只是吃點藥便躺下去休息。這時，我才明白，母愛是偉大的，是細心的，每位母親都能細心地照顧子女，而自己生病時也不會那麼緊張。

「慈母手中線，遊子身上衣，臨行密密縫，意恐遲遲歸。誰知寸草心？報得三春暉。」母愛就是這樣默默透露著，永遠都給予兒女最真誠的愛。



## 記一次生病的經歷和感受

一望 禰思欣



「哥哥，謝謝你。」

那天晚上，有客人到家拜訪。可是在客人到訪前，我在外面玩得太興奮，受涼了。

回到家後，開始整理房間，完成功課。到了晚上六時多，我終於撐不住，倒下來睡著了。新間，我頭痛不已，感覺就像是被打樁機敲打般。七時到了，客人到了，我還是在床上欲睡不能睡、渾身無力，頭部照受「打擊」。爸爸叩我房門，喚我已來吃飯，掙扎地爬了起來，不過不夠一分鐘已經倒下來了。起初以為只是太累，才繼續睡。

可是，不久後，哥哥可能發覺不太對勁，走進了房間，摸了一摸我的額頭，再拿了一支體溫計量了一會兒，結果是我發燒了！我隱約看見哥哥拿著體溫計看著，嘆了一聲，微微搖頭。然後走了出去，一會兒，他拿著一杯溫水和一排退燒藥丸進來，跟我吃了一顆藥丸，喝了杯溫水後，可能還太擔心，所以還從冰箱拿出了冰塊，用毛巾包著，敷在我的額頭上，但其實那時我只是發「低燒」，並不太嚴重。他走來走去，看看冰塊溶化了沒有，是不是該要換了的無微不至，那時我還想他應該適合當醫生。整晚不斷留意著我的狀況。翌日早上，他還再次用體溫計量了一下，我剛好在發燒的最低溫度，所以我擁有了一天的病假，但哥哥卻有著一天疲累的上學天。

「哥哥，平日冷酷的你，平日責罵我的你，平日嚴道的你，有著一顆溫柔的心，只是沒有表現出來。可是藉著我的病，我看見了你的溫柔體貼。」

## 老去的長輩與我

二望 莊梓廉



她靜靜的關上了門，頭也不回，儘管我看見那一行白髮。

我哭了。

近來感覺媽媽越來越煩了，每次問過我的事都要重覆又重覆的問。

「吃了飯沒有？」「記得吃飯麼？」「要去吃飯麼？」

她可以在問過後的五分鐘再問，像永不厭倦的。我也從「剛才吃過了，吃了豬扒飯。」變成「吃了。」

這是我出於禮貌的原因，我不直接說她很煩。

不過，一次我在玩電腦遊戲，她不斷叫我去洗澡，那時已將近凌晨，我對她說玩過一場再去。她過半分鐘又多問一次，我沒理會她。又一分鐘，她又來了。我對她怒吼：「你已經說了三次，別再吵了！」

媽媽一臉不解和驚訝，「我又忘記了嗎……」媽媽壓著聲音說。

她靜靜的關上門，我像是明白了甚麼，放下電腦滑鼠，剎那間回想起媽媽的一行白髮。

她老去了。

## 老去的長輩與我

二望 周洁樺



長輩是要大家去尊重、扶持和幫助的，我們也可以與長輩多溝通和玩，從中互相也能感受到開心愉快。

那天，我突然想吃奶奶包的餃子。那餃子真讓我回味無窮，順便也想讓奶奶教會我怎做。我和奶奶一起來到市場上購買材料，奶奶問：「你想吃甚麼餡的？」我立刻回答：「韭菜的！」

回到家，把材料洗好，奶奶在使勁地搓面粉，她那汗一滴一滴流下，剎那間，我看奶奶的頭髮只剩幾根黑色的，其他都被銀白色所包围。我和奶奶一起搓，握著拳頭把全身力量都壓下去，不停地翻來翻去。弄好之後，奶奶把一大面粉搓成一條長長的像棍子一樣，用兩手抓住兩頭，把「棍子」甩了幾下，那板上的粉撲在我奶奶臉上。我們相互看著對方的臉，像帶了白色鬼面具，只看到奶奶眼角有幾層皺紋，笑起來臉蛋那骨都凸了出來。把「長棍」擰成一小個的面粉，再把粉團用手輕壓一下，奶奶就開始手把手地教我用棍子滾成面皮，奶奶用手捻著面粉，用棍子一邊壓著，手一邊轉。奶奶說：「怎樣？學會了嗎？」我勉強地點了一下頭，便開始嘗試。我滾出來的面皮像雞蛋的形狀，而奶奶的卻是圓圓的，奶奶偷偷笑了。奶奶教我包餃子了，把弄好的餡放在餃子皮上，用雙手把皮對折然後使勁壓下，只見奶奶的手皺皺的還帶上很多麵粉。我說：「我來包餃子，你來滾面皮吧！」奶奶笑著點了頭。我包了好幾個和奶奶包的作對比，我的是歪歪扁扁的，我也對我的餃子笑了。

我把包好的餃子放入水中煮，蓋上蓋子，在不遠處飄來淡淡的香味，我大聲說：「好香啊！我的餃子可以上碟咯！」我興高采烈地把餃子拿出來，在鍋中浮現扁扁歪歪的餃子，我忍不住用手拿了一個吃，不禁出去夾個給奶奶吃，臉上露出滿意的表情。奶奶說：「雖然形狀比較特別，味道還是不錯的。」一家人就一邊說笑，一邊享受餃子的味道。

跟奶奶學習做菜，自己也增加不少知識，從中也在享受快樂的時光呢。

## 老去的長輩與我

二望 李嘉樂



時間的流逝，歲月的增長，我一步步地長大。望著我此時的面貌才發現您的老去……

一如既往的每一天，我照舊地度過光陰，燃燒青春，我清汁飽滿地做著每一件事，開心歡樂享受著每一天。

有一次，我安穩地坐在廳上觀看電視，沒有做任何家務，我樂滋滋地忘懷著。而此時您，我的母親卻依舊辛勞地打理著家中的事務。您包辦了所有家務，為了不讓我受苦一直辛苦忍耐著。此時的您早已被時間磨損，您原本那美麗的容顏現今卻變得越來越憔悴，身子也越來越虛弱。

聞著一陣陣香味，我被誘導到廚房，望著你煮菜的樣子，我心裡被撼動了一下。看著您拖著疲倦的身子仍緊精神的神情，我擔心地說道：「您休息一下吧。」母親卻微笑著示意不用，看著她眼角的皺紋，心裡愈加難過。於是我懇請您讓我幫忙，這次您同意了。望著您急促忙碌的身影而我卻只能幫您端端菜，我低頭雙手握著沾著水的盆子，手中的涼意漸漸湧上我的心頭。慚愧、後悔化為寒氣一般很張地刺入我的心裡，心裡很痛苦難過。我沉默著並沒有向您說甚麼，因為我知道我無論說甚麼您都會依舊這樣，也因為我知道我唯一能做的就是學習。於是我微笑著對您道：「辛苦你了，我也要去學習了。」轉身走去，我忍著淚水走向房間。

母親，您是我的長輩，您飽受了歲月的摧殘，工作的勞累，但也沒有向我埋怨過一句，望著您漸漸老去的身影，我現在能做的是，陪伴。

## 不服輸的心最重要

二望 李少華



我正在目不轉睛的看著手機螢幕，一隻腳搭在桌子上面，旁邊傳來一句：「先讓一下，我來擦擦地板。」我不情願的挪動我的腿，抬起頭，看到的是奶奶那蓬鬆的頭髮夾著許多條白絲，歲月奪走她美好的容顏，蒼老的面容之間還有幾條深似海的皺紋。一縷寒氣襲來，像萬箭射在我的心一樣，心已涼了一半，她還在不停地擦地，儘管行動有些遲疑，但是我還是見到那不服老和熾熱的心。

我忍不住叫了一聲：「讓我來做吧！」她卻用手放在耳朵，說：「你說甚麼？」

我又大聲地高喊著：「讓我做吧！你去休息一下！」沒想到奶奶揮了揮手，沙啞地跟我說：「不用了，這點小事我這副老骨頭還是可以搞定的。」我的心顫動了一下，我被奶奶的堅毅所折服，於是我搶過奶奶手上的拖把，奶奶露出了欣慰的笑容，我也开心的笑了。

## 與外公一起走過的日子

三仁 關美琪



時間一眨眼就逝去了，其實我對他的印象有點模糊，因為我們只見過兩次，而且當時的我只有五、六歲。但外公對我的好，我現在還記得一清二楚。雖然見面的次數一隻手也數得清，但每一幕都歷歷在目。

八年前，我跟著家人一起坐高鐵回武漢，因為要回去跟外公外婆聚聚。外公有著一對粗粗的眉毛，單眼皮。我們所有人圍在一起談天說地。我還記得有一次外公握著我的手，我感受到外公手心的溫暖，他的手充滿了割傷的痕跡，說真的，小時候的我還不懂事，沒有關心外公過去的行動。

我緊緊的拖著外公，怕自己會走失。我和外公兩人向一間零食店出發，這是我第一次單獨和外公行走。很快就到了，那間零食店真有趣！不是零食散發出來的味道，而是有懷舊的裝修味道。我很喜歡這裡，開始品嚐故鄉的味道。外公當時一直問我要吃些甚麼，他還說想吃甚麼便買甚麼，我就毫不客氣地買了幾包糖和一條冰淇淋。我買完以後情不自禁地抱著外公，因為那時我個子不高，抱著外公時，我的臉對著外公的大肚臍，挨著外公的肚臍，真的很舒服。

太陽下山了，我們在冷清的街道走回去。本來旁邊的燈還未開，但當我們經過時巧合地那些燈也開了，外公打趣說那些燈是為我們而開的，那時年幼無知的我居然相信了。我們走到家了，還有兩天我就要離開。很快那天已經到來，我真的很不想離開外公，但因為要上學，所以只能回香港了。

幾個月後，媽媽告訴我外公因車禍去世了。當時的我心情真的很複雜，心裡就像放了鹽、糖、辣油一樣很奇怪，我不敢相信一個這麼善良的人會發生這樣的事。所以，如果擁有一個愛惜你的人真的要珍惜，千萬不要等到失去時才後悔當初沒有好好把握見面的機會。

## 與爸爸一起走過的日子

三仁 黃卓鋒



時光飛逝，看著他的臉，我不禁流下眼淚。我伸手拖著他冰冷的手，隨著他走最後一程……

小時候，爸爸常常拿著我最喜歡的甜筒來接我放學。他總是蹲下身子，笑著對著我說：「今天上學如何呀？」然而我每次都只搶走他手上的甜筒，一邊吃著一邊牽著他的手回家，每一次都非常期待他的到來。

到了我中學的時候，我慢慢長大，不再需要他多照顧，我們已經很少再碰面，我放學都不再等待爸爸的到來。回到家後，立即換衣服，就與朋友外出玩耍。我們已經很少談天，還記得有時候，他因為緊張我的學業成績而責罵我，我又忍不住與他吵架起來。

不知不覺，我已投身社會，時間過得很快，他已經不能再走動了。最近，他還中了風，天天都只是躺在病床，而我每天放工都去探望他。

日復日，年復年，醫生說他已經不能再活下去了。那天我走到病床，看著他的臉，抱著他的手，我流著淚問他：「今天過得好嗎？」隨著他走過最後一天。

## 我的家庭樂

三信 朱家寶



因為爸爸工作上的調動，我們一家人在內地待了一整個暑假，今天我們終於回到香港了！

回到家放好了行李，我和媽媽準備下樓買菜煮飯。一到樓下，我一舉手一投足都帶著輕快的節奏，心想到：「回到家的感覺真好啊！」為了慶祝搬回香港，媽媽做了一桌子好菜，整個客廳香氣瀰溢。吃了一口媽媽拿手的「紅椒魚頭」，辣得我牙根發麻，眼淚直流，爸媽看到我這副模樣都樂得仰頭大笑。

吃完饭後，我們一家照常下樓散步，我和弟弟唧唧喳喳說著笑話，爸媽寵溺地看著孩子氣的我們，時不時說兩句附和，很愜意很溫暖的樣子。

回到家後，我和弟弟都在為明天上課收拾書包。忽然我鼻子一癢，「啊嚏！」我揉了揉鼻子，好像有點感冒。媽媽連忙把旁邊的毛毯拿來幫我蓋著，說：「是不是著涼了？」

溫暖的語言，家人的呵護，這樣寧靜的港灣，春風和煦，波瀾不驚。正是在人生航程中必與我們並肩前進的，而這些小小幸福，都是自安定的國家帶給我們的，這裡就是我們的岸，我們夢魂縈繞的牽掛，我們的守護神。



## 我一次行孝的經歷

三望 吳忻珈



「孝」是甚麼？「孝」是童叟無欺時一次計蜜的舉動；「孝」是甚麼？「孝」是成人後不忘父母常回家看看的念叨；「孝」是甚麼？「孝」是成功後真心吐露；「孝」是甚麼？「孝」是父母年老時的悉心照料和呵護。我們會學習「孝」，做到「孝」，體會「孝」。

那年的夏天，凌晨五時半，我踉踉蹌蹌地走去洗手間，不經意地轉頭，看見母親已集來許久，坐在陽台外的木椅上，地板一座不染，飯桌也乾淨利落。她眺望遠方，原本水靈剔透的眼睛經過歲月的磨練已經佈滿血絲，修長的雙手經過家務活的操勞也多了老繭，她的心聲，傳進了樟樹的耳朵裡，撫了撫樹枝，隨風而去；她的心聲，藏進了百靈鳥的羽毛裡，拍了拍翅膀，隨風而逝；她的心聲，躲進了青草的懷抱裡，扭了扭身軀，隨風而散。我腦子裡萌生了一個奇怪的念頭：這一天，我要體驗母親的辛勞！我竟失去了睡意，一轉身就走進廚房，今天將會是與眾不同的一天。

母親聽完我的主意後，簡直哭笑不得，一臉嚴肅地說：「你們每天早上的早餐，可不是天上掉下來的餡餅。」與此同時，母親翻箱倒櫃地把食材放在瓷磚的桌子上，我是個應聘的新手廚師，小心翼翼地聽從老廚師的指揮，生怕一點小失誤毀了全家的早餐。終於，一頓看似簡單的早餐，其實也要經過長年累月的嘗試呢！當我用勺子打算坐下來歇一會兒時，母親已經換好一身樸素的套裝，笑盈盈地站在廚房門口，我嘆了一口氣，慌慌張張地拎起環保袋，緊隨其後。

來到久違的菜市場，讓我驚訝的是，那些年邁半百的叔叔阿姨依然能脫口而出把我的名字說出來，這是一件多麼暗自竊喜的事啊！但是，我愣眼巴睜地看向琳琅滿目的食材時，竟然有點不知所措……母親對每個家庭成員的口味瞭如指掌，我只好含含糊糊地說出食材的名字和份量，付完錢後毫不猶豫地逃離現場，生怕多待一秒！

回到家後，母親的勞苦工作依然不停歇，拖地、洗菜、淋花等，這些家務活平時都被我拒於千里之外，當我正式開始收拾時，卻搖身一變，變成了一個問題少女，接二連三地問廚房的母親問：拖把你放哪了？這堆衣服疊好了，但是是誰的呀？這盆水仙花不是應該修剪一下了嗎？面對焦頭爛額的我，母親只是從容地回答我的疑問，並沒有一絲慌亂和不安。

這一天，終於過去了。身心交瘁的我癱倒在床上，回想著今天所發生的一切，既真實，也充實。我無法設想，這些看似最基本的工作，需要多少時間才能變成習慣，也許答案就埋在父母眼角的細紋裡，看似卑微實則偉大。他們承受的苦與累是我們手上昂貴的禮物也無法彌補的，只有體會，才能感同身受，「孝」並不容易，但這個字正是父母盼望兒女對年老的自己，最好的報答。

## 塑膠花

三望 李秀程



「我回來了！」我打開門，一踏進去，餐桌的塑膠花就攝住了我的眼球，奶奶聽到響聲，從廚房走了出來。「你回來了！這是奶奶新買的塑膠花。」語音剛落，奶奶把剛蒸熟的餃子端在我面前。

伴隨著餃子的香味，奶奶帶我回憶過去，大約50年代中期，香港興起了塑膠花熱，家家戶戶甚至是辦公室都以擺上幾盆塑膠做的花朵、水果、草木為時髦。當時的「長江塑膠廠」一舉成為世界最大的塑膠花生產地方。

這時奶奶夾起餃子蘸了蘸醬油，繼續說塑膠花的高峰期是60年代末70年代中期。當時的廠家會外判生產膠花，例如貧苦大眾或在家裡的婦女，孩子放學回到家裡，亦會幫忙串塑膠花。一家人圍在一個圈，小孩子負責把簡單的零件組合，方法很簡單，把塑膠花的零件按照枝幹、綠葉、花瓣和花蕊的順序組合起來，這樣一朵花就完成了，而大人則負責用膠水固定起來。串塑膠花的價格以每打計算，一般一天可掙十幾二十塊。

塑膠花的優點有可塑性強，可以永久保存、維護簡便、價格低廉等。綠色環保的人造花原料主要有塑膠製品、絲綢製品、吹塑紙、纖維絲等，使成品不發霉、不腐爛、不滋生蚊蟲。塑膠花不需要人工進行培育，不必進行光合作用，可省去澆水、修剪等麻煩。

我把最後的一個餃子吞下，並感慨這一課使我加深了對長輩的認知——勤快、平實、知足。我看著桌面的塑膠花，腦海浮現當年奶奶一家人圍成一個圈串花。其實在追求短平快的今天，我們要擁有合作精神，相信未來，將會走得更平順。

## 我的盾牌

五信 廖康兒



「鈴鈴鈴！」在寒冬的清晨，下著微微的冬雨，讓人懶得起床，懶得睜眼，何況是起床，花了九牛二虎之力，總算鼓起勇氣從我的天堂裡爬出來，把腳踏在地上，冰冷的地面直讓我抖擻精神。

把門打開，我喊著：「好冷！好冷！」媽媽捧著一杯熱牛奶走過來，還不忘替吹一下，好讓我怕熱的小嘴不給燙傷，她遞了牛奶給我後，便繼續忙了。

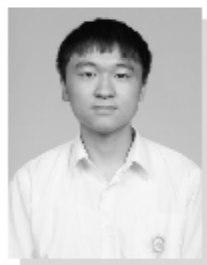
走到廁所，準備刷牙，心裡想著：「天哪！這麼冷的水呀！」父親一邊拿著早餐，一邊走過來，說著：「我開了熱水爐給你，有暖水呀！」他用手捋了一下他的老花眼鏡就走開了。

換好了外出衣服，我便打算出門跟朋友吃早餐。奶奶用著不能而快的速度走過來：「孫子呀！奶奶把圍巾織好了，快帶上！」我手硬得很，動作也慢了，我抬頭一看，我溫暖的家呀！是溫柔的笑容，種恆的關心。

門打開了，真的很冷，但是寒風未曾刺穿我外衣，因為家人的愛已成為我絕對武器，給我無窮的力量面對暴風暴雨。

## 老去的家

五信 蒲凌宇



每當我翻開那沉重的相簿，看到幼時的我騎著那四輪單車，身旁的父母小心翼翼地扶著我時，我都會思緒萬千，想走如今的家。

週末時，父母要求我們一家去騎單車，一開始覺得既無趣又費時，便想著快些騎完回來，就這樣一溜煙飛馳而去，不知過了多久，我回頭卻不見他們的身影，我停了下來，他們才緩緩出現在我的視野裡，越來越近，他們早已滿頭大汗，豆大的汗珠不停滴落著，不時喘著粗氣，和我說：「你先走吧，我們休息一下。」我心頭微微一顫，那幅照片浮現在我眼前，我堅定地說道：「不了，我等你們吧。」甜蜜的微笑出現於他們臉前。

我們的步伐，原來他們早已難以追及。

如今，我不再抗拒與他們一起，我開始享受每一時刻，他們在慢慢老去，我也漸漸長大。我們也不應悲傷，珍惜時光，與他們細味每一刻的歲月。

## 煙火的啟示

五信 蘇煒竣



煙花不由自主地被推上半空，長成了一株株絢爛奪目的火樹，我們一家在這像沙丁魚般排列著的人群中立著，享受著這場元旦盛會。

煙火驟變，人群離合，親情卻不變。

「媽，煙火真漂亮呢！」稚氣滿臉的弟弟一躍一跳的喊道。

「嗯……但那可不像花啊！」父親臉帶微笑的歎了口氣。

「老頭子，那是煙花，不是真的花啊！」母親用手輕輕敲了一下父親黑白相間的頭。

這就是我的家，平淡而不平庸的一個家。

「啪啦啪啦……」煙火的聲音逐漸變大。

母親的聲音漸漸因煙火聲而變小，直至只能看見她的嘴脣在動，如黑白默劇中的一幕，沉默的演員，一切動作緩緩地，慢慢落。

雖然聽不見母親的聲音，但我能從她手心中的熱，感受親情的暖。

親情，不需在甚憂患難中見證，卻能在平淡無奇的對話、表現、行為，甚至一個眼神中感受到那份真情真義的情。

煙花再次被不由自主的推上半空，使那漆黑的夜添了一份光輝，如親情在我心中鑲嵌著，暖我心脾，照亮我心。

## 那次，我被打了

五勤 陳煒傑



高大的個子，講話夾著台山腔，跟傳統的父親一樣，他總是嚴肅與沉默。印象中，父親臉上從來未出現過笑容。而我每一天看到父親，總是在上學出門經過父親房間的瞬間。每次學校的活動總是媽媽出席，我在想媽媽你可不可以休息一下，我想有一次運動會，二人三足的人是爸爸，這個卑微的願望到畢業也沒法實現。但是我從來沒有奢求，只想爸爸能讚美我一次，能摸著我的頭說我孩子。但，這讓我沒法想到事情是這麼曲折的才能換到一受讚美。

小時候，在他休假的時候，他會下廚，爸爸雖然瘦，卻拿得起那百斤大鑊，眼睛細小卻敏銳非常，連我這小子調皮偷吃也知道，鼻子小鼻孔卻比我大。但是，快樂的時光並不長久，迎來的卻是人生的轉捩點。

記憶中的父親很少打小孩，除了那一次，那一次也是我人生中唯一一次被爸爸揍。

王所謂：「近朱者赤，近墨者黑。」升中後，我迎來了人生的另一階段——反叛期。我與幾位同黨一次合謀到一間士多倫一些「閃卡」（這些閃卡流行於小時候，但小時候沒錢購買），結果，被老闆抓個正著，老闆認得我，因為老爸是這位的熟客，他給老爸打了一通電話。

一個頭上搭著毛巾，耳朵上放著一支筆，大汗淋漓的湧向我，我認出那是老爸。我從沒看過老爸這個樣子，我那時候可能腦袋的線路短路了，竟然頂著一個欠打臉，嘴角上揚，非常得意地說：「原來是認識的，偷張卡，有甚麼大不了？沒甚麼妨礙你們聚舊，我有事，先走。」說完轉頭想走，但有股力量拉著我，接下來的感覺是痛，我驚惶失措地看一下背後，原來是爸爸拿著老闆的扇子重重地打在我「八月十五」上，我來不及哭，第二下已經打在我身上，我記得被打的力度，身為受害者的老闆也像忘記立場似的，為我的「八月十五」護航，一直說：「沒甚麼大不了！」、「小孩還小！不懂對錯！」等嘗試令爸爸不再打我，然而卻徒勞無功。後來，爸爸送我回家，他亦趕回去工作。

以我父親的形象，犯這種錯，罵和打相當合理。這一次我哭了，他也哭了。那天晚上，他拿著進房間幫我擦藥的時候，我假裝睡覺，不敢起來，我知道父親不是想打我的。父親關了大廳的燈，回到自己的房間，我聽到很大的哭聲，我偷偷地探頭一看，發現哭的是爸爸，他抱著母親，背對著我，跟媽媽說：「你知道嗎？我每打他一下，我的心就痛一下，但我沒有辦法不下手，不讓他知道有多嚴重的後果，我怕他不記上心頭，長大後便……我也無法想象。」媽似乎看到了我，但處選擇沉默。

我回到房間，縮在一角，抱著雙腳，反省過錯，我在想為甚麼爸爸用雙手撐起整頭家，卻換來一個不肖子。我望著窗口，那些鐵做的欄杆，就像擋著我和爸爸的關係一樣，外面的風聲拍打著欄杆，像在提醒這逆子要做個男人似的。月亮透過窗口映射出我那犯錯的樣子，外頭鳥兒的聲音，猶如是父親剛剛語重心長的言語，而代表我的卻是那小狗的叫聲，要驅趕那聲音，但是反覆一想，我卻無恥地覺得被打是一種幸福，不被打，我也不知道爸爸的感受，不知道那臉出現的情緒除了平淡，還有悲傷，不知道除了媽媽還有一個這麼愛我的人，知道那滋味就不會再去試。

我收拾起思緒，進入爸爸的房間，每一步都是沉重的，和爸爸抱在一起，說：「對不起！我知道錯了！讓你傷心，對不起，對不起！我明天跟老師道歉，跟那些壞朋友斷絕關係。爸，對不起！」爸爸面帶微笑輕撫我頭說：「乖，你永遠是我兒子，爸原諒你了。」

有一種幸福叫「被打」，有一種愛是「疼」的。



人，有善惡之分；人性，也有美醜之分。每個人，幾乎都有內心中柔軟的一面，因此，我們都基本是介乎中間，不會過於極端。醜陋之事，是會受萬人矚目，即使只是一點，也會被放大數倍，見多了，便覺得世道險惡；但人性之美，不需要轟轟烈烈，它如黑暗中星火一點般，即使不起眼，卻也散發著光輝。

不知你對乞丐的印象怎樣？對我而言，乞丐在我心目中因受近年一些新聞的影響，我認為他們大部分都是騙子，見到他們便避而遠之，但是，在那個雨天後，我改變了。

那是個雨日的傍晚，因下著雨，街道上的人寥寥無幾。沒有帶傘的我躲到鄰近的一座天橋下避雨，而數米遠處，站著一個衣衫襤褸的乞丐，他低著頭，似乎沒有注意到我的存在。因內心對乞丐的一點抵觸，我後退了幾步，靠在橋壁上，祈禱著大雨快停。

突然，一聲大叫打破了雨中無人的寧靜，一個小孩似乎因著急跑到橋下躲雨而摔倒在雨中。就在這時，我余光瞄到乞丐匆忙地從地上抓起一件長條的東西向外跑去，我放眼望去，只見他拿的是一把傘。我內心中看到這一幕時是充滿了不屑的，心想：一個乞丐怎麼會有錢買傘？但下一刻所發生的事，讓擁有此想法的我羞愧不已。只見那乞丐撐著那把傘，撐在那小孩的上方。這時，我才注意到，那把傘根本稱不上是傘，只剩下幾根架子，上面的早已破爛得不成形了，但那乞丐毅然站在那，為孩子擋著那並沒有怎麼擋住的雨水。

雨滴順著他那凌亂的髮絲流下，滄桑的面孔上，露出了溫暖的神情，輕輕將孩子扶起，但孩子似乎因為恐懼，在爬起後立刻跑到天橋下。那乞丐，收起那把「傘」，垂著頭，慢慢地走回他原來的位置。這一次，我走向他，在他行乞的盒中，放了一點錢和一包紙巾，那是我對他的愧疚，他似乎沒料到我會做出這樣的舉動，佈滿血絲的眼中，我看到了一絲質樸和驚喜。

簡單的一個舉動，卻如此溫暖，試問又有幾人能做到？即使沒法完全遮住那大雨，但他依然想付出自己那微薄的一點力量。我們平日用著「放大鏡」看那些人的錯處，卻不願用它去剖析那一點善行背後的溫暖。每天指責著別人的陰惡與醜陋，卻不將心比心，察覺自身的缺點。

人性的光輝在於它的善，它所給予別人的溫暖。雨中那個乞丐，正是那孩子跌進黑暗時的那一點星火，它不是特別明亮，但它總會點燃成為大火，溫暖而璀璨。那一刻，乞丐的身上似乎真的散發著一種明亮，它並不是萬丈光芒，卻是溫暖的光輝。



## 創新從勇氣中來

五信 朱可煊



《禮記》中提過：苟日新，日日新，又日新。世界上有不可勝數的人，而每人都有截然不同的思考能力。對於創新，人們的定義大相逕庭。但，我認為，創新要從勇氣中來！

對於創新者，勇氣是一種甚麼樣的存在呢？

我認為是一種底下為萬丈深淵，而你卻需硬著頭皮走過上方的獨木橋，方可到達期待已久的花海這樣的存在。

創新者需擁有作品不被世人接納認可的勇氣；需擁有面臨被批判的勇氣；需擁有承受功虧一簣的勇氣。因此，創新從勇氣中來。

對於我來說，離開家鄉，千里迢迢來到人地生疏的香港求學，意味著我將放棄已根深蒂固的學習方式、形影不離的朋友、瞭如指掌的生活環境，來到語言不通、擁有文化差異的香港，這種創新，也是需要很大的勇氣。

一開始的我，與別人溝通時，猶如一個啞巴，雖然接收到訊息，卻無法作出回應，因為我對粵語有聽講障礙。這無疑令我產生了挫敗感，使我的勇氣如一隻泄了氣的氣球，由原來的膨大而漸漸被擠扁。

但幸好，我的同學們都很熱情，常常用蹩腳的國語與我進行交流，他們的真誠、用心打動了我，使我產生：「既然他們都為了我而改變，那我是否也該有所行動呢？」這樣的想法。

於是，我開始嘗試學習粵語，嘗試主動與別人交流，嘗試融入這生僻而又充滿人情味的班級，嘗試習慣這裡的學習方式、生活環境。而我這一切的創新，都是從勇氣中來。

從古至今，有許多的創新都從勇氣中來。

齊白石便是一個完美的詮釋。他年輕時取得了數不盡的成就，但他不甘只停留在原來的畫風。於是在六十歲之後嘗試對畫風進行創新改變，這毋庸置疑是個不小的挑戰，但他憑藉著勇氣，將自己的晚年作品公佈於世，不僅受到了人們的讚許，更因此形成獨特的流派與風格。因此，創新從勇氣中來。

而眾所皆知的李小龍以道家老子之哲學思想作為根基，並融合了世界各地的傳統武術，創立了一套嶄新的截拳道。這種創新所需的勇氣，令人難以設想。但，李小龍，他做到了，他成功了！因此，創新從勇氣中來！

創新，猶如一盤無味的白菜，而勇氣，則猶如調味料，只有創新加勇氣，才能成功為一道美味的佳餚！

因此，創新從勇氣中來！

## 談偶像

五勤 陳偉樂



現今社會，處處可見青少年對偶像的崇拜，在資訊發達的今天，我們可以從不同媒介接觸到偶像，如電視、電腦、電影等多不勝數，而且，在全球化的趨勢下，不限於本土的偶像，亦有日本、韓國、美國等不同國家的。近年來韓流席捲全球，廣受追捧，令萬千少男少女趨之若鶩，其文化侵略的速度令人咋舌。不單是歌手明星，還有演員、模特兒、網絡紅人等，範疇廣闊，可見偶像的普及性。

「偶像」原指在宗教上以各種材料雕塑而成、供人膜拜、信奉的神像，古今中外皆有，如中國道教的諸般神祇、舊約聖經以色列人背棄上帝而去拜外族偶像。人們崇拜偶像為了向神明表達仰慕之情，而歷史的演進令人們對群體的佼佼者亦興起另一種崇拜，即指對聖賢、偉人佳績懿行的推崇，進而學習仿效、自勉，如中國孔子被稱為「萬世師表」。因此，「偶像」亦有「典範」之意。

但今日社會結構變遷，在多元文化、多元價值的流轉下，「偶像」的定義更趨廣泛，指極寵愛或崇拜的人或物，不論是影視明星、運動員、政治人物，甚至卡通人物、小說主角，都可稱之為「偶像」，屬於一種盲目崇拜的對象。

在年輕人當中，「偶像」更是一種難以阻擋的趨勢、潮流。若以心理學來探討青少年為何追求「偶像」，因為青少年尚處於「尋找自我」的階段，他們對自己的問題很多：我是誰？我是怎樣的人？我所喜愛的人、事、物？他們在困惑不安中，情緒不穩定，起伏很大；他們也缺乏自信，易受外界影響，追偶像的心理正好反映其缺乏自信、無法獨立思考的狀態。他們盲從，花錢在偶像身上，如買專輯 CD、看演唱會，大多數不是貪慕虛榮的表現，而只是爭取朋輩的認同，融入彼此的世界，追趕上這潮流！

年輕人在追求偶像的過程中，難免令家長擔憂，憂心子女沉迷偶像，無心向學，從而引發親子衝突。家長不明白子女追星的目的，子女埋怨父母不理解自己，雙方的價值觀產生出入，加上子女正值叛逆期，喜歡與父母對著幹，一切行為與父母期望反道而行，加上父母愛子心切，語氣難免過重，苛責子女追星的行為，這更加劇兩代的撕裂、衝突。

平心而論，青少年追求偶像只想滿足個人的感情寄托，加上在媒體世代長大，自小耳濡目染，接觸的機會多了，自然較易喜愛偶像，以我自己為例，我在互聯網和 Youtube 接觸到韓國女團，展開我的追星生涯；而家長方面，亦不應以偏概全，子女喜歡偶像必有其原因，可能欣賞明星背後的努力、平易近人的性格，欣賞他們的人生態度等，社會上不能給他們，令他們自己尋找這種寄託卻被誤會？

我覺得大家要多聽取多方面的聲音，父母兒女彼此交流，了解彼此的想法，尊重與包容。父母不要因為刻板映像，而去否定年輕人的看法，年輕人也不要沉迷偶像，而做好自己的本份。這是一個雙贏局面。

## 我在學習之中找到快樂

五勤 吳心怡



有人在活動中找到快樂，有人在大自然之中找到快樂，有人在某個時刻、場景之中找到快樂，而我在學習之中找到快樂。

學習，是掌握知識的唯一途徑。人一出生便在不學無術，人從睜開眼睛的一刻便開始學習周邊的人、事、物。很多青少年都說「很想快點畢業，學習很無聊。」而我正與這個普遍大眾思想有所不同，我喜歡學習，學習令我感到快樂。

學習是人生不斷向前邁進的因素。在不斷學習中，我遇到了不同的困難，在數學，我遇到了不會解的方程式；在語文，我遇到了不明白的文言文；在英語，我遇到了不明白的英國文學。但是，在不明白之後，通過學習，我明白了當中的原理，同時也看到自己的不足之處，從而改進。在一次又一次的不明白、不斷中，我的知識也不斷向前邁進，也明白了在我面前的困難，需要我自己去不斷挑戰才能領悟學習。在這挑戰中，我不斷學習，不斷成長。

對於喜歡學習的我，閱讀也是必不可少的一部份。閱讀是學習的其中一個途徑，很多人由於對閱讀欠缺興趣便妄下斷言說讀書很沉悶。但是現在全球每年出版四十萬本書籍，在谷歌上有登記的書籍高達一億三千萬本。而人的一生究竟能閱讀多少本書籍呢？你能說這一億三千萬本書都很沉悶嗎？無人可知。而我卻從閱讀中學到了人生的酸甜苦辣，閱讀可以令我擴闊視野，從書中學習到前人的思想，偉人的價值觀。

學習是一種享受，它不但可以令你獲得源源不絕的知識，也可以令你從文字中感受到，不同年齡的人生感受。同時也是豐富你自己人生閱歷的一大原因。因此，我喜歡學習，在學習中，我找到快樂。

## 不走尋常路

六仁 金俊燁



每個人小時候，父母都會對我們說同一句話：「努力讀書，將來當老師、律師、醫生。」在這樣的家庭教育之下，一般人都認為做一些熱門的高收入行業才是尋常路。但隨著今時今日的社會發展，小時候聽到的那句話到了今天又是否適用呢？

環保業，工作內容不外乎廢料回收及循環再造，是近幾年才出現的行業。在較早的時間人們根本不會投身於這個行業，成本高、收入低，資人亦不願意投資，是不尋常的代表行業。今天，環境問題令世界各地都重視環保，加大投資環保基建，讓綠色產業成為一門新興的技術業。

這樣看來，尋常和不尋常正代表著守舊和創新。創新有著不可預見性和風險，無人知道當初缺乏新血的「不尋常」在今天卻有很大的需求和發展空間。只要敢於做自己認為正確和感興趣的事，好好把握機會，總有一天亦會有自己的世界。

遊戲是大多數男孩的娛樂，小時候，父母也會對我們說：「只顧遊戲不讀書，將來便一事無成。」但當時又有誰知道，一種名為「電競選手」的職業在今天亦已普及化。

將來的事情無人知曉，而在香港，人們就是不敢創新，在物質社會主義充斥下，人們只尋求「有錢途」的工作，錢似乎是一切的「潛規則」，在這樣的人生你滿意嗎？

現代社會科技先進進步，世界各地亦有不少冷門和新興行業，如：標本業、農藝等。為何我們卻要停留在「尋常」的思維當中？大眾認為沒發展空間的便越要去做，走出社會的「尋常」，建立自己的「不尋常」，走一條不尋常的路。

到了將來，我們做父母的又會否對下一代說：「要敢於嘗試和創新，這個世界是充滿可能性的。」在這樣的家庭教育之下，又會有多少的「不尋常」點亮這個世界呢？

## 當老規矩遇上奇跡

六仁 盧云峰



老規矩就是普眾而訂下來的，可以說是規則，也可以說是必然會發生的事，被人所肯定的時候就會變成世間所謂的「老規矩」。

在學校裡欠功課會被老師罰，這是老規矩；車子跑得比人快，這都是老規矩；以前人得了癌症就必定會死，這又是一個老規矩。它雖然能令人更加容易去理解分析，但同時也掠奪了我們所盼望的希望。

我也不再相信老規矩了，因為規矩是可以改變的，而我們有引發奇跡的能力。

當時我還小才剛進中學而已，醫學也沒有這麼昌明。在一次定期身體檢查中，發現我身上有一種遺傳性的癌細胞，它的成長也相當快，不斷地侵犯我的身體。我非常害怕，因為我的父親也是因該病而離世的。醫生也表明不要抱太高的期望，只是我們會盡力。從他這一句話可以看出，在這所醫院根本沒有成功的先例吧。得了癌症的人十不離九都是要死的，這也是所謂的「老規矩」吧。

對人生開始感到絕望的我，每天都要進行那些極難忍受的化療，嘗試這地獄般的痛苦後，我對生存有了疑問，我的生死都沒有選擇的權利了？從此更失去了活下去的動力。

由得知這種病開始盡是發生一些不愉快的事，不斷地打沉我的意志，擊潰我的希望。但想了想，也並非單單如此。在這段期間，我得到了別人的支持，相比起平常，絕對高出百倍，不單是父母親戚，還有學校的老師和同學，專程跑來醫院探望我，有的賞了些鮮花，有的唱歌給我聽，更有的與我哭訴。我十分感動，即使我離開了學校這麼久，他們也沒有忘記我。我決定重拾心情做好覺悟，再次面對這事實，我不再害怕「它」，因為我並不孤獨，我有百分之二百的信心去戰勝這所謂不可能的事。

那天起我意志更加堅定，忍受痛苦，每天都長時間地進行康復運動，我克服了辛苦，克服了消楚，更克服了自己的軟弱。若你有百個理由肯定我的死亡，現在我有千個理由否定你的規矩。

這段期間的努力使我身體變得強壯，加上我不怕辛苦地接受化療，奇跡終於發生了。是由我的努力引發出來的，它變回了良性腫瘤，而我的身體又適應了它的存在，所以它最多只能使我的身體變得較為虛弱，卻無礙我的正常生活。

現在我成功地離了它的支配，亦因這樣我不再相信甚麼老規矩了，我們都充滿了無限的可能性，在關鍵時候，它是束縛不了我們的，只要你努力堅持不放棄，奇跡必定會回應你的，並共你衝破這「老規矩」的界限。

## A beautiful street dog

3H Leung Tsz Yui, Hebe



My sister's birthday was last weekend. So we went to the shopping mall to buy ... clothes. But first we went to the toy store because my sister wanted a teddy bear. When we came out, we saw a skinny dog that was looking at us. We didn't pay much attention and walked on. We entered a fashion shop and walked around looking at the displays. When we were choosing the clothes, I saw the dog again! It was still looking at me so I said to my sister, "That skinny dog is following us!"

"It must like us!" my sister exclaimed. We left the shop after paying for the clothes and outside, the dog was waiting for us. We patted its head. It closed its eyes and wagged its tail. "Oh, it's very lovely!" my sister said. I agreed with her and said that it was cute. "Shall we take it home with us? It looks very pitiful."

"Yes, why not?" I replied. "I think Mum will not be upset with us."

We walked back home and the dog followed us. Though it looked excited, it did not walk fast. Then we realized that it was hurt. A walk that we usually take 10 minutes took us 15 minutes that day. All the time the dog was looking at us and wagging its tail.

When we got back home, our Mum was very surprised. "You brought a dog home?" She was not angry, just surprised. I explained all that happened to her.

"Mum, can it stay here with us?" my sister asked.

"Mmmm, this dog is pitiful," Mum said. My sister and I were so happy!

"Thank you, Mum," we said together.

"I mean pitiful because I can see this dog is hurt," she said with a straight voice. I told her we knew it was hurt because it walked quite slowly.

"I think you girls should take it to the SPCA because we can't do anything for its wound," Mom pointed to us the wound on the dog's body. "It needs the care of vets."

We understood. "OK, Mum," my sister and I answered.

This time we carried the dog on our hands and handed it to the vets at the SPCA. We felt a little sad but also happy that we could help. We left the SPCA with hope that our beautiful street dog would get well soon.

## Something better for free

3H Yang Yuen Yui, Hazel



My sister, Claire, and I went to the mall last weekend. It was a wonderful shopping experience, something that we will not forget.

We went to Forever 21, Zara and other boutiques to look for clothes to wear for our banquet on Monday. This meant we just had two days to find the right fancy dress. Unfortunately that Saturday, we weren't successful. We went back the following day ... and a miracle happened!

We left home at 9:30 a.m. and got to the mall by 10:30 a.m. At first, we entered shops that sold fancy dresses. But nothing caught our attention. We were both beginning to feel disappointed with our shopping trip because we had spent 4 hours yesterday and 2 today. We also started to worry about our banquet clothes.

Our shopping mood was decreasing fast. We were in low spirits that we didn't see a dog that was beside us. When finally we saw it, this small, skinny animal was looking at us. When we moved, it followed us. So I thought it was lost. We quickly turned one way and we didn't see it anymore. But after a while, it appeared again! I was shocked with its behaviour. "How come?" "Why?" These questions flashed through my mind. We decided to stop and look at this dog. It made eye contact with us and wagged its tail. At that moment, my heart started to melt. I couldn't help myself for here was an intelligent, cute puppy that was also a stray. My sister and I patted its head; it gave us its hands and rubbed itself against us.

My sister and I reached the same decision: take the dog home. Obviously, it was not the right one because we hadn't discussed it with our parents. But our hearts were stronger than our heads. Also we thought we could talk with parents when we got home.

"You brought a stray dog home! You must be out of your minds!" Mom screamed at us angrily.

Anyways, we let her calm down so that she would be able to make the right decision. After a while she came back to where we were. "OK girls, it can stay."

"Thank you, Mom," I said as I hugged her from the right. "Yes Mom, thank you," said my sister as she hugged her from the left. We were so glad. We fed the dog, played with it and hugged it. and very soon it became part of our family.

Even though my sister and I didn't get our fancy party dresses, we got something much better from the mall last weekend.

## Revenge is sweet

5k De Guzman Aaron Jared Z.



Ever since the third grade, Billy Manson has been bullying me and making fun of me all the way up until now, our senior year of high school. Billy didn't just make fun of me or call me names. No, no, no! That would be too easy for him since I was the skinniest and shortest kid in our year. Billy liked to smack my books out of my hand, shove me into lockers and take my glasses and hide them somewhere it would be almost impossible for me to find on my own. Billy really was the nastiest kid in my year and not only did he bully me but he picked on other kids too and one day I had had enough of his bullying.

I gathered all the kids that had ever been bullied by Billy to meet at the school gym, the week before prom. We had devised a brilliant plan to embarrass him in front of the entire school on the day of prom. We were going to get the home committee to announce that he had won home coming king and once he took centre stage we would pull rope that would drop a bucket of smelly fish and brown paint onto Billy's head in front of the whole school.

A day before prom we had gathered all the materials we needed for our revenge plot and it was all going to plan. A few hours before prom I ran into Billy in the school hall and once again he called me a name and pushed me into a locker and said, 'Have fun at prom, nerd' and I whispered under my breath, 'we'll see who's having fun tonight, Billy.' Then we both went our separate ways. After I got double checked if everything was in order and the plan was almost complete. All we needed to do was to be patient and wait for the opportunity to present itself.

As prom was coming to a close, it was time to announce the prom king and queen. The school went wild when Billy's name was called and as he walked proudly onto the stage my hands gripped tightly onto the rope which was tied to a big bucket of fish and brown paint that was right above where Billy was going to stand. As they placed the crown on his head and he took a big bow in front of everyone, I pulled as hard as I could on the rope and before I knew it Billy was drenched in a smelly fishy brown liquid from his head to his toes then everyone burst out into laughter and it was the best moment of my life. Let's just say Billy wouldn't ever bully me or anyone else again.

Revenge was sweet indeed.



## Celebrities: Their positive and negative impacts on youth

5K Tam Lorraine Sze Wing



Celebrities are the people standing on the red carpet wearing beautiful evening gowns and waving, with cameras flashing around them. The ones paparazzi trail, digging up every secret and publishing them in newspapers and magazines. Young people admire their fame and confidence, aspiring to become like them one day. All is fine, till they start losing their self-awareness and end up in trouble. That is when young people admire celebrities too much and cause harm to everyone around them.

There are people who say that celebrities are a good source of inspiration for young people. There are some teenagers who succeed and find themselves storming with their favourite celebrity; others even end up marrying them. All of these cases are positive, but when crazy fans start making actions, everything changes.

Take the case of a Japanese actress as an example. She had worked in the industry for many years, and had a large number of fans and followers. Everyone loved her. When she announced that she was to get married, things turned ugly. Her once-fans started sending hate mail to her, others announcing that they were not pleased with her decision and would bring harm to her and her fiancé. It went on and on, her turning her account private not doing anything, and it snowballed till police caught a stalker outside her house. He revealed that he wanted to kill her and attempt suicide later, not wanting to see his favourite actress marry another.

A less extreme and more common example is the amount of money spent on celebrities. Watching their movies and buying goods of them are normal, but ending up in debt because of them is not. Many young people turn to loan sharks and sketchy loan companies when banks refuse them money, and they end up in great debt from all the times they borrowed money. They explain that it is necessary to buy products advertised by celebrities and that they absolutely needed to go to airports and give them expensive gifts.

Perhaps they think that the more money they spend, the more likely the celebrities will notice them. They delude themselves into thinking that they are the one for their admired idols, and rage with anger when reality does not fit with their ideals. They do not know how to separate themselves from dreams, those thoughts cause them to turn into dangerous and harmful fans.

Of course, not all fans are like that. Some are inspired by their favourite celebrities and help others in need, some finding motivation to succeed later in life because of them. Unfortunately, the cases of young people over-aping celebrities are much more than of those following them positively. As long as young people learn what reality is and not project their deluded illusions on celebrities, it is fine for young people to admire them and draw inspiration and motivation from them.

## Is Hong Kong becoming worse?

6T Huang Jiaxin, Mandy



I have been thinking about this question for quite a long time, and I have come to believe that that may happen in the near future. I believe there are a lot of Hongkongers who have also realized that Hong Kong society is changing and moving in a wrong direction. It seems that the harmonious, peaceful and prosperous atmosphere has long vanished. But why? What has happened in the last few years?

Every time I turn on the TV news, it is always showing messy situations of people who are yelling abuse, pushing others away and screaming at each other in the Legislative Council, which shocked me a lot. I could always see the distrust and irritation on their faces. Apparently, there is always dissatisfaction between people with different values, which causes the conflicts in society to become sharper and sharper.

According to the survey of the government, the Gini coefficient of Hong Kong is 0.537 which is the highest in the past 40 years, which means that the disparity between the rich and the poor would get more rights and power to control most of the aspects of Hong Kong life such as real estate, business, marketing and so on. The rich are getting high profits from their investments while the poor are bearing the high pressure of paying rental, paying debts for buying a house, fuel charge, food prices and so on. When people can't afford the high price of everything, they naturally go and find some way to express their anger, they may go on the street to demonstrate or protest against the unfairness in their work and life in general.

The data for Hong Kong indicates that the level of the labour force is becoming low as the aging of the population is increasing. It means the increasing number of the senior citizens would become our obstacle to the development of Hong Kong society. The government has already put a big amount of capital on old age allowance and fruit money to help them live better. It is safe to say that the government will need to spend more money on it in the foreseeable future. Meanwhile, less and less money will go into developing education, infrastructure, technology and so on.

Therefore, more and more people worry about the future of Hong Kong. They love Hong Kong, and want to protect this special city. As a result, they march on the street and protest against the government full of anger that has been built up deep in their heart for a long time. Recently, the inflation of prices in Hong Kong is rising, making people's lives more difficult while the salary remains at the same level. It is, therefore, not a surprise that demonstrations have become so widespread in Hong Kong.

# A Diary Entry

1H Leung Kiera Ho Yee

Now, I would like to give two suggestions to the government. First and foremost, set refined housing policies that will help people to have their own house more easily. More and more youngsters in Hong Kong become mortgage slaves who consider buying their own house as their ultimate goal of life or the criteria for success. Good living environment have become crucially important in many people's eyes. If the government can provide some preferential policy for purchasing house or charge realistic rents in order to give people incentive to own their houses, less and less grievance will exist in the society in the foreseeable future.

Next in importance is to give more allowance or subsidies to youngsters so that they can further develop themselves or sharpen their own skills. Thus equipped, they will have more opportunities to land a good job. This can also serve as an encouragement and support for them to carve out and start their own company more easily. Consequently, further down the line they can donate money for the needy or develop technologies thus giving back to society. Public investment in them now will motivate them to be contributors to society later.

I believe that Hong Kong can become better and better if all of us believe in each other, make an effort on what we are doing and have courage to explore new things. Most importantly, we should never give up!



Dear Diary,

Today I met my best friend, Mary, at the Shatin MTR station. She was a little late but it doesn't matter as long as she came. When we were walking around, Mary said, "Why don't we have lunch at Jolly Restaurant?" I said, "OK."

We went inside the restaurant and got good seats. But when we got the food, it was horrible! No wonder there were so few people! The chips weren't crispy and the chicken was overcooked. My mood that was excited at first dropped to being angry. But I guess your best friend always has a plan up her sleeve – go to the movies! So we left the restaurant and went to see a movie called *Sleuth Sally*. My favourite actor was in it. The movie was so amazing that we forgot about the earlier bad experience.

From that place we went to the library. I borrowed a few books. One was about K-pop. I couldn't help it when I saw my favourite K-pop band on the cover .... Big Bang! I also borrowed some cooking books. But I quickly put them in my bag because looking at the pictures made me hungry again.

At 5 o'clock I left Shatin and was on my way back home. My Mum asked me how my day was. I answered her "OK." She then asked me if I wanted anything. I nodded my head with excitement because my Mum is the best cook I know. She can make the most fabulous dishes. So Mum's dinner made me fully satisfied. Shortly after eating, I got ready for bed.

It's late now. Good night, Diary. See you tomorrow.

Kiera

# A Postcard from Seoul

1H Lo Yu Ching, Hazel



Dear Joshua,

How are you? Hope you're well. We're having a great time here in Seoul, the capital of South Korea. There's so much to see and do. It's a fabulous city!

Right now I'm writing this postcard at a local café at Dong Dae Mun. I'm drinking a cup of coffee which is yummy. The café is comfortable and cozy. The weather outside is very cold though sunny. Fortunately now there is no rain at all. From here we will go shopping. There are lots of shopping malls nearby and Mum is already strolling around. I think she can buy a lot of nice masks and hand cream at low prices!

There are lots of places to go and visit. This morning, Mum and I took the cable car to the top of Nam Shan Mountain. The maple trees have all turned red! We saw the whole city from the tower. I took some nice pictures from there.

Tomorrow we will visit the place pictured on the other side of this postcard – Kyung Buk Gung. It is an amazing place, I am told. We will try on a Hanbok, the traditional costume. I think I will look as cool and handsome as a prince. Ha Ha! Also we will have lunch at a traditional Korean restaurant. I hope though that it will not be too cold.

Anyway, see you soon. I have bought you some souvenirs. I'm sure you'll like my small gifts. Bye for now,

Chris

# An Invitation Letter

2H Ng En Yi, Elaine

8th May, 2017



Dear Parents,

I am Alan Ng, chairman of our school's Health Club. I am writing to invite your child to our end-of-term Healthy Eating Party. The party will take place in the covered playground of the school on the 12th of July. The party will start at 11:00am and students will be served the health food between 11:30am-1:00pm.

Besides the delicious health food, there will also be games booths such as Lucky Draw. Other games that we will play at the party will include volleyball, hide and seek, basketball and so on. Also, students will be able to win prizes such as book coupons from the major bookstores. The whole event will be free of charge so no need to worry about cost.

I would like to inform you that we are asking each student to help prepare one health food item. They may make things such as vegetable sandwiches, healthy cakes and snacks, or they may bring real fruit juices. They should not bring items such as chips or crisps, biscuits, soft drinks or any other type of junk food. We do not want any unhealthy food items at the party.

Thank you for your help with the preparation of the food and for promoting the event. Good eating habits will benefit children for life. I look forward to seeing your child and the rest of the students at the party. I am sure they will enjoy it.

Yours faithfully,  
Alan

## A letter to friend

3H Lam Hiu Tung, Christy



Dear Amy,

How are you? Hope you are fine. I'm quite well too. Are you enjoying your school? I am, but I had a bad experience last week. Let me tell you about it.

Our school has a new teacher. Her name is Miss Siu. Last week she came to my class and taught us English. But my classmates behaved very badly in her lesson.

While Miss Siu was teaching us English Writing, there were two classmates who talked non-stop, and they were doing it very loudly. Everyone heard what they were talking about, for example, soap opera, stars and other outside topics. It was very impolite behaviour.

There was another thing. I couldn't believe that some classmates were eating in class. They were enjoying french fries and drinking cola. The aroma of their food filled the room and it was very distracting.

On the side of me one boy was sleeping. He snored loudly and saliva flowed out of his mouth. It was disgusting! When I turned around, I saw one girl wearing earphones. I think she was listening to music because sometimes she would sing some lines out loud. It was so disturbing! The boy next to her was reading a magazine and the one in front was talking on his mobile phone. These actions break the school rules!

Finally Miss Siu got very angry. She called the discipline teacher. She came up and asked all the misbehaving students to go down with her to the discipline office. I hope they get the right punishment because they also made me very angry. They bullied the teacher. I really hope she will not hate teaching because of that one experience and that she will give our class another chance.

Oh, my mother is calling me for dinner. Talk with you again soon.

Your friend,  
Betty

## A letter to friend

3H Lin Chi Kin, Ken



Dear Amy,

It's been a long time since I have seen you. I miss you so much. How are you? I hope you are doing very well.

I had a bad issue in school last week and I want to tell you about it. Our school has a new English teacher called Miss Siu. Last week was her first lesson with us. She was really kind to us and never scolded us for any English mistake or for whatever wrong action we did. However, many of my classmates were violating the school rules and ignoring the teacher as well. I tried to deal with the situation by urging them to stop their bad behaviour. But even though I tried my best, they didn't listen to me.

While Miss Siu was teaching us how to make our English writing better, some classmates were talking about games and other topics. Their discussions distracted my attention from the lesson. Their misbehaviour was really unfair to students who were trying to learn from the lesson. Then I smelled something delicious behind me. I turned slightly and saw my classmates eating hamburgers and french fries. The teacher tried to gently show her disapproval but they didn't feel bad for what they were doing. I was upset because they were not respecting the teacher. They should apologize to her for their bad behaviour throughout the lesson.

Let me tell you about a boy sitting on my right. He slept and snored through the lesson. Saliva flowed from his mouth to his shirt and then to his open book. It was disgusting!

But that was not all. One boy was reading a comic book. The girl sitting beside him wore her headphones and listened to music. Once in a while, she would sing out loud. It was so disturbing! The worst one was a boy in front of me. He took out his mobile phone, played with it and even talked to someone loudly. All that my classmates did made me so angry.

Amy, I want to help the teacher solve the problems. Do you think I can do that? Please give me some input. Reply soon, OK?

Your friend,  
Betty

## A letter to friend

4D Li Wing Yi, Elly



Dear Betty,

How are you? You must be doing well. I am too, though still in my final exam. Soon it'll be over and then the summer holiday will start.

Have you been thinking about activities for the summer? You know, I just realized that it's been a long time since we went on a trip together. So why don't we do it this year? I'm sure we will have a blast. In fact, I've shortlisted two holiday packages: a 6-day

Eco and Wildlife Experience in Malaysia and a 5-day Party and Shopping Experience in Tokyo. In the former, we can visit one of the world's richest eco-systems – Kinabatangan River and its surrounding rainforest. In the latter, we can experience wonderful party scenes in Roppongi, Shibuya and Shjuku.

My preference is the ecotour to Malaysia. First, this package will take us to many different places such as rainforests and the Kinabatangan River. We will be removed from the busy and stressful city life for a while. We can breathe in fresh air and relax ourselves besides experiencing local culture and visiting heritage sites. Unlike this relaxing tour, the shopping tour of Tokyo will force us to walk around in malls all day long. So I think the eco-tour package of Malaysia is a much better choice to relax and refresh ourselves, especially after our final exam.

Besides that, the eco-tour package of Malaysia can widen our understanding of the world. It will take us to many places with various species of wildlife. We can see many amazing creatures and even take photos with them. We are both Biology students so this tour can help us learn more about animals in their home environment and observe the ecosystem at work.

My guess is that you will be thrilled to know more about wildlife in Malaysia. If we join the shopping tour of Tokyo, what can we really learn from it? So I believe the eco-tour package of Malaysia is much more meaningful for both of us.

Last but not least, the eco-tour package of Malaysia can teach us how to protect the environment. It will raise our environmental awareness and we can learn how the eco-system can be protected. At the end of the tour, we can share the knowledge with more people at home and raise everyone's awareness of environmental protection.

So, my friend, I really think we should join the 6-day Eco and Wildlife Experience in Malaysia during our summer holiday. What do you think? I hope that you'll agree with me. I look forward to your reply.

Best wishes,  
Amy

## Pros of allowing students to bring own laptops

5K Aaron De Guzman



Dear Sir,

As we all know, e-learning is becoming a popular feature of education with over 50 schools in Hong Kong providing students with the equipment needed for it. But according to reports, most students are not using the networks provided by their schools. So I would like to suggest that our school allow students to bring their own laptops to school. My reasons for this are enumerated below.

To start with, I believe it would be a good idea to allow students to bring their own laptops to school because it promotes the use of the school Wi-Fi systems such as Wi-Fi900 that students can connect to and use during the lessons.

Allowing students to bring their laptops to school will also make them more productive because teachers can use Google Classroom to send homework and other reminders to the students as well as providing them with easier means of handing in their homework, reports and projects. The amount and speed of students' learning will be greatly enhanced.

In addition, with a wide variety of applications to choose from, students will no longer have difficulties when doing their projects, for example, Chemistry. In the past students had to search through their thick textbooks just to find a simple formula. But now, with the help of e-learning applications, students can just type in the name of the element and the application will generate the formula. Just a few clicks of a button! This helps ensure that students finish their project work quicker. More importantly, it helps reduce their stress level.

There are many other advantages if our students are allowed to bring their own laptops to school. The ones I have stated above are only a representative sample. But having said that, there certainly should be rules and regulations which students should follow when they are permitted to bring their own gadgets for learning.

In order to prevent students from accessing social media sites such as Facebook and Twitter during lessons, teachers should block these websites during study periods so that students will not be tempted to do so. Secondly, students should not be allowed to use their laptops unless they are in lessons. They can do it elsewhere only if they have a teacher's permission.

I hope you will take my suggestion into consideration and some time in the future allow our students to bring their own laptops to school.

Yours faithfully,  
Chris  
Chris Wang



# Nomophobia: a rising concern

5K Tam Lorraine Sze Wing



Dear Editor,

These days, the trend of owning smartphones have been rising dramatically. Many people go to the extent of saying that they are vital necessities. Whenever there is a release of a new model, people stand outside the stores overnight just to make sure that they get one, while at the same time they are holding multiple gadgets in their hands for different purposes. Everywhere you look, you can see young adults fiddling with their mobiles. Even toddlers are glued to the screen, their fingers flicking for a new video or game. Young adults seem to be the

most obsessed with their smartphones. But what happens when their phone is missing or runs out of battery? Simple; nomophobia strikes!

When asked, young people say one of the reasons why they are suffering from nomophobia is that they dread not being able to call their friends if they do not have a phone. They feel restless if they cannot be in contact with their friends and family in the street, in restaurants, in public transport and anywhere. This makes them worry that they would not be able to see each other at their meeting place. Even if they have agreed on a place and time, they fear that someone could be late and as there would be no contact, one party would simply search around the area frantically looking for the missing one.

Another reason is that young people cannot function without their mobile phones. Whenever they feel bored or restless, which is rather frequent, they whip out their phones. Even when at a party or a new environment, instead of communicating with people, they only concentrate on the screen. When their phone is not with them, they get deep anxiety and sit or stand around awkwardly, wishing to go back home as soon as possible. The mobile phone is to them their sole connection with the world and at the same time, it is their shield from the outside world. So without it, they feel naked and vulnerable. We can thus safely say that nomophobia is caused by an addiction to the mobile phone and constant online connectivity.

Nomophobia creates a variety of problems, one being a lack of social skills. Young users are eloquent on their smart gadgets and can talk for hours on them. But when communicating face to face, the most common utterance is "yes" or "no". When a question is asked them, they look away and mumble in a voice barely heard, shying away when they are told to speak louder. Young adults are less and less developed in social skills and this severely impacts others' impression of them.

There are ways to combat this phobia. One is to advise people to turn off their mobile phones at least an hour before bed. No more blinking lights for every new message, no more vibration for incoming calls. This way, we can let our minds truly rest as we will not keep on looking at the gadgets and checking for new messages. In a couple of days, we can get used to not having a phone and will lessen the tension when we find ourselves without it.

Using smartphones to entertain ourselves is fine, and they may also increase our knowledge. But when we get to the point of nomophobia, it is time to nip the problem in the bud. If young adults are willing to control themselves and start getting to know new people and be involved in new activities, nomophobia will disappear.

Yours faithfully,  
Chris  
Chris Wang

# A letter to the editor

5T Le Man Hei, Tiffany



Dear Editor,

I am writing in response to the points made by C. Wong in his letter dated 11th May 2017. He thinks that the recent education system in Hong Kong only focuses on examination which pushes students only for academic results but not to other learning activities. Whenever tests and exams come, students just memorize the model answer and examination skills. However, I hold a point of view opposite to the writer's.

In recent years, the Hong Kong government has added new courses to secondary schools, which help students think more about social issues. Liberal Studies is a new subject in the new school leaving exam – HKDSE. In this subject students need to be familiar with a lot of news and social issues around them. It requires students to put themselves in other people's shoes and think from their point of view. News and current events are used to ask students about what causes lead to the issues or what their point of view is. Since students do not know which piece of news is going to be in the examination, there aren't any model answers for them to memorize. Also, they always need to look for news articles to practice their critical thinking. Therefore, we can see that students do not have any model answers to memorize in order to pass the examination.

The HKEAA is changing the ways of asking questions in the HKDSE papers. In the past, students only needed to memorize the material in their books to be able to get a passing grade in their public exams. Not so in recent years, for example, in Biology, students are now asked not only about the functions of the internal organs but also about what would happen to the patient if an internal organ stopped working. This shows that students cannot just memorize the material in the book, but need to understand the topic in full. Self learning from as many sources as available is the way to go.

In addition to this, schools provide many extra-curricular activities for students to join in order to shape them into well-rounded persons. After they finish their classes, students have many activities to join such as the school basketball team and the Chinese orchestra. However, a number of students don't want to join these activities because they feel that getting a better academic result is more important than shaping themselves into well-rounded persons. Therefore, they prefer spending more time studying than in joining different school activities. Add to this the fact that there are too many temptations from smart phones and social media and it becomes obvious why students prefer being at home than staying on in school for ECAs. It is, of course, the duty of schools to provide many different ways to shape students up into well-balanced persons. But students are the ones who should take responsibility for their own health, social life and future.

To conclude, I think the Hong Kong education system is changing in order to make students think more and not simply to memorize a model answer. Also, students are the ones who hold the responsibility of their physical health, social life and their future.

Thank you for this opportunity to add to the discussion in your esteemed magazine. My email address is patlee@gmail.com.

Yours truly,  
Pat Lee

# A letter to the editor

5T Wong Yau Yat, Yonna



Dear Editor,

I am writing in response to the points made by C. Wong in his letter dated 11th May 2017. He declared that the education system in Hong Kong is a disaster, causing tons of problems for students. I would like to express a view similar to his.

First of all, the education system in Hong Kong is exam-oriented. Therefore it destroys the core values of studying. As C. Wong stated, schools in Hong Kong only focus on examinations. Basically, student assignments are just to do whatever teachers

think they should do and to memorize all the contents of the book. However, is that what studying is about? Teachers only teach them the tips and tricks that they can use for passing the public exams, give tons of studying materials and ask students to memorize them for drilling purposes. But when these things get into their heads, are they learning? Or are they simply just being a 'study robot?' Students do not understand what they have learnt and it destroys the core value of learning, thus causing them to learn nothing even though they pass the public exam. Also, their research skills cannot be exercised because, teachers have everything planned and fixed. They don't know how to acquire new knowledge on their own. Congratulations to the education system for being successful in making students go to school for nothing! Schooling has stopped them from being learners.

Apart from that, the education system in Hong Kong harms student's health and social responsibilities. Parents and teachers focus too much on academic success. They do not want them to join extra-curricular activities like sports or joining a club. Students always sit on their chairs and study. The lack of exercise can cause overweight problems. Also, they are not encouraged to do volunteer work. What is more, they have been taught how to defeat other students in the war of exams. In my opinion this makes them such selfish people. There is also not enough group work. Therefore, their ability to cooperate with others is weak. Furthermore, they don't take responsibility for what they have done, because they are scared of being scolded by others. So they become irresponsible.

C. Wong made two points on the education system in Hong Kong. One, it's not helpful for students' learning, and two, it causes disadvantages to their health and personal development. I agree with him on both counts and I really hope these problems can be fixed soon.

Thank you.

Yours sincerely,  
Pat Lee

# The Reasons behind students' tiredness

6T Cheng Ka Kwan, Gary



Dear Editor,

I am writing in response to an article which appeared recently in your paper. It suggested that the policy requiring students to start the school day at 8:00am is the main factor leading to students feeling sleepy and exhausted in the daytime. From my point of view, the phenomenon that students constantly feel tired can be attributed to several reasons. So I do not go along with the call to change the policy and push back the school starting time.

To start with, the education system itself causes most students in Hong Kong to be stressed out. For the sake of getting into college, schools often give a lot of exercises and homework which exert tremendous strain on students. Ultimately, this makes them lead an imbalanced lifestyle. Eye strain, neck pain, fatigue, lethargy – to name just a few – are some typical problems caused by enormous work and hectic schedule. Some students are engaged in extra-curricular activities, which make them stay extra hours in school and up late at home. Exercise becomes a luxury to them. If schools can spare any time for students to work out, it will definitely ameliorate their tiredness. In the best short-term and long-term interest of students, schools should consider eliminating academic pressure rather than delaying the start of a school day, because the main issue for students is stress, not rest.

While it is true that schools and the education system pile on the academic pressure, students should also take responsibility for what they do. It is obvious that today's students are addicted to hi-tech devices. They are willing to stay up late at night watching and reading Facebook, Instagram and other online social networking sites. This causes them to be vulnerable in many ways. They often feel sleepy and tired because they spend too much time staring at the screens of their smart phones or iPads. This habit brings about the many side effects I have mentioned. Then coupled with study pressure and sleep deprivation, students will feel despondent, depressed and ultimately succumb to mental illness.

However bleak that picture is, changing the school starting time is not a good solution. It does not address the reason behind the bleakness. Rather than giving students one free hour in the morning, schools should tackle the overuse of smart phones and other electronic devices. Extra time in the school playground, gym or pool will be far more beneficial.

# Letter of advice

6T Florece Cherry Wayne

I also recommend that the education system and schools do more to foster students' critical and independent thinking. In this way, the basic principle or rationale of education will be upheld, which is to make students' minds go deeper and reach out higher. Sooner rather than later, they will thus reach their full potential. Teachers imparting lessons that cannot be learned from textbooks are of paramount importance in this regard. Students will improve their physical, emotional and mental well-being. Only an all-round education will result in an all-round development, which is the only wise way to solve the underlying problem.

In conclusion, schools should focus on treating not the symptoms but the cause. Students not having enough sleep indeed face a serious threat to their health and academic performance. But the lack of sleep is just the surface. I hope schools can thoroughly examine the root of the problem and then consider what actions they need to take in order to address it.

Yours faithfully,  
Chris



Dear Chris,

It's so good to hear from you. I'm truly happy that you're able to contact me. I look forward to interesting and helpful exchange of opinions and ideas.

Of course I'm sorry to hear that you've been facing lots of problems recently. Maintaining social relationships is indeed a very tough thing, hard to handle. When they don't go the way we want or expect, we are troubled and even stressed. This is a normal reaction.

I read that you and your Mum seldom talk now and you think that she is concerned only about your grades and not you. Furthermore, you think that she only cares about how you behave in school but not about your feelings or the difficulties that you face in school. Yes, you may think that there is a disconnection between you and your Mum at many levels. But I'd like to tell you that instead of just blaming yourself or others, you should open up to your Mum. Tell her what you really feel about the situation. It is common for teens to use generation gap as a reason for not communicating with their parents. This means they don't explain things because they think parents are on a different trajectory altogether and so not capable of understanding them. The big deal, however, is that when there's a lack of communication between family members, misunderstanding between will increase. Therefore, I suggest you to try to express your feelings to Mum before things get worse.

You also mentioned that you feel you're being pushed too hard in school. Besides the loads of homework, you need to deal with the ECA that you joined and that takes a lot of time after school. This leads to you having less time to sleep. I'd like to suggest that you plan a schedule for all your school work and try to follow it. I think this will help you feel less stressful as it will help you manage your work and time. Then if you find it difficult to squeeze the work into your schedule, you may then consider taking more drastic action like quitting some of your extra ECAs. This will result in a reduction of your burden which will then enable you to get good sleep every night.

An additional problem you mention is that your friends are bullying and boycotting you. My advice here is that you try considering their point of view. Not everyone has the same value or opinion so you should accept them as they are. Once friendship is established, you can share with them how you feel about bullying, peer pressure and all that had happened. Be honest, be sincere, be friendly. Your aim is to restore friendship, not to find someone to blame. Remember, communication is always the best way to restore healthy relationship between any two sides.

I hope you find my advice useful. Let me know what happens after you've put them to use – whether the problems are solved or new ones appear. I really hope it'll be the former.

Keep in touch.  
Agony Aunt

# Re. Application for volunteer visitors' guide

6T Leung Wing Man



Dear Sir/Madam,

I am writing to apply for the post of a volunteer guide at the East Asian Games that will soon be held here in our city. I am of the firm belief that I have the right combination of skills and experience that will fulfil the demands of this role.

To begin with, my communication, presentation and interpersonal skills have been commended by all my teachers from primary to secondary schools as being strong and effective.

This, I have been told, is that along with the right words, I employ suitable and pleasant body language. These skills are obviously indispensable for all staff and helpers at an international event.

Regarding language skills, my English, Chinese and Putonghua teachers all say that I have a good command of the languages. My performances in curricular and extra-curricular activities as well as my exam marks do bear witness to that. Therefore, I am confident that I will be able to communicate well with colleagues and especially with athletes and visitors – to give them the right information and make them feel welcome and comfortable.

It is understandable that every job requires a certain type of personality. I deem mine to be friendly, polite, chatty, outgoing, and enthusiastic. My peers point out these characteristics to me, and my teachers have mentioned them in school reports. I love meeting new people and telling them about our city. So I know I will be able to meet the job description of a volunteer in this event.

An additional point of my personality is that I am passionate about sports in general and athletics in particular. Because of interest, I have come to thoroughly know the rules of different athletic items. Therefore, I feel capable of being a volunteer in this international athletic event. Besides individual athletic items, I also play a few team sports such as football, basketball and volleyball. So as an experienced team player, I will have a cooperative attitude towards my co-workers.

If I am successful in getting this job, it will however not be the first time for me to be a volunteer. In fact, I have quite a bit of volunteering experience. In recent years, I participated in the International Volunteer Day, guiding the visually impaired to their designated activities, organizing sports and games, and forming a cooperative volunteer team with my friends. I enjoy helping those who are in need and get much pleasure from seeing them having a good time in the activities we organize for them. In addition, I have been a volunteer in my own school during Open Days. I guided visitors to the venues for their activities or for events that they wanted to watch. The school campus would always be crowded so I worked with patience and utmost courtesy. All in all, these experiences

help me to be easily approachable, flexible and adaptable, give information in a courteous and timely manner, and even to have good problem-solving skills to deal with different unforeseen situations.

These above are a few reasons why I am applying to be a volunteer in the upcoming international athletics event. If I get to do this job, I have two personal targets in mind. First, I will widen or enlarge my international perspective, which will be vital for my future. Second, I will devote my total ability to being a good representative of my beloved home city, thereby fulfilling my sense of social responsibility.

If further information is needed, please contact me at 9977-5533 or at my email address [chriswong512@gmail.com](mailto:chriswong512@gmail.com). I look forward to hearing from you. Thank you.

Yours faithfully,  
Chris Wong



## My favourite place

2H Ng En Yi, Elaine



My favourite place is Japan. There are many reasons why that is so. Firstly, I think the flowers are very beautiful. I especially like the flower called 'Sakura'. It is pink in colour and when it opens and begins to fall, it seems like it is raining Sakura on the streets.

Another reason why Japan is my favourite place is because there are a lot of theme parks there. At the water parks, for example, there are many movie characters like Harry Potter.

I don't get to go to Japan very often but I'm going to Osaka during this summer vacation. I feel very excited and look forward to it. When I go to the theme parks, I'm going to ride the rollercoaster. I like the castle Hogwart from the movie 'Harry Potter'. It is one of my dreams to see it on my coming trip to Osaka and I hope to make my dream come true.

On my previous trip to Japan, I only stayed there for a few days. But I really enjoyed myself. This is why my favourite place is Japan. This time I will stay longer. I can't wait!

## My favourite place

2H Zhang Cho Cho



If someone asked me what my favourite place is, I would immediately say, "Japan!" Japan is a comparatively small but a very developed country. Also, it is the original place of my favourite food, sushi. It has a cold, yummy and special taste.

Another reason why I choose Japan as my favourite place is that 'Chisi', my favourite cartoon character, is also from there! I guess this is the biggest reason why I love this place so much. You may be surprised, but actually I haven't been there even once! My dad hates Japan so I don't stand a chance of going there.

If I could go to Japan or if I were there right now, I would immediately go shopping for souvenirs. Of course they would be of my favourite cartoon character! Afterwards I would go to a famous sushi restaurant and enjoy the genuine, delicious sushi. These are the reasons why my favourite place is Japan.

# The Most Interesting Person

2T Tsui Pui Ki, Angel



I would like to write about Miss Ho who I consider the most interesting person. She is my Chinese History teacher. In my opinion, she is the best teacher that I have had. She looks young and is a really nice person. She looks like she is probably 18 years old. She was born and educated in Hong Kong.

Miss Ho is quite humorous, but sometimes she can be very strict with us during class time. All of my classmates love and respect her very much. She is patient, kind and helpful. After class she would often help us with our homework.

Next, let me tell you about Miss Ho's appearance. She has long brown hair, a small nose and big beautiful eyes. She wears glasses. She is also slim and quite tall. She likes to wear a blue dress to school.

Finally, I want to tell you about some of Miss Ho's hobbies and interests. We learned from her that she likes hiking, singing karaoke and watching movies. Also, she enjoys eating Japanese food like sashimi and other items such as hot chocolate, pudding and egg puffy.

I think Miss Ho is a wonderful teacher and I have given you the reasons why I find her to be the most interesting person.

# My favourite festival

3H Liu Jiaying, Cary



Of all the festivals that we celebrate in Hong Kong, my favorite is Christmas. The major reason is that it is the first long break after school starts on September 1. The Christmas holiday is almost two weeks long! It is amazing for students because it can make us feel relaxed and happy. Besides, we can receive many presents from our friends and family members. It is really exciting when we get presents.

This year, I will join a Christmas party just as I did last year. So before Christmas comes, I will think of who I want to give presents to and then go out to buy them. For example, I need to go to a toy store to buy some toys for my brother and younger sisters. On 24th December I will wrap them and write names of my family members and friends.

Besides presents, I also need to go to a bakery to order a cake for my family's celebration of this festival. Lastly, I will go to the supermarket to get some snacks for my friends.

I am happy that a few days ago, I learned some skills to make a paper rose. I want to make ninety-nine paper roses for my Mum. Each one of them will have a special wish for her. I want to give her a surprise that she has never had before.

Christmas is the best festival! I always enjoy it a lot and this year will be the same.

# My favourite TV programme

3H Cheng Wing Fung, Leo



I watch a show on YouTube. Its title is 'Spear vs Shield'. It is a variety show about a battle between the strongest ones: "things that can never be destroyed" versus "things that can destroy anything". For example, the metal that has never been punctured vs the drill that can puncture anything.

In one episode, the 'Shield', which is a safe deposit box called 'The White Guardian' made by EIKO company, claimed that it has never been unlocked without the password. It is made of the most complicated lock and key, and the strongest material.

On the other hand, the 'Spear' – the locksmith called Tooru Kawashima – says that he can unlock everything perfectly with his professional skills.

The locksmith only has 30 minutes to unlock 'The White Guardian' and win. Otherwise, 'The White Guardian' wins. Although Tooru knows the key lock and two pin numbers in the first 15 minutes, he still cannot open the box. That means 'The White Guardian' wins the battle.

I think the show is entertaining because the viewer would feel tense as which side is going to win. It is also informative and makes the two sides think what things need to be improved.

# My favourite TV programme

3H Mang Tsz Lan, Dorothy



Whenever we turn on the TV, countless shows jump out and dazzle us. Do you have a favourite programme? Today I'm going to introduce to you mine, which is about chefs.

'Chef's Table' is a gourmet documentary, which records the kitchen life of famous chefs from different countries. It shows the grandeur of food, a product of faith and creativity, which is breath-taking.

The perfection of food will inevitably exceed the satisfaction of the stomach and taste buds. 'Chef's Table' represents different wonderful life stories and different philosophers of life. Each chef's dishes, cooking techniques and their growth stories are intertwined. After watching, you will feel that the world is big. There is so much unknown food waiting for us to find, to taste and to create.

Italian chef Massimo tells us that a chef's life experience will be reflected in his food. Massimo's creative cuisine, focusing on the integration of tradition and modernity, is the result of his travels around the world. He used artistic avant-garde techniques to express memories of home flavor, focusing on displaying the same ingredients in different cooking techniques under the rich face. Blending art into cooking, dishes are works of art.

A dish that best embodies Massimo's features is 'Oops! I dropped the lemon tart', which was born in an accident when a young chef overturned a lemon tart. Massimo suddenly had a burst of inspiration, mashed the other lemon tarts and made them all over again.

This programme uses food as a medium, showing us the chefs' dreams, ideas and soul. Maybe we can also enjoy their philosophy while relishing the dishes.

# My favourite TV programme

3H Ng Yan Ka, Maggie



Let me count.....I haven't turned on the television for three months! I have no clue what I should write about. Fortunately, my bestie recently recommended a TV show to me. Which one is it? Let me introduce it to all of you.

'Back to field' is a reality show, which invites three celebrities to be the participants. They need to pick up their baggage, get away from cities and start their new life in a village. Actually, compared with other reality shows, this is the simplest one I have ever seen. There's no arguing, no competing, no training. What they need to do is to just try and experience a rural life. If they want to eat some palatable food, they have to pick a large amount of corn from the field and exchange it with others for ingredients. Maybe you would say, "That is such an easy work!" If you are in a hot summer, nearly 40°C, trying to pick more than 800 ears of corn by sheer manpower, you will feel extremely tired.

To be honest, it is a meaningful reality show for both the participants and viewers. It's a good chance for the stars to leave their comfortable and cozy city dwellings, and say "See you later" to their rushed and tedious life. Both viewers and guests will receive a heartwarming surprise, learn how to be a self-sufficient person, and not take everything for granted.

To conclude, life is the best reality show, and you are the main character in it.

# Proposal for Korean Students' Outing

1H Chen Shihui



## Introduction

Exchange students from South Korea are in our school and they will attend classes with us. Our class proposes organizing an activity for them. It is called Walking Youth Tour and it will be on Sunday, 19th April. In this tour, our Korean classmates will have a chance to learn about the famous attractions of Hong Kong.

## Morning

All exchange students will gather with us in the school playground at 9:00am. We will walk to Tai Wo Plaza where we will take the MTR to Tsim Sha Tsui. The tour will begin at the Avenue of Stars by the Victoria Harbour. We will walk along the waterfront and there we can see statues and names of many famous movie stars. We can take time to read the plaques and know more about them. Then we will follow directions along the path. The exchange students can take photos in front of the statues, especially of the most famous one – Bruce Lee.

## Lunch

After all the walking and sightseeing, lunch will be at Big Happy in Temple Street, Yaumatei. This restaurant has lots of famous Chinese dishes such as spring chicken, roasted meat platter, BBQ honey, etc. If the exchange students don't like the Chinese menu, they can also choose some western food. We will spend about one hour having lunch in the restaurant.

## Afternoon

After lunch, a coach will take the exchange students and us to the Peak on Hong Kong Island. We will arrive there at 3 p.m. and go on a guided tour. The guide will take us to different viewpoints so we can enjoy the amazing views. When that is done, we will go to a shopping mall. At the Peak itself there is a large shopping mall. There are a lot of things that the exchange students can buy. At 6 p.m., we will return to Tai Po by bus.

I hope the exchange students will feel happy and enjoy the Walking Youth Tour.

## Mothers' Day – May 14, 2017

3D Leung Yu Hei, Hedy



I love my mother very much. I love her with all my heart. I know that everyday she will do anything for me.

I am happy that Mothers' Day is coming soon. I want to make this Sunday a special day for my Mom.

My plan is to go out with my brother when Mom is still at work in the hospital. We will buy fresh food items. For example, beef, tomatoes, potatoes, some carrots and green vegetables. I will also buy a card on which I will write a message and stick some pictures.

On Sunday morning, I will go to the kitchen to make breakfast. Then I will start working: fry the beef, steam the carrots, boil the potatoes and green vegetables, and slice the tomatoes. Then I will ask my brother to toast some bread and put water in the electric kettle for a hot drink.

"What is that lovely smell?" Mom will say as she looks around. Then she will see me and say, "Daughter, what are you making?"

"Mom, please sit at the table," my brother will say, with a smile on his face. Mom will look so happy as she sits. Then I will put all the breakfast items on the table. I will signal my brother and together we will say, "Happy Mothers' Day, Mom!" and also give her the card.

Mom will stand up. "Oh my sweethearts!" she will say with joy in her voice. My brother and I plant kisses on her cheeks. She will smile widely and look so pretty.

I love Mothers' Day and I am excited about this weekend. I will be able to thank my mother and tell her how much I love her.

## Mothers' Day 2017

3H Lam Hiu Tung, Christy



Mothers' Day is this weekend and I want to give my mother a big surprise. Actually I have a plan about this surprise. Do you want to know about it? Let me tell you.

On Saturday evening I will go to the supermarket. For what? It is because I want to buy my mother's favourite food items: some eggs, ham, lettuce and a box of milk tea. After that, I will return home quickly and put the stuff in the refrigerator.

Early on Sunday morning I will be in the kitchen so I can make a yummy breakfast for my mother. I really want her to have an unforgettable Mothers' Day. I will open the cookbook to her favourite dish. It is called Japanese scrambled eggs with lettuce and fried ham. I will follow the instructions of the recipe. I get excited to imagine the happiness when mother comes to the kitchen, her favourite food on the table, and I greet her and hug her. It is certainly better than just saying "Happy Mothers' Day."

My surprise has part 2. You see, I have also bought an apron, something my mother had always wanted. Not long ago we went shopping together and she looked at an apron. It was very beautiful but at the same time, very expensive. So she didn't buy it, though I saw that she really wanted to. A few days later I brought all my savings and bought the apron.

So, on Sunday I will wake up at 6 o'clock. My mother will be surprised to see her favourite breakfast on the table and we will be very happy. Then I will give her the apron. Mother will look at it and say, "How lucky I am that I have you!"

On that day, my heart will rejoice.



# Fundraising proposal

3H Mang Tsz Lan, Dorothy



Dear Principal,

I recently saw a shocking report that 2,000 dogs are abandoned every month in Hong Kong. According to a Hong Kong Dog Rescue (HKDR) survey, two-thirds of students have pets. Many of them are enthusiastic for the first three months. Then their caring attitude and patience decreases, until they throw their pets in the garbage collection point. This is not just terrible but also cruel. No animal in the world should be dumped or abandoned. Hence, schools, including ours, should raise the awareness of animal protection through education.

To make education practical and effective, we propose holding a fundraising event for animal protection. We would like to cooperate with HKDR in holding this event because it is a charity organization which rescues abandoned dogs and helps them trust people again. HKDR also attaches importance to educating people how to be responsible owners. The money we raise will provide training and vet care for the rescued dogs as well as finding good homes for them.

It is incumbent on us to arouse students' awareness towards animal protection. We propose to hold a fundraising event for HKDR. We are sure that the activities we plan will be attractive and educational. The first one is a talent show. The feature of the show is that the entertainers are not students, but lots of puppies. HKDR will provide us with 25 stray dogs which are already adopted. In this activity, students can watch the dogs hurdling, crossing a single plank bridge, standing on one leg, and performing other acrobatics. Each ticket is suggested to cost \$100.

The second activity is a Fun Fair. We know students will be very interested in taking part. We will set up booths for a variety of games. For example, role playing as dog rescuers and vets, answering quizzes, and twisting of balloons into animal shapes.

In addition to the two activities, there will be a stall where we will sell pet products. We will also set up a pet themed café that will serve refreshments all day. Finally, to close the event, we will invite the supervisor of HKDR to give a speech.

The protection of animals is an urgent matter. We know everyone will be happy to have a part and make a contribution. I look forward to support and help from the school. Thank you.

Yours sincerely,  
Chris Wong

# Fundraising proposal

3H Ng Yan Ka, Maggie



Dear Principal,

My classmates and I propose to organize two fundraising events for Hong Kong Dog Rescue (HKDR) which helps abandoned dogs and finds keepers for them. Below are some details.

Currently, there are nearly 2,000 unwanted dogs being put down in Hong Kong each month. This causes a big aggravation to everyone, especially to the students and teachers of our school, because we all have the ability and also the responsibility to lend a hand in saving these beautiful animals.

The aim of HKDR is to rescue dogs which are abandoned. Then its members help unwanted dogs to trust people again. Moreover, dogs in the shelter will be trained and given enough care. In addition, the members will go to schools or other organizations to promote and educate people how to be a responsible owner, thus preventing the further increase in the number of unwanted dogs. So, my classmates and I would like to cooperate with HKDR.

The first activity we suggest holding is a sponsored walk. It is a little bit different from the ones we have heard before. Families can bring their pets to take part in this event. They start with a walk down from the Peak and end with a big party in Lan Kwai Fong. After that, they can join some fun games with their cuddly puppies! Actually, this activity had been held before. The participants felt great and had looked forward to the next time. Therefore, this event will certainly be a successful one.

The second event we are considering is a Dress Casual Day. Students who donate a set amount of money can wear casual clothes on a particular school day. Of course students are welcome to donate more than the set minimum. The best way is for the school to hold a Christmas Party on the same day. Although it may not raise a huge amount, it still will be a meaningful day for all of us.

In closing, I really hope that you can accept our proposal. I look forward to your reply.

Yours sincerely,  
Chris Wong

# Whodunnit?

## 1H Leung Kiera Ho Yee



Since I was sitting at the back of the class, I knew it would take a while before Mr Lee, the vice principal, would check me. But I was really nervous! What if I had 'the thing' in my school bag? What would happen to me? Would I get suspended? I felt really anxious.

The boy in the first row was first to be checked and he was fine. "The bell will ring soon," I thought. "I just can't wait for it to ring!" Ten minutes later Mr Lee had gone through half of the pupils. Then the best thing happened. The janitor came in,

whispered something to Mr Lee, who then stopped and said, "I'll come back tomorrow." I let out a sigh of relief.

Everybody sat down on their chairs because Mrs Wu, our English teacher, said so. But the second I sat down, Mr Lee came back in! Everybody's face turned ashen in horror. But he just wanted to say that as we leave later in the day, he might come and check our bags. Another sigh of relief and we sat down. Soon enough the bell rang and it was time to pack our belongings. Everybody was talking about how terrified they were and some were laughing out loud. Then our class teacher came in and our talking ceased. There was still some giggling, though, but when Mrs Lo gave us a cold stare, all was silent. Then she dismissed us.

I left the classroom and walked down the hallway. The normally noisy place was super quiet. But by the time I figured out why, it was too late. I was summoned into the vice principal's office! Mr Lee was stern and checked every pocket of my school bag. While he was doing that, I looked around and saw a checklist on his clipboard. The whole school had been checked except for my class!

My school bag didn't contain 'the thing'! So I quickly left the big man's room and ran out of the school.

The next day, during the morning assembly, out of the blue Mr Lee terrorized us by checking our bags again! When he checked Tom, the class bully, we were like, "It has to be him." But it wasn't! "Hmmm," I thought for a while, "Would it be Susan? No way. Would it be...?" I just knew for sure it couldn't be Caleb. He was the best in the class. Every teacher always gave him important tasks and rewarded him, so why would it be him?

All of a sudden Mr Lee pulled Caleb out. We gasped in disbelief! I saw tears welling up in his eyes. It was shocking to know that it was him. We must have groaned in our disbelief and disappointment. "Keep quiet, 1H!" Mr Lee hollered. We walked silently to our classroom.

When Mrs Lo came in, she told us Caleb had 'the thing' and his parents were helping him to change schools.

Up to now we don't know what 'the thing' was. Maybe one day we'll bump into Caleb in the MTR crowd and maybe he will tell us what 'the thing' was.

But was it really Caleb? The general feeling is that he was the fall guy. The real person with a school file, a school i-pad, a knife, a gun, or whatever, could be anyone still in my class. Maybe even sitting next to me!

# The Accident

2H Ng En Yi, Elaine



One sunny Tuesday morning at around 10:00 a.m. an accident took place. It was on Mong Kok Road in front of Chan's Jewelry Shop.

Miss Ho was walking down the road when she saw an old lady walking across the street just after the traffic light turned red. Here's what happened: a van was traveling fast and as the driver was rounding the corner, he drove straight into the old lady who was at the traffic light. It had turned red but the driver kept driving. Suddenly, the driver saw the old lady but it was a moment too late. The driver lost control of the car and ploughed

into the old lady.

Everything happened so quickly. After the old lady was knocked down to the middle of the road, she started bleeding. The passersby saw this and they all looked so frightened and confused. No one knew what to do at first. Then Miss Ho decided to call the police and tell them what she saw. Time seemed to move slowly until at last, the ambulance arrived. They carried the lady inside and took her to the hospital. The driver was shaken but unhurt.

The accident was very upsetting. Fortunately, there was no serious injury to the old lady's body. I hope that people will be more careful and make sure that traffic rules are obeyed at all times.

# The Accident

2H Yip Kwun Wang, Kelvin



Yesterday I saw an accident. It was a sunny Tuesday morning and the accident took place at around 10:00am. I had walked down Mong Kok Road to visit Chan's Jewelry Store. I had finished shopping and when I got to the roadside, I looked towards the traffic light where I could cross the road. I saw an old woman crossing the road there. The light for traffic was red.

Suddenly, I saw a van coming from around the corner. It was going quite fast. I guess it must have been doing at least 65kmph. But it was a 30kmph zone! Clearly the van was way over the speed limit. As it approached the pedestrian crossing, it did not slow down. "Stop, please!" I screamed to myself, for the old woman had not yet got to safety on the other side. Then I heard the screeching of tyres. The woman hit the ground hard and did not move.

People who were around and saw what happened rushed to see if the woman was OK. They saw blood coming from her body. They tried to stop the bleeding but there was little they could do. Someone took out their smart phone and called for an ambulance. I too took out my phone and called the police. I told them about the accident and what the driver and the van looked like. Shortly afterwards an ambulance and a police car arrived.

The para-medical staff jumped out of the ambulance. They made sure the old woman was breathing and gave her first aid. Then they carried her inside the ambulance and took her to the hospital. The police, meanwhile, talked to the driver. He was so shaken and it seemed that he was under the influence of alcohol. The police arrested him and took him to the police station. One policeman drove the van to the police station. I was asked by an officer to also go along with them to the station so I could give the police more details from what I saw of the accident.

# We Can!

## 2H Sinalubong Diana Faith L.



When we first started the 'We Can' programme in our school, it was a nerve-racking experience for me. I was so scared that I would let my friends down as they were really good at studying. I joined my friend JoJo to study and prepare for the examination.

After the exam, I was anxious and restless while waiting for my result. I hoped and prayed that my average mark would be 58. When the teacher handed me my report card, I started to relax and then became happy. I had earned higher than the qualifying mark for 'We Can'! But most of all I was happy that I didn't let my friends down. Our teachers cheered for us and congratulated us. This made my self-esteem go higher.

Working hard together with friends and classmates was a good experience. I was really happy when I finished 'I Can' but a lot happier that I managed to finish 'We Can'. The reason was because 'We Can' was a team challenge so if I didn't work hard it was going to affect my friends' result. Overall, I'm glad that I did this with my friends and we finished it successfully.

In this activity, students worked together to finish the challenge. So did members of my group. All teachers, especially our class teachers, always reminded us to aim high. They were really supportive.

I have found that if I aimed high and had the will to work hard towards the goal, I would be able to achieve my dream. I also found that if people, especially the youth, have short-term and long-term dreams, they would have a brighter and firmer future. I know this is true. I also know that teachers' support plays a big part in making students' dreams to bloom. Through this activity, I have been able to experience working hard with my friends towards a common goal. I will certainly use what I learned in my future endeavours.

# Fundraising report

## 3H Mang Tsz Lan, Dorothy



Have you ever tried sleeping in the street? How would you feel when you're cold and hungry? The sad truth is, in Hong Kong, more than 1,500 people are homeless. There are various social issues that cause homelessness, but over 25 percent become homeless because of poverty.

In order to help the homeless, our school held a Charity Day on Sunday, 7th December, from 1pm to 5pm. All the donations were for New Tomorrow, a charity organization helping the homeless in Hong Kong.

There were a total of three events on the Charity Day. One of them was the jumble sale. People got great deals there, including arts, crafts, used books and clothes which were first-rate and dizzying. We raised a total of \$1,520. Ian Yip, the Social Service Club President, reported that the jumble sale was very popular, selling over 200 items. If we had prepared more, the donations would have been higher.

Another exciting activity was the talent show organized by James Au, the Social Service Club member. We raised a total of \$2,400. The audience was intoxicated with the superb technique of the performers. The performances were wonderful. For example, Latin dance, hip-hop dance and riding a unicycle. One of the most popular was the magic show. In one segment, a flock of doves flew out of an empty box! However, it was hard for the judges to make a decision because there were many more contestants than last year. As a result, there was not enough time for judging.

The most successful event was the auction. We sold ceramics, electronics, paintings and so on. All participants were very excited. Some were little upset when they just missed an opportunity, while others were happy because of fruitful results. The competition was fierce, and we finally raised \$3,200. Although the number of people participating in the auction was fewer than last year, the donated amount was more. What impressive donations!

In general, this year's Charity Day was so successful that we raised a total of \$10,450, which was \$2,130 more than last year. In order to overcome poverty, help people in need and let them feel a warmer, brighter life, we must work together.

## Report of Charity Day

3H Ng Yan Ka, Maggie



In Hong Kong, there are over 1,500 homeless people. No roof over their heads and no privacy. They are also called street sleepers because they spend their nights in the street. The main reason is poverty, but there are other social issues. As citizens, we should do something to help them out of this desperate condition.

Last weekend, our school held a Charity Day to help the homeless. The leaders of this activity were Ian Yip, Amy Chan and James Au. Our Social Club chose as a partner – New Tomorrow. Its members were present to lend a hand. Sunday, the 7th of December will be long remembered because of this meaningful activity.

The first event was a jumble sale, in which hundreds of items were sold. For example, old clothes, toys, different kinds of book and accessories. This was the most popular stall. Crowds of people were always surrounding it, either looking at the items or waiting to pay. Actually, we didn't have enough goods because all of them were sold out to the guests in a couple of hours. We felt excited when we saw on the paper the final amount raised – \$1,520, which was a great one.

The second event was a talent show. It was a relatively complicated activity, which required long preparation time. No one predicted that the show would swing successfully. Fortunately, it did! One minor negative was that since there were a lot more contestants than last year, judges took a little longer time.

The last event was an art auction. It was another big success and we raised \$3,200, which was more than last year's amount. It was also the highest from among the three events. However, fewer people were sitting in the hall. Therefore, more effort should be put next year on promoting this event. It is not only for those who want to bid but for everyone to enjoy the art works and the auction process.

The final evaluation of our school's Charity Day is that it reached a perfect end. The organizing team members clapped their hands joyfully after working the whole day. The total amount raised was \$10,450, thanks to the unforgettable kindness of all participants. The motto of New Tomorrow is, 'To fight against unfairness in our city and help the needy have a brighter, warmer world'. This is also the aim of our Social Club.

## My favourite restaurant (Restaurant review)

4D Chan Po Shing, John



My favourite restaurant is called Seoul Café. It is located on Ting Kok Road, Tai Po, between a convenience store and a Cantonese restaurant. It serves authentic Korean cuisine and is innovative with its dishes. Both the manager and the chef are Koreans.

The menu at Seoul Café consists of Korean dishes with local tastes. The manager has made lots of changes to the selections so that they are more modern than other Korean restaurants. The signature dishes are samyeopsal, jajangmyeon, soy sauce crab, teokbokki, gimbap and galbi. Ingredients for all this food comes from Korea every morning. The signature drink is Seoul Café green tea, which has a unique taste, that can only be found at this restaurant. It tastes a little bit sweet and is very subtle. Every day, the shop sells 500 cups of this tea to its customers.

The atmosphere at Seoul Café is casual and modern. The lighting is very nice and comfortable. It can make you feel very relaxed. The décor is simple yet sweet. The service is also very good. The waiters and waitresses are very friendly and take orders promptly. No wonder this restaurant is very popular. You need to book a table before you go there for lunch or dinner. If not, you will probably not get a table but have to share one with other diners.

The best thing about Seoul Café is its food. The innovative dishes are served in big portions. The teokbokki is yummy and well-presented. It tastes a bit spicy and sweet. The galbi is juicy and fresh. If it is roasted, it will look like it has been barbecued. The soy sauce crab is not to be missed. It is fresh and well-salted and you can eat it with rice. I think you should make the time to try it.

The only negative thing about Seoul Café is that the price of food is quite high. The items cost \$100 and above. But if you love authentic and high quality Korean dishes, I think you will not mind paying the price.

All in all, I would recommend Seoul Café to everyone. The food is fresh and yummy. The atmosphere is friendly and the service is prompt. It is worth a visit if you want to enjoy Korean cuisine.



## My favourite restaurant (Restaurant review)

4D Li Kwok Ning



My favourite restaurant is Green Court Restaurant. It is in Hong Kong Disneyland Hotel, Lantau Island. It serves mainly authentic Hong Kong-style Cantonese food but also offers international selections.

As the walls and the furniture are made of wood, the restaurant is very cosy and traditional. The food is delicious too. In summer, you can eat outside under the trees on wooden tables and when it gets dark there are a lot of lanterns. It is very romantic and comfortable even if you eat outside. The waiters are very friendly and sometimes they sit next to the customers and talk to them. To eat in this restaurant is like eating with your family. And the price is very reasonable for that kind of fresh food.

This restaurant offers fun for kids and parents on their special occasions. Disney characters are there to take photos and play with. Choice of food is quite good and the service quality is superb.

The atmosphere at Green Court is relaxed and casual. Although the décor is a bit old, the restaurant is bright and airy. Besides that, the waiters and waitresses are very friendly and helpful. They take orders very quickly.

The best thing about Green Court is its food and drinks. It serves big portions of innovative dishes. The steamed fish is really fresh and the French toasts are big with lots of peanut filling. The milk tea is very smooth and thick. Most importantly, the food is not pricey at all. The items on the menu range from \$20 to \$50 only.

The only bad thing about Green Court, however, is the seating. The tables are quite small and the seats are limited. Sometimes, you need to share a table with other strangers.

All in all, I would highly recommend Green Court to everyone. The food is very tasty and the atmosphere is friendly. It is worth a visit if you want to experience cheap but tasty Cantonese food. In summer, it is also a fantastic place to eat ice cream.

## My favourite restaurant (Restaurant review)

4D Li Wing Chi, Gigi



My favourite restaurant is Genki Sushi. It is an attractive restaurant located in Sheung Shui. It serves authentic Japanese cuisine.

The menu at Genki Sushi consists of Japanese dishes with local tastes. The signature dishes are tempura, ramen, eel sushi and salmon sushi. The signature drinks are green tea and miso soup. I learned that every day, the restaurant sells 1000 cups of green tea.

The atmosphere at Genki Sushi is clean and comfortable. The waiters and waitresses are very friendly and their smiles are nice and pleasant.

The best thing about Genki Sushi is its food and drinks. The restaurant serves big portions of innovative dishes. Its sushi is always very fresh. The green tea is very smooth and aromatic.

The only negative thing about Genki Sushi is that the food is quite pricey. But honestly, I think it is good value for money considering the quality and the atmosphere.

All in all, I would recommend Genki Sushi to everyone. The food is very tasty and the atmosphere is friendly.

## My favourite restaurant (Restaurant review)

4D Tang Ka Ho, Tony



My favourite restaurant is Fung's Restaurant. It is a fast food shop or 'cha chan teng' in Cantonese. It is located on Tai Po Tau Drive in Tai Po. The restaurant serves mainly authentic Hong Kong-style Cantonese food.

The menu at Fung's Restaurant consists of Cantonese dishes. The signature dishes are pineapple bun, instant noodles, scrambled eggs with barbecued pork and fried chicken wings. The signature drink of the restaurant is milk tea. The owner told me that his customers drink 1000 cups of milk tea every day.

The atmosphere at Fung's Restaurant is modern and relaxed. Besides that, the waiters and waitresses are good looking and also friendly and helpful. They take orders very quickly.

The best thing about Fung's Restaurant is its food and drinks. The food is very tasty and the drink delicious. Most of all, it is inexpensive. The items on the menu range from \$10 to \$50 only.

The only bad thing about Fung's Restaurant is that sometimes, it gets really busy then the waiters may take wrong orders. One time, I had asked for milk tea but the waiter brought coffee instead. But still, there was no problem and the case ended positively. The waiter quickly apologized and changed the drink for me.

All in all, I would recommend Fung's Restaurant to everyone. The food is tasty and the atmosphere is warm and friendly. It is definitely worth a visit if you want to experience eating cheap but tasty Cantonese food.

## My favourite restaurant (Restaurant review)

4D Wu Xinyi, Jessica



My favourite restaurant is Sakura Restaurant. It is a big place located in Season Walk, Central. The restaurant serves authentic Japanese food.

The ingredients at Sakura are fresh. This is one of the most important reasons why the restaurant is popular. Besides that, its executive chef is from Japan and he makes sushi, sashimi and Teppanyaki that are delicious, authentic and yet inexpensive. In addition, authentic Japanese drinks are available.

The decoration of Sakura is similar to restaurants in Japan. The wooden door of primitive simplicity invites you into the restaurant interior. It's dark but romantic environment will make you feel that you are in Japan. The atmosphere is pleasant and comfortable. Besides that, the waiters and waitresses are dressed up in traditional Japanese attire. They are also friendly and helpful. All of them will say "Welcome" in Japanese when you enter. They also take orders very quickly.

Another important thing is the sauces in Sakura are excellent. These are created by the chef using fresh Japanese-made ingredients to ensure each dish keeps its true flavour. You can't imagine how they can dazzle your taste buds. What a amazing feeling. In addition to these, the restaurant also offers conveyor belt sushi. If you want a quiet environment, you also can order a box. But don't worry that you will miss the enjoyment of the conveyor belt sushi. You can enjoy the quiet environment and the conveyor belt sushi at the same time.

But the bad news about Sakura is that it has been closed. The notice says that because the chef is going back to Japan for further education, the restaurant will have to be temporarily closed. Many netizens feel very sad about that. They all miss the food of the restaurant. At the same time, they are also very much looking forward to the re-opening when the chef will be back with better dishes.

I too hope that the Sakura restaurant will re-open as soon as possible. And if you happen to pass by Season Walk after that time, don't hesitate to go in and dine there. I'm sure you will not regret it.

## What do you think is the part of technology that we can't live without?

3D Fung Franco



Nowadays people are so dependent on their hi-tech gadgets that they just can't live without them. Among them are the smart phone, personal computers and so on. Their systems function in ways that cannot be seen by the naked eye for they are too complex to understand, for me anyways. But I think the most important tech in my life till now is the computer.

From writing documents to chatting and even playing games, the computer is always my best friend. Feeling bored? The Internet is just clicks away! Funny videos, memos, blogs, posts – you name it! Go visit your friend tomorrow and march right into his room. What do you see? A computer! Why? Because it is crucial to our lives.

Computers are so important that if they all disappear, the world would fall apart. No more kinda-accurate weather forecasts or videos because computers are used. Our streets would be in chaos since railway systems, notification systems and most importantly, traffic control heavily depends on computers.

To summarize, no computer, no life. I have no doubt that you agree with me. Thank you.

## Introducing a film

4D Li Wing Yi, Elly



Good morning, everyone. Today I would like to share with you all a movie that I watched recently. Its name is 'Zootopia'.

This film is about a rabbit called Judy Hopps, who becomes a policewoman after overcoming many obstacles and difficulties. She then volunteers to help investigate the kidnapping of an otter. After determining that a fox called Nick was the last to see the otter, Judy teams up with him only to find that all predators have become savages and they are imprisoned by Mayor Lionheart. They also discover that it's actually toxic flowers that the animals go savage, and that there is a lab that creates such flowers which are then shot at predators with a gun. Further down in their investigation, they find the mastermind behind a conspiracy – Bellwether. In the end, the savage predators are cured and Nick becomes the city's police officer.

My favourite character in this movie is Judy. When she was young, she had a dream of being a cop. But she was opposed by everyone. No one believed that a little bunny could have a chance to be a law enforcement officer. Not even her parents supported her. But through courage, persistence and hard work, she not only achieves her dream but even graduates from the academy at the top of her class. I love Judy's character and personality. Once at the start of the training, she doesn't do well so she works doubly hard when everyone is asleep. As I watch this scene, I feel both distressed and pleased. Distressed because I feel sorry for Judy, that no one understands her. On the other hand, I feel happy because hope burns bright and strong inside her. Even though everyone looks down on her, she believes in herself, that she can make a difference.

Another character that I love is Nick, who works together with Judy. At the start of the story, the image of him is that he's a liar who tricks Judy into buying popsicles for him. After Judy tells the truth about him, he criticizes Judy for being nothing but a ridiculous clown who thinks Zootopia is a perfect place. But when the case of the missing otter comes up, Judy blackmails him into assisting her by covertly recording his confession about tax evasion. As they start working together, Nick sees how animals discriminate against Judy and this makes him recall his own childhood. He wanted to be in the local Junior Ranger Scouts. His mother scraped enough money to buy a brand new uniform. He attended his initiation brimming with happiness and confidence, even though he would be the only predator there. He realized too late that he had walked into a trap! He was brutally beaten and muzzled by the other scouts. This recollection makes Nick change his attitude to Judy, to Zootopia and to life itself. He is brilliant and kind. Although he puts on a tough and unpleasant exterior, his heart is actually very soft. He finally gets to see the kidnapped otter.

# Introducing a film

4D Yang Yulu, Nichole

After watching 'Zootopia', I was deeply touched by Judy and Nick. They're both underestimated and underappreciated, just because of their species! In our world, we all have limitations. Not one person can be everything. In addition, we all make mistakes but we need to keep on trying to overcome and ultimately, make the world a better place. So this film teaches me to try to make positive changes in my life, let people see my efforts, and one day they will come to the right evaluation of me.

In my opinion, 'Zootopia' has a perfect story line. And the animation is excellent! The setting and the script for the development of characters are just right. So I have no hesitation in recommending this movie to all of you. Thank you.



Good afternoon. I'm Nichole Yang and my class number is 34. Today I would like to share with you a movie titled 'Life of Pi'.

'Life of Pi' is a fantasy adventure film based on a novel by Yann Martel published in 2001. The main character is Pi, which is short form of Piscine Molitor Patel. He is a boy from Pondicherry, India. From an early age, he loves thinking about spirituality and practicality. His father, a zoo operator, decides to move his family and animals to a new country. But unfortunately the ship sank. Pi survives 227 days in the Pacific Ocean by being on a lifeboat with a Bengal tiger named Richard Parker.

Now I will turn to the characters in the film. My favourite is Richard Parker, the Bengal tiger. How does a tiger have a man's name? Well, his captor, Richard Parker, named him Thirsty, but the shipping clerk made a mistake and reversed their names. Weighing 450 pounds and about 9 feet long, he kills the hyena on the lifeboat and other small animals. With Pi, however, Richard Parker acts as a submissive animal, respecting Pi's dominance.

Next, I'd like to discuss the theme of the film. In my opinion, it is about a man and a tiger and the lessons that man learns and keeps on learning from the experience. Pi continually seeks truth as he studies religion and science and redefines his identity after his traumatic experience in the lifeboat. Stories are used to make sense of life in both the religious stories that Pi studies and the two versions of what happened following the sinking of the ship. The film shows how animals assert themselves according to their environment. Similarly, Pi learns to adapt to new circumstances and learn new ways of being. Pi sees connections between the animal world, the human world, and religious myth.

All in all, I think 'Life of Pi' is very educational because it makes the viewers think seriously. The script is interesting, and the director, Ang Lee, did a marvelous job. I strongly recommend this film to all of you. Thank you.

## Do you think introducing food trucks to Hong Kong is a good idea?

4T Roberts, Zoe



I think food trucks are a great idea. But not for Hong Kong.

First of all, Hong Kong is a very crowded place. The roads are often completely taken up by vehicles, leaving barely enough room for people to walk. In such a situation, imagine hawkers with their carts ..... and food trucks! Secondly, Hong Kong is well known for its restaurants, both in their number and the wide variety of cuisines they offer. Food trucks, when and if introduced, would have a big impact on the business of the established eating places.

Thirdly, talking about fast food or street food, Hong Kong already has a lot of stalls for such food where one can place an order and get it quickly to go. This is also basically the purpose of food trucks, right? So there is no need to add more of the same.

However, if we have food trucks, it would be quite convenient for tourists and citizens to get food even more quickly and hassle free. This business scheme would also open up more job opportunities both for entrepreneurs and job seekers.

Overall, I think food trucks are not suitable for Hong Kong but would work well in cities with more public space in their downtown areas. I hope the government will seriously consider this before launching the scheme. Just because something works smoothly and successfully in other places doesn't mean it will automatically be the same here.

Thank you all.

## Hong Kong's pollution problem

4D Li Wing Yi, Elly



Good morning, everyone. I'm Chris Wong, class number 15. Today I would like to make a presentation on the environmental problems of Hong Kong. They come in various forms such as the high level of carbon dioxide in the air, the filling-up of landfills, and over-lighting in the night. In the next few minutes I will focus on the three types of pollution: air, land and light.

Air pollution is always a serious problem in Hong Kong. Every day, people breathe in dirty air with high level of carbon dioxide and even toxic gases such as carbon monoxide. This dirty air affects people's health. I think the government should set up a policy about idling engines. When traffic lights turn red or when there's a traffic jam, people should turn off the car engines in order to decrease the emission of harmful gases. This will certainly help solve the problem of air pollution since vehicles are the main source of it in the first place.

Land pollution is the next problem that the government should focus on. Nowadays, more and more people throw different kinds of rubbish, for example, polystyrene material and electronic waste. Such waste may take thousands of years to decompose. But our landfills do not have the capability to hold a large amount of it. So I think the government should issue some slogans or statements about protecting the environment and make them popular among the citizens. We all must become more environmentally aware. Next, the government should install more recycling bins that are specifically for wastes that are non-biodegradable. Then government agencies can transport them to factories where they can be artificially degraded and decomposed.

Thirdly, the government needs to tackle light pollution. We can see that even past midnight, shops and malls are brightly lit. It is obvious that this practice is a huge waste of electric power, since very few people go to such places at that time. Thus, the extra power is used for nothing but a waste of resources which can also disturb people's sleep. To check this practice, I think the government should ban unnecessary lighting. Besides that, it should manage the opening hours of shops. For example, those in busy commercial districts should close before 3:00am and in other areas before 1:00am. This will certainly cut the waste of electricity in Hong Kong. Also the improved night atmosphere can let citizens have good sleep, which will raise our health and energy level.

In conclusion, I believe that air pollution, land pollution and light pollution are the most serious types of pollution in Hong Kong. These problems directly impact our lives. I hope the government can set its mind on solving them as soon as possible. Thank you all for listening.



## Do you think the government should raise the retirement age to 70?

6K Cheung Chung Lam, Harrison



I believe that the government should raise the retirement age to 70. I will enumerate below the reasons why I support this policy change.

First, the issue of the aging population is getting more and more serious. Hong Kong has a comprehensive medical care. So whether we are rich or poor, we are eligible for medical services in government hospitals. Moreover, people here are becoming more health conscious. They adopt a healthier lifestyle and have better nutrition from their food intake. As a result, they can live longer and healthier, which makes them suitable for work at an older age. 60 is too young to retire! So the problem itself presents a solution – raise the retirement age to 70.

Another reason is that the inflation rate in Hong Kong is getting higher and higher. As a result, many old people use up their savings very quickly. Even though Hong Kong has the MPF scheme for workers to support themselves when they are old, the amount is not enough for their daily living through the many years after retirement. Also, many parents spend all their savings on their children because they think they have retirement protection. But when they are actually retired, they find out that they have to rely on their children. Then there are others who are not good at managing money. They did not set aside for their retired life. Therefore, it is fair for society if the HKSAR government increases the retirement age to 70.

Lastly, an ageing population will result in a shrinking labour force. This will lead to a decrease of productivity and have a great negative impact on Hong Kong's economy. Also, an ageing population means that the government has to spend more money on social welfare. It will have to increase taxes to cover the expenses of helping the elderly. Pity the working class. It will suffer even more! Therefore, the HKSAR government should increase the retirement age to 70.

In conclusion, the HKSAR government has a clear option of raising the retirement age to 70 in order to solve the various problems caused by an ageing population.

Thank you.

## School graduation speech 2017

6T Thong Joey Ern Xin



Honourable Chief Guest, respected guests, Principal, teachers, parents, ladies and gentlemen,

I consider it a great privilege to stand here before you and deliver the valedictory speech on behalf of my graduating class.

I would like to begin by saying "Thank you" for your presence in this ceremony, which marks an important milestone in our young lives.

Fellow students, we arrived here only six years ago, and now it is already time to leave. Can you believe it? Six short years ago, we walked into this hall nervously on our first day of secondary school. Now, after what seemed like last month, we are leaving the school behind to a whole new crop of young people, most of whom arrived or will arrive just as nervously as we did.

How many of us have gone to our teachers for extra help with our studies? With certainty I say that all of us have at one point or another, sought a teacher's listening ear and sage advice. Today, dear teachers, we honour you for all that you have done for us. Not once did you disappoint us; never did you fail us. You accepted our silliness with good humour; you dealt with our failings with grace and charity; and you readily forgave our many wrongdoings. Today, we honour you for the wonderful people that you are. Please accept our heartfelt appreciation of you for being our friends, counsellors, mentors, educators and role models.

Now to our parents. We gave you troubles, worries and headaches. But you were always listening to us and reminding us to stay on the right track. You are our pillars of strength and our guiding lights. Success is in our stride, because we know you will always stand by our side. Thank you very much, and please know that we love you dearly.

To our esteemed Principal and your administrative team: your professional advice with sincere love and concern through the years has been most helpful. 'Thank you' does not adequately reflect the feeling in our hearts.

Six years have been long ... and short. Long, because as teenagers, we have the natural desire to pursue freedom. Those numerous homework, projects and lessons we received every day made us yearn for the time to leave. Short, because of the lifelong friendships, the lasting memories and the truly interesting and amazing things we experienced together.



No matter good or bad, long or short, we will always remember this place, where we grew up together. Though my years here at TPSY are shorter than those of my fellow graduates, memories in my brain are just as rich. I really enjoyed the time with my schoolmates and will always cherish the privilege of being a student here.

Today is our last day of school. We have anticipated it and have thought that we would be very excited. Yes, we are, but that is just a small part, for more feelings well up in our hearts! The most outstanding one being ..... fear! Fear to leave our school; fear to leave our teachers; fear to leave our friends; fear to leave those happy times we spent together. And fear to start a new, unknown phase of our life's journey.

But all good things must come to an end. So here we are. With no regret, though with some wistfulness, we are going to write a full stop on the story of our secondary school life.

In closing, members of the Class of 2017, Congratulations! We made it! Thankfully, the past six years have taught us to bravely face challenges ... and there will be many on the next stage of our life. We may not know exactly how to deal with them, but, by using the skills and experiences we have gained here, doubtlessly we will emerge successful. May we always be friends and get together as frequently as possible.

Tai Po Sam Yuk Secondary School, we salute you. As our dear alma mater, you will be in our hearts and minds forever. Thank you.