

Candidate Number						Venue	Seat No.
6	E	2	1	7	4	Rm.307	29

TAI PO SAM YUK SECONDARY SCHOOL
12th WRITING COMPETITION, 2016
PRIMARY 6 -- ENGLISH

Do not turn over the page until you are told to do so.

未經許可，不得翻閱此試題

Instructions to candidate:

1. Put your admission form and your school handbook/student ID on the top right corner of your desk. 請參賽者把已蓋章確認的報名表及學生證/手冊放於桌面的右上角。
2. Do not skip lines. 毋須隔行
3. Do not copy the question. 參賽者毋須抄題
4. Your writing should be at least 200 words. 文章字數不得少 200 字
5. You will be given 45 minutes to complete the writing. 作答文章限時 45 分鐘
6. Supplementary papers will be supplied on request. 如有需要，可要求加發單行紙
7. Write your Room and Seat Number on every page.
每一張單行紙均須寫上參賽者比賽場地及座號
8. Use blue or black pen. 請用藍色或黑色原子筆書寫
9. If you do not have a correction pen, just put a cross on the mistake. Marks will not be deducted for this. 如沒有塗改液，可以在文字上橫劃兩線表示刪除，不會被扣清潔分
10. The use of dictionary or instant-dictionary is not allowed. 不准使用任何字典或電子字典
11. You are reminded of the importance of clear handwriting. 字體必須整潔
12. No candidate can leave early. 參賽者不可以提早離場。必須等候監考員宣佈結束才可以離開。

* If a candidate breaks the above rules, marks may be deducted from the total score.

如參賽者違反以上規則，其參賽作品將可能被扣分

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Question

You heard this report on the TV news and also read it in the newspaper:

"Young people are eating too much sweet food
and having too many sugary drinks.
This is dangerous!"

Your English teacher asks you to write an article about this topic. You may follow the outline below:

- your feeling about the report
- why children like sweet food and drinks, with examples of the most popular ones
- dangers of taking in too much sweet food and drink
- how to help children consume less sweet food or drink

Write about 200 words. Give your article a title.

END OF QUESTION PAPER

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Title : Sweet Food Alert !

Do you like sweet food and drinks? Yes? Well, I do too! However, do you eat too much of it? Do you drink sugary drinks after sugary drinks every day? Yes? Then you are one of the many sweets eaters. But beware! These seemingly scrumptious snacks might be a lead to diseases!

I have heard and seen reports ^{from} various medias about young people having too many sweet food and drinks, and I am not quite surprised. Young people just do not understand how their health will be affected! Being a sweets lover, I know how tempting sugary donuts and a nice glass of juice can be. However, sweet food and drinks are becoming too popular. I see people holding cans of Coke and Seven-up every day! So what makes them so popular? Sugar and their fizziness, of course! Sweetness also makes candies and chocolates well-liked.

A bit of sweet food and drinks once in a while is harmless, but children nowadays are having too much. While they are gobbling and wolfing down their sweets, they might have started another case of diabetes or obesity, which would affect their daily lives. Being very fat will affect one's ego as well as one's health! Having diabetes means that you might have to go to the hospital for check-ups very

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often. I am very sure that nobody would want that to happen to themselves! In addition, you might have a toothache while having a sweet tooth due to all that sugar.

Although most children love sweet food (some even eat when they feel down), they must control themselves. Their parents should tell them about the dangers of taking ⁱⁿ too much sugar. Also, rules ought to be set, such as only having one or two little sweets every day. Teachers can also teach their students about the food pyramid. Last but not least, healthier but tasty snacks could be provided for kids instead of sugar, sugar and sugar.

I hope that after reading this article, you would start eating more healthily. Let us all work to build a better, healthier future!