

TAI PO SAM YUK SECONDARY SCHOOL
2011-2012 WRITING COMPETITION
PRIMARY 6 - ENGLISH

Participant No. 參賽者編號	Venue 場地	Seat No. 座號
1237	505	11

Many of us think that food safety is a very trivial thing. Most of us do not bother checking the content of food, but we may not know how the food would affect our bodies.

How do we ensure the safety of food from wet markets? First, you should note that the environment around the food is clean. For example, there should not be any flies flying around or rubbish near it. Next, note that the food is in proper packaging. If the seal of the food is broken, it means it is going to turn bad very soon. Lastly, ask where the food is from. If it is from an affected country, we should think twice about buying it.

To ensure the safety of food from supermarkets, we should check the nutrition facts of the food. Some people do not check the expiry date of the food. They think that it is normal for supermarkets not to store expired food, but they are wrong. Some supermarkets may offer a discount for food expiring like, a day later or two. If we leave it for a week, the food would have surely gone bad.

In a newspaper, the heading said that 60% of packaged food fail in labeling law. In China, this happens a lot. If the fat content is 50% for example, they label it as 10, 20% to make people believe that this food is safe, healthy, etc. When consumers complain about the food, lab tests will be run on it. When the result comes out, 60% fails the expected level.

We must make sure that we check the safety of the food very carefully as to

